

IPC Population Estimates: Current (January 2026)

Regions	Somalia 2026 Total population	Somalia 2026 Urban Population	Somalia 2026 Rural Population	Somalia 2026 IDP Population	Urban in Stressed	Rural in Stressed	IDP in Stressed	Urban in Crisis	Rural in Crisis	IDP in Crisis	Urban in Emergency	Rural in Emergency	IDP in Emergency	Urban in Catastrophe	Rural in Catastrophe	IDP in Catastrophe	Total in Crisis, Emergency and Catastrophe as % of Total population
North																	
Awdal	661,373	123,981	481,840	55,552	56,590	211,350	27,780	8,200	61,080	8,330	0	8,470	2,790	0	0	0	13
Woqooyi Galbeed	1,594,598	191,199	1,167,414	236,463	92,020	561,190	26,300	8,550	184,550	24,000	0	36,550	8,520	0	0	0	14
Togdheer	894,874	80,566	718,751	115,582	22,490	141,550	52,000	6,000	98,810	17,340	0	28,150	5,790	0	0	0	17
Sanaag	446,738	61,028	360,110	24,580	35,660	128,700	12,300	4,590	185,160	2,460	0	45,070	530	0	0	0	35
Sool	576,788	22,986	460,364	38,437	33,540	112,700	18,220	3,520	119,940	3,100	0	26,790	0	0	0	0	39
Bari	1,283,189	169,886	1,059,275	119,829	61,840	417,600	49,960	6,180	286,740	25,360	0	55,160	11,200	0	0	0	34
Nugaal	856,810	38,591	560,238	58,081	17,070	222,380	23,540	1,840	173,300	12,240	0	58,550	2,810	0	0	0	38
North Mudug	483,817	0	483,817	0	0	232,720	0	0	249,890	0	0	28,220	0	0	0	0	49
Sub-total	6,979,873	711,347	5,437,862	829,524	398,718	2,289,090	234,818	38,988	1,278,180	87,828	0	416,718	29,658	0	0	0	27
Central																	
South Mudug	894,895	147,890	585,025	131,390	72,330	194,550	46,870	7,400	195,850	38,440	0	79,580	12,020	0	0	0	39
Gaalkacyud	846,925	90,962	665,881	95,082	49,410	272,890	37,000	7,890	218,200	29,050	0	68,810	6,880	0	0	0	40
Sub-total	1,749,836	249,852	1,241,568	217,472	112,740	412,240	83,870	15,288	414,150	58,128	0	187,490	18,938	0	0	0	40
South																	
Banadir	524,876	89,662	348,961	83,372	49,290	101,270	23,850	4,890	93,480	12,960	0	17,490	4,540	0	0	0	22
Hiiraan	1,051,698	253,812	718,428	81,368	114,220	241,910	24,410	11,690	179,960	20,350	0	58,890	4,870	0	0	0	26
Lower Shabelle	1,656,462	490,697	1,070,311	95,994	246,040	377,350	33,590	49,000	311,070	14,490	0	64,530	5,600	0	0	0	27
Bakool	564,908	69,276	426,761	69,921	34,140	155,900	36,500	6,930	84,600	14,870	0	18,790	8,790	0	0	0	24
Bay	1,287,550	67,268	638,592	59,868	29,470	235,450	177,500	3,360	188,630	151,730	0	73,630	116,330	0	0	0	40
Gedo	1,014,335	168,850	552,674	394,711	62,770	196,810	126,130	7,830	68,630	54,210	0	8,990	32,340	0	0	0	17
Hiiraan Jubbay	147,211	211,567	293,663	0	0	80,860	0	18,500	50,010	0	0	17,510	0	0	0	0	12
Lower Jubbay	1,204,260	247,475	694,685	262,111	111,360	158,170	68,770	15,370	116,010	52,420	0	24,640	18,730	0	0	0	15
Sub-total	7,743,215	1,585,877	4,687,806	1,491,138	741,480	1,996,860	484,880	197,180	1,659,830	335,330	0	277,210	197,280	0	0	0	25
South																	
Banadir	3,288,438	1,794,438	445,738	1,109,278	508,350	111,430	489,170	0	22,300	277,230	0	0	56,460	0	0	0	11
Grand Total	19,441,158	4,272,705	11,822,043	3,347,408	1,683,268	4,411,330	1,380,818	161,428	3,722,660	749,688	0	861,358	381,898	0	0	0	25

Assessed and Contingency Population in Crisis, Emergency and Catastrophe	Number affected	% of Total population	Distribution of population in crisis
Assessed Urban population in Crisis, Emergency and Catastrophe	161,428	1	3%
Assessed Rural population in Crisis, Emergency and Catastrophe	3,683,978	18	75%
IDPs in Crisis, Emergency and Catastrophe	1,661,478	8	22%
Estimated Rural, Urban and IDP population in crisis, Emergency and Catastrophe	4,796,884	25	100%