

IPC Population Estimates: Projection (Apr-Jun 2026)

| Region | Somalia 2025 Total population | Somalia 2025 Urban population | Somalia 2025 Rural Population | Somalia 2025 IDP Population | Urban in Stressed | Rural in Stressed | IDP in Stressed | Urban in Crisis | Rural in Crisis | IDP in Crisis | Urban in Emergency | Rural in Emergency | IDP in Emergency | Urban in Catastrophe | Rural in Catastrophe | IDP in Catastrophe | Total in Crisis Emergency and Catastrophe as % of Total population |
|--------------------|-------------------------------|-------------------------------|-------------------------------|-----------------------------|-------------------|-------------------|------------------|-----------------|------------------|----------------|--------------------|--------------------|------------------|----------------------|----------------------|--------------------|--|
| North | | | | | | | | | | | | | | | | | |
| Awdal | 661,373 | 123,981 | 481,840 | 55,552 | 52,570 | 222,500 | 25,380 | 6,200 | 98,040 | 10,440 | 0 | 21,040 | 5,560 | 0 | 0 | 0 | 21 |
| Woqooyi Galbeed | 1,504,986 | 191,109 | 1,187,414 | 126,463 | 105,110 | 552,870 | 63,240 | 9,550 | 192,190 | 25,090 | 0 | 43,630 | 12,650 | 0 | 0 | 0 | 19 |
| Togdheer | 894,874 | 80,566 | 718,726 | 115,582 | 24,240 | 346,870 | 57,790 | 3,020 | 107,800 | 23,120 | 0 | 28,150 | 11,560 | 0 | 0 | 0 | 19 |
| Sanaag | 445,736 | 81,026 | 360,130 | 24,580 | 35,060 | 107,820 | 12,470 | 6,100 | 123,570 | 4,210 | 0 | 56,180 | 1,750 | 0 | 0 | 0 | 43 |
| Sool | 570,788 | 73,989 | 490,382 | 36,437 | 36,870 | 139,910 | 20,400 | 3,520 | 156,650 | 8,790 | 0 | 79,610 | 560 | 0 | 0 | 0 | 39 |
| Bari | 1,281,189 | 163,085 | 1,005,275 | 112,829 | 75,830 | 416,860 | 54,780 | 16,320 | 286,740 | 39,020 | 0 | 132,820 | 21,750 | 0 | 0 | 0 | 38 |
| Nugaal | 656,910 | 38,591 | 560,238 | 58,081 | 19,300 | 207,730 | 28,730 | 1,940 | 173,300 | 15,130 | 0 | 85,840 | 11,620 | 0 | 0 | 0 | 44 |
| North Mudug | 663,817 | 0 | 663,817 | 0 | 0 | 214,090 | 0 | 0 | 245,880 | 0 | 0 | 82,710 | 0 | 0 | 0 | 0 | 50 |
| Sub-total | 6,679,673 | 712,347 | 5,437,802 | 529,524 | 348,980 | 2,208,650 | 262,790 | 48,650 | 1,364,170 | 115,760 | 0 | 523,960 | 65,250 | 0 | 0 | 0 | 32 |
| Central | | | | | | | | | | | | | | | | | |
| South Mudug | 864,905 | 147,890 | 585,625 | 131,390 | 75,330 | 184,150 | 47,460 | 7,400 | 199,680 | 38,930 | 0 | 95,190 | 26,280 | 0 | 0 | 0 | 42 |
| Galgadud | 844,925 | 92,962 | 665,880 | 86,083 | 41,830 | 210,860 | 36,120 | 7,880 | 222,840 | 26,710 | 0 | 103,750 | 17,220 | 0 | 0 | 0 | 45 |
| Sub-total | 1,709,830 | 240,852 | 1,251,505 | 217,473 | 117,160 | 395,010 | 83,580 | 15,280 | 422,530 | 65,640 | 0 | 198,940 | 43,500 | 0 | 0 | 0 | 44 |
| South | | | | | | | | | | | | | | | | | |
| Hiraan | 524,876 | 89,602 | 349,901 | 85,373 | 53,760 | 123,090 | 34,140 | 8,060 | 58,110 | 29,620 | 4,480 | 15,270 | 17,080 | 0 | 0 | 0 | 25 |
| Middle Shabelle | 1,053,608 | 253,812 | 718,428 | 81,368 | 126,900 | 257,870 | 28,480 | 12,690 | 179,110 | 24,410 | 0 | 56,200 | 16,270 | 0 | 0 | 0 | 27 |
| Lower Shabelle | 1,656,402 | 490,097 | 1,070,311 | 95,994 | 245,040 | 387,830 | 43,190 | 24,520 | 276,260 | 24,000 | 0 | 73,980 | 19,190 | 0 | 0 | 0 | 25 |
| Bakool | 564,958 | 68,276 | 426,761 | 69,921 | 36,200 | 157,540 | 31,410 | 6,150 | 74,480 | 18,370 | 0 | 26,310 | 14,870 | 0 | 0 | 0 | 25 |
| Bay | 1,297,950 | 67,296 | 638,592 | 591,660 | 32,840 | 210,590 | 173,680 | 5,920 | 168,650 | 181,320 | 0 | 85,770 | 147,910 | 0 | 0 | 0 | 45 |
| Gedo | 1,014,335 | 156,950 | 552,674 | 304,711 | 70,620 | 216,710 | 121,690 | 15,700 | 88,720 | 77,940 | 0 | 2,920 | 40,740 | 0 | 0 | 0 | 22 |
| Middle Juba | 447,217 | 211,567 | 235,650 | 0 | 105,780 | 92,200 | 0 | 10,580 | 46,920 | 0 | 0 | 22,980 | 0 | 0 | 0 | 0 | 18 |
| Lower Juba | 1,204,269 | 247,475 | 694,683 | 262,111 | 123,740 | 225,510 | 75,390 | 12,370 | 131,560 | 85,520 | 0 | 30,820 | 19,730 | 0 | 0 | 0 | 22 |
| Sub-total | 7,763,215 | 1,585,077 | 4,687,000 | 1,491,138 | 794,880 | 1,671,340 | 568,180 | 96,880 | 1,023,810 | 421,180 | 4,480 | 314,250 | 275,790 | 0 | 0 | 0 | 28 |
| Banadir | 3,289,438 | 1,734,429 | 445,736 | 1,109,273 | 607,050 | 111,430 | 499,170 | 0 | 22,290 | 332,780 | 0 | 0 | 166,390 | 0 | 0 | 0 | 18 |
| Grand Total | 19,442,156 | 4,272,705 | 11,822,043 | 3,347,408 | 1,868,070 | 4,386,430 | 1,353,720 | 160,920 | 2,832,800 | 935,360 | 4,480 | 1,037,150 | 550,930 | 0 | 0 | 0 | 28 |

| Assessed and Contingency Population in Crisis Emergency and Catastrophe | Number affected | % of Total population | Distribution of populations in crisis |
|--|-----------------|-----------------------|---------------------------------------|
| Assessed Urban population in Crisis, Emergency and Catastrophe | 165,200 | 1 | 3% |
| Assessed Rural population in Crisis, Emergency and Catastrophe | 3,869,950 | 20 | 79% |
| IDPs in Crisis, Emergency and Catastrophe | 1,486,290 | 8 | 27% |
| Estimated Rural, Urban and IDP population in crisis, Emergency and Catastrophe | 5,521,540 | 28 | 100% |