















## **ACKNOWLEDGEMENTS**

This report summarizes the results of the *Gu* 2013 Nutrition Surveys across Somalia of under five children (6-59 months) by the Food Security and Nutrition Analysis Unit (FSNAU). From May through July 2013, a total of 50 nutrition surveys were conducted, 42 of which were based on standard SMART methodology and 8 on random MUAC assessments.

The dedication of the assessment teams and the participation of the parents and caregivers of 34,415 children across the assessed areas is highly appreciated as this was the cornerstone for the success of the *Gu* 2013 survey. Additionally, nutrition data from about 130 health and nutrition facilities was reviewed and is included in the analysis and report. Without the support and expertise of the 11 local NGOs, 3 International NGOs, 3 Local Authorities, 8 line Ministries and 2 UN agencies (27 in total), this exercise would not have been possible. The participation and inputs from the 38 participants drawn from 3 UN agencies, 6 INGO and 21 local NGOs in the Nutrition Vetting meeting held on 27<sup>th</sup> August 2013 in Nairobi has contributed to the refining of the results presented and is greatly appreciated. Special thanks are due to UNICEF, WFP and the Somalia Nutrition Cluster for their continued technical support.

A sincere note of appreciation also goes to the FSNAU nutrition technical staff based in Somalia who worked hard to produce such high quality professional work. The contribution of field surveyors and data entry staff in conducting the fieldwork and collecting the required data was instrumental to this survey.

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## LIST OF ACRONYMS USED

BF Breast Feeding

CDR Crude Death Rate per 10,000 people/day

ENA Energy Networks Associations
FAO Food and Agricultural Organization

FSNAU Food Security and Nutrition Analysis Unit for Somalia

GAM Global Acute Malnutrition

HAZ Height For Age Z Scores

HIS Health Information System

IDPs Internally Displaced Persons

IYCF Infant and Young Child Feeding

LZ Livelihood Zones

MDG Millennium Development Goals
MSF Médecins Sans Frontières
MUAC Mid Upper Arm Circumference

n or N Sample size
NE North East
NW North West

P Probability (P-value )

PLW Pregnant Lactating Women r linear correlation coefficient

R Reliability Score

SAM Severe Acute Malnutrition

SMART Standardized Monitoring and Assessment of Relief

and Transitions

U5DR Under-5 Death Rate
UN United Nations

UNDP United Nation Development Programme

UNICEF United Nation Children's Fund
WAZ Weight For Age Z Scores
WFP World Food Programme
WHZ Weight For Height Z Scores
WHO World Health Organization

## **FOREWORD**

This Post Gu2013 Technical Series Report is the ninth edition of bi-annual nutrition situation technical series launched by the Food Security and Nutrition Analysis Unit (FSNAU) for Somalia, in February 2009. The publication provides specific focus on current nutrition information and outlook for Aug-Dec 2013.

The report includes a detailed analysis of the comprehensive nutrition situation by region and by rural livelihoods, displaced and urban population. We trust that you will find the report informative and useful.

For questions, comments, and feedback on this report please contact info@fsnau.org.









# **EXECUTIVE SUMMARY**

A large proportion of Somali population remains poor and vulnerable. Disruptions, lack of essential health services and support structures increase the malnutrition risk to the population, in particular children, pregnant and nursing women. Nutrition assessment is a critical first step in efforts aimed at improving the nutritional status of the Somali population.

Between May – July 2013, FSNAU conducted 50 nutrition surveys across Somalia covering all regions & livelihood zones. Forty two of these surveys were based on SMART methodology and eight were surveys that used Mid Upper Arm Circumference (MUAC) as an indicator of wasting. Results show that acute malnutrition continues to be a serious public health problem in Somalia. A National median Global Acute Malnutrition (GAM) rate of 14.4 percent suggests that one out of every seven children (6-59 months) suffers from acute malnutrition and requires nutritional support. Significant association between prevalence of GAM and Severe Acute Malnutrition (SAM) was noted (r=0.83, p<0.05). The 2013 Gu survey results also show that despite high levels of GAM and frequent illness, mortality rates were not elevated. Under five death rate (U5DR) < 1.0/10,000/day was seen in most of the populations surveyed.

Gu 2013 estimates suggest that a total of 206,100 children 6-59 months are estimated to suffer from acute malnutrition including 40,950 children with severe acute malnutrition. This is a slight reduction in the number from December 2012 when 215,000 acute malnourished children were estimated. It was observed that 68 percent of these children (2 out of every 3 acute malnourished Children) were from South –Central Somalia even though the region accounts for only 56 percent share of the total population. The median GAM rate of 16.1 percent in South-Central Somalia was significantly higher than 11.4 percent median GAM in Northwest Somalia. Highest GAM levels was seen in Bakool pastoral livelihood region (27.4 %) of South Somalia.

Acute malnutrition (GAM) among IDPs was significantly higher (17.3 %) than among the urban populations (10.1 %) or rural livelihoods (14.4 %). Similar trends were noted for SAM as 3.1 percent of 6-59 month children suffered from SAM in IDPs compared to 1.2 percent in urban areas or 2.0 percent in rural areas. Critical levels of SAM were seen in Dobley IDPs (6.4 %) and Garowe IDPs (5.8 %) besides Bay Agro pastorals (6.0 %). Serious levels of SAM were observed in Bakool pastoral (5.4 %), North Gedo pastoral and North Gedo Agro pastorals (5.0 %). The results of Gu survey suggest that under five death rate tended to be higher in population groups with higher SAM prevalence though the association is statistically not significant.

Higher morbidity rate was seen in children with greater prevalence of acute malnutrition, though no significant association was observed. The morbidity rate in Northeast Somalia was higher than other regions and it is attributed to high concentration of IDPs in this region. This was also reflected by the higher morbidity rate in IDPs, (39.3 %) which was higher than morbidity rates seen in Urban (21.8 %) or rural livelihoods (23.9 %).

Results of Gu 2013 assessment suggest that Stunting is not a serious public health issue in Somalia. Stunting was seen in only 10.8 percent of 6-59 month old children surveyed. Exceptions were seen in some population groups: critical level of stunting in Bay Agro pastorals (46.9 %) of which 23.1 percent had severe levels of stunting. In Mogadishu IDPs alert levels of stunting (22.1%) were observed of which 46.7 percent had severe form of stunting. No significant association between acute malnutrition and stunting was observed. However prevalence of stunting in children (6-59 months) showed a significant correlation with prevalence of underweight (r = 0.93, p < 0.01) in different regions.

Prevalence of malnutrition: (wasting, stunting and underweight) tended to be higher in boys compared to girls but differences were not statistically significant.

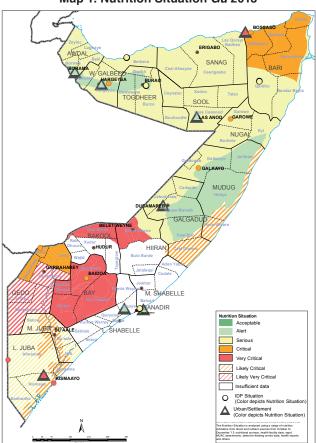
Vitamin A supplementation coverage is of serious public health concern as only in two of the surveyed populations,  $\geq$  90 percent of the 6-59 month children were reported to have received Vitamin A supplementation (Burao IDPs and Sool plateau). If children have insufficient vitamin A, their ability to resist diseases such as diarrhoea, measles and acute respiratory infections is greatly hampered. High acute and chronic malnutrition were observed in the areas (Kismayo IDPs, Bay Agro pastorals, Kismayo town) where < 10 percent of children were reported to have

received Vitamin A supplementation. This suggests that improving coverage of Vit A supplementation will help improve immunity of young children and promote healthy growth and development and potentially help combat malnutrition.

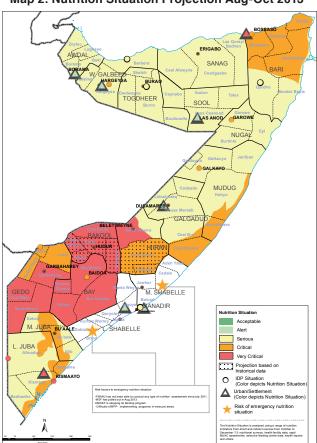
Critical levels of Maternal malnutrition were seen in Bari region (28.8 %), Mataban district (32.5 %), Kismayo IDPs (44.4 %) and Galkayo IDPs (28.8 %). The significant correlation of maternal malnutrition with underweight and stunting in children suggest that unless it is addressed immediately the intergenerational cycle of growth failure will continue in Somalia.

Infant Young Child Feeding (IYCF) practices directly affect the nutritional status of children under two years of age and, ultimately, impact child survival. In Somalia, poor infant and young child feeding practices were observed as only 67 percent of the children in North West and South compared to 51 percent in North East and Central received breast milk in addition to complementary food at one year of age. And the proportion of children who were breastfed till 2 years (20–23 months) declined to 12.1 percent in South Somalia, 16.7 percent in North East and Central regions and 14.9 percent in North west region.

Map 1: Nutrition Situation Gu 2013



Map 2: Nutrition Situation Projection Aug-Oct 2013



Poor Infant and Young Child Feeding Map 1: (IYCF) practices were also reflected by the minimum meal frequency given to infants and children (6-24 months). Median of 25.6 Infant and young child feeding minimum meal frequency observed suggests that only 1 in 4 children received complementary foods as often as recommended by WHO. Regional differences were noted in the minimum meal frequency in South Somalia (34 %), compared to 22 percent in Northeast and Central region and 26 percent in Northwest region. A very large variation in the dietary diversity for child feeding was noted — Only 1 percent of 6-23 month old children in North West Agro pastorals received complementary feeing from 4 or more food groups compared to 97 percent of the children from Addun livelihood.

The reasons for persistently high rates of GAM and morbidity suggest that the interventions must be multi-sectoral and integrate food, health, hygiene, sanitation and care. Supporting and protecting optimal infant and young child feeding in Somalia is an essential intervention to save children's lives. Treatment is urgently needed for those who are acutely malnourished (206,100 children). However additional support interventions are needed in order to prevent malnutrition.

## 1: BACKGROUND

Malnutrition in Somalia is a huge public health problem, negatively affecting growth, development and survival of the population. Recognizing this, the overall goal of Somalia's nutrition strategy is to contribute to improved survival and development of Somali people through enhanced nutritional status. Understanding the extent of malnutrition, its underlying causes, and how these change over time is essential to the design and implementation of nutrition and food security programs. FSNAU conducted 50 nutrition surveys across Somalia (Table 1) as part of its 2013 *Gu* Season Assessment, covering 34,415 children (6-59 months) from all regions and livelihood zones. The objectives of the *Gu* assessment were:

- To assess the nutrition situation by quantifying the acute malnutrition and mortality in children aged 6-59 months from different population groups: IDPs, rural and urban.
- 2. To estimate the morbidity rates.
- 3. Estimate measles vaccination and Vitamin A supplementation rates.
- 4. To assess the infant and young child feeding practices amongst the community.
- 5. Analyse and identify the main potential factors contributing to malnutrition.

The nutrition assessments were planned in conjunction with the government authorities and partner agencies. The study population was drawn from regions and livelihoods across Somalia- 13 urban, 24 rural livelihood and 13 IDPs.

Three type of assessments were done:

- Assessment using SMART<sup>2</sup> Methodology Integrated Nutrition & Food Security (IDPs, n =8604); Only Nutrition — (Rural livelihoods, n=11399).
- 2. Rapid assessment Urban Areas (n = 6987).
- 3. MUAC based nutrition assessment areas with insecurity (n=7425).

Survey tools and details about when and where the survey was planned was shared (through the Nutrition Cluster) for coordination with and participation by partners.

Table 1: Details of Gu 2013 surveys conducted

Region	Rural livelihood	Urban livelihood	IDPs	Total
	Bakool Pastoral	Mogadishu Town	Mogadishu IDPs	
	Bay Agro pastoral-	Afgoye Town	Kismayo IDPs	
	N Gedo agro pastoral	Kismayo town	Baidoa IDPs	
	N Gedo pastoral	Hiran – Beletwayne	Dhobley IDPs	
South	N Gedo Riverine	Hiran-Mataban	Dolo IDPs	22
	Juba Pastoral * Juba Agro pastoral* S Gedo Pastoral* S Gedo Agro pastoral* S Gedo Riverine* Juba Riverine*			
Total	12	5	5	
Central	Addun Coastal Deeh * Cow pea Belt* Hawd Pastoral *	Galgadud./S Mudug	Dusamareb IDPs	6
Total	4	1	1	1
	Sool Plateau **	Bari Region Urban	Bossaso IDPs	
North	E Golis/Kakaar Pastoral	Nugal Region	Qardho IDPs	40
East	Nugal Valley Pastoral **		Garowe IDPs	10
	Coastal Deeh		Galkayo IDPs	
Total	4	2	4	1
	Agro pastoral LZ (Togdheer &	Sanaag Region Urban	Hargeisa IDPs	
	W Golis /Guban Pastoral	Awdal Region	Burao	
	Sool Plateau **	Woq Galbeed Region	Berbera IDPs	
North West	East Golis/Kakaar Pastoral	Togdheer Region		12
	Nugal Valley Pastoral**	Sool Region Urban		
	Agro pastoral LZ (Togdheer & Northwest)			
Total	4	5	3	
	TOTAL AS 42 comprehensive assess	SESSMENTS – 50 sments and 8 MUA		

#### **Survey Limitations**

- Insecurity resulted in limited access to the population of interest in some areas: Shabelle. Populations
  living in highly insecure areas tend to have a worse nutritional status and higher mortality than those living
  in more secure areas
- Underestimation of the magnitude of the malnutrition in Somalia. FSNAU estimates the number of malnourished children are made on basis of UNDP population figures (2005) of 7.5 million people whereas numbers of 10.2 million populations are reported in July 2012 by other sources.
- There were inherent difficulties in determining the exact age of some children and this may have led to inaccuracies when analysing chronic malnutrition. Recall bias may lead to in accurate age which then leads to wrong weight for age and height for age indices.

<sup>1</sup> Somalia Nutrition Strategy 2011-2013.

<sup>2</sup> Standardized Monitoring and Assessment of Relief and Transitions

# 2: METHODOLOGY

FSNAU and partners conducted a cross-sectional and a comprehensive nutrition assessment using pretested survey tools (Annex 2-3.) Sample included 34,415 children (6-59 months) from households selected using a two stage probability proportionate to size (PPS) cluster sampling methodology, based on SMART recommendations. Both qualitative and quantitative data collection techniques were used. Quantitative data was collected through a standard household questionnaire for nutrition assessments in Somalia. Retrospective mortality data for 90 days prior to the assessments was also collected among the study households using the household questionnaires (Annex 4).

## **Training and Supervision**

A four to five days training of enumerators and supervisors was generally conducted. The training covered interview techniques, sampling procedure, inclusion and exclusion criteria, sources and reduction of errors, taking of accurate measurements (height, weight and MUAC), diagnosis of oedema and measles, verification of deaths within households, handling of equipment, and the general courtesy during the assessment. During the last day of the training a standardization test was conducted to evaluate performance of each surveyor regarding the precision and accuracy of anthropometric measurements. Each survey team member measured twice at least ten healthy children of the age 6-59 months. Pre-testing of the questionnaire and equipment were carried out in a non-selected village/ urban.

## **Quality Assurance**

Quality of data was also ensured through:

- a. Supervision of fieldwork by FSNAU coordination team.
- Crosschecking of filled questionnaires on daily basis and recording of observations and confirmation of measles, severe malnutrition and death cases by supervisors. All households sampled were visited and details recorded including empty ones.
- c. Daily review was undertaken with the teams to address any difficulties encountered.
- d. Progress evaluation was carried out according to the time schedule and progress reports shared with partners on regular basis.
- e. Monitoring accuracy of equipment (weighing scales) by regularly measuring objects of known weights.
- f. quality assurance during data collection and entry.
- g. validation of data quality by running frequencies.
- h. Defining boundaries for exclusion
  - If Sex is missing the observation is excluded from analysis.
  - If Weight is missing, no WHZ and WAZ are calculated, and the programme derives only HAZ.
  - If Height is missing, no WHZ and HAZ are calculated, and the programme derives only WAZ.
  - For any child records with missing age (age in months) only WHZ will be calculated.
  - If a child has oedema only his/her HAZ is calculated.
- i. Continuous reinforcement of good practices. All measurements were loudly shouted by both the enumerators reading and recording them to reduce errors during recording.
- All the 42 surveys passed the nutrition survey quality test (plausibility test).

## Reliability

Plausibility of the entered data checks was checked¹ using following parameters: Digit preferences for weight and height; standard Deviation of WHZ; Skewness of WHZ; Kurtosis of WHZ; percentage of Flags; age distribution; sex ratio; and Poisson distribution. This helped to ensure calculations are as reliable as possible (Table 2).

Out of the 42 surveys conducted in *Gu*'13, 4.8 percent were problematic, 47.6 percent were acceptable and 23.8 percent were good and excellent apiece. This suggest that only 1 in 20 surveys conducted in Somalia during the *Gu*' 13 seasonal assessment could have been problematic and consequently giving a 95 percent confidence in the disseminated survey results.

<sup>1</sup> Measuring Mortality, Nutritional Status, and Food Security in Crisis Situations: SMART Methodology. SMART Manual .2012

**Table 2: Plausibility Checks** 

	Missing/ Flagged data	Overall sex ratio	Overall age distribution	Digit Preference score- weight	Digit Preference score- Height	SD WHZ	Skewness WHZ	Kurtosis WHZ	Poisson Distribution	Overall Score
RATING							'			
Excellent	0-2.5(0)	>0.1(0)	>0.1(0)	0-7(0)	0-7(0)	<1.1 (0)	<±0.2(0)	<±0.2(0)	>0.05(0)	0-4
Good	>2.5-5.0 (5)	>0.05(2)	>0.05(2)	812(2)	812(2)	<1.15(2)	<±0.4(1)	<±0.4(1)	>0.01 (1)	59
Acceptable	>5.0-7.5(10)	>0.001 (4)	>0.001 (4)	13-20(4)	13-20(4)	<1.20 (6)	<±0.6(3)	<±0.6(3)	>0.001(3)	1015
Problematic	>7.5 (20)	<=0.001(10)	<=0.001(10)	> 20 (10)	> 20 (10)	>=1.20(20)	>=±0.6 (5)	>=±0.6 (5)	<=0.001(5)	>15
LOCATION		T.			Northe					
Bosasso IDPs	0 (2.4 %)	2 (p=0.106)		0 (2)	2 (9)	0 (1.04)	0 (-0.07)	0 (-0.17)	0 (p=0.000)	14
Garowe IDPs	0 (1.0 %)	0 (p=0.148)	4 (p=0.028)	0 (4)	2 (8)	<b>6</b> (1.19)	0 (-0.13)	0 (-0.42)	<b>0</b> (p=0.000)	12
Galkayo IDPs	0 (2.4 %)	0 (p=0.251)	4 (p=0.001)	0 (2)	0 (5)	2 (1.13)	0 (0.30)	0 (-0.21)	<b>0</b> (p=0.000)	6
QardholDPs	0 (2.3 %)	0 (p=0.419)	4 (p=0.016)	0 (3)	2 (10)	2 (1.11)	0 (0.09)	0 (-0.13)	<b>0</b> (p=0.000)	8
East Golis-NE	0 (2.5 %)	0 (p=0.413)	0 (p=0.291)	0 (4)	0 (5)	2 (1.15)	0 (0.09)	1 (-0.39)	<b>0</b> (p=0.000)	3
Bari Urban	0 (2.1 %)	0(p=0.454)	0 (p=0.151)	0 (4)	0(5) orthwest	2 (1.15)	0 (0.00)	1 (-0.26)	3 (p=0.001)	6
Hargeisa IDPs	0 (1.4 %)	0 (p=0.753)	4 (p=0.002)	0 (3)	0 (7)	0 (1.01)	0 (0.13)	0 (-0.04)	0 (p=0.060)	4
Burao IDPs	0 (1.4 %)	0 (p=0.753) 0 (p=0.114)	4 (p=0.002) 4 (p=0.002)	2 (8)	2 (8)	0 (1.01)	0 (0.13)	0 (-0.04)	0 (p=0.060) 0 (p=0.364)	8
Berbera IDPs	<b>0</b> (0.6 %)	<b>0</b> (p=0.114) <b>0</b> (p=0.757)	4 (p=0.002) 4 (p=0.013)	2 (7)	<b>0</b> (5)	<b>0</b> (1.03)	<b>0</b> (-0.13)	<b>0</b> (0.13)	0 (p=0.364) 0(p=0.12)	6
West Golis	0 (1.4 %)	0 (p=0.757) 0 (p=0.453)	4 (p=0.013)	0 (3)	4 (11)	0 (1.01)	0 (0.00)	0 (-0.02)	1 (p=0.030)	9
NW Agropastoral	0 (0.4 %)	0 (p=0.435)		0 (2)	2 (7)	0 (0.97)	0 (-0.09)	0 (-0.11)	0 (p=0.072)	12
East Golis	0 (1.7 %)	0 (p=0.649)	2 (p=0.057)	0 (4)	2 (6)	2 (1.14)	0 (-0.03)	0 (-0.40)	0 (p=0.056)	6
Hawd-NW	0 (1.8 %)	0 (p=0.413)	4 (p=0.008)	2 (6)	2 (9)	2 (1.13)	0 (0.11)	0 (-0.43)	0 (p=0.587)	10
Sool plateau	0 (1.4 %)	0 (p=0.908)	0 (p=0.400)	0 (3)	2 (6)	0 (1.01)	0 (-0.09)	0 (-0.12)	0 (p=0.529)	2
Nugal valley	0 (0.3 %)	0 (p=0.822)	4 (p=0.003)	2 (6)	2 (7)	0 (1.05)	0 (-0.07)	1 (-0.38)	0 (p=0.397)	9
Sanaag Urban	0 (0.2 %)	0 (p=0.965)	0 (p=0.411)	2 (6)	4 (11)	6 (1.18)	0 (-0.03)	0 (-0.30)	0 (p=0.241)	12
Awdal urban	0 (0.0 %)	2 (p=0.050)	10 (p=0.000)	0 (3)	2 (10)	0 (1.01)	0 (0.23)	0 (-0.01)	0 (p=0.436)	14
W. Galbeed	0 (0.9%)	0 (p=0.432)	10 (p=0.000)	0 (4)	4 (11)	0 (1.03)	0 (0.11)	0 (-0.32)	0 (p=0.722)	14
Urban	(* * * /	, (I' ' ' ' ' ' ' ' ' '	. (1	` ′	Central				, d	
Addun	0 (1.6 %)	0 (p=0.358)	0 (p=0.101)	0 (5)	2 (6)	0 (1.00)	0 (0.13)	0 (0.12)	<b>0</b> (p=0.000)	2
Hawd/NE	0 (1.0 %)	2 (p=0.062)	0 (p=0.101) 0 (p=0.312)	0 (4)	2 (9)	0 (1.00)	0 (-0.02)	0 (0.12)	<b>0</b> (p=0.000)	4
Coastal Deeh	0 (2.4 %	0 (p=0.887)		0 (5)	2 (7)	2 (1.12)	0 (0.03)	0 (-0.22)	<b>0</b> (p=0.000)	14
Dhusamareb IDPs	0 (1.9 %)	0 (p=0.177)		2 (6)	4 (p=12)	0 (1.08)	0 (-0.06)	0 (-0.48)	<b>0</b> (p=0.000)	16
Sool Urban	0 (0.2%)	0 (p=0.502)	4 (p=0.046)	0 (4)	2 (6)	2 (1.12	0 (0.15)	0 (-0.63)	0 (p=0.645	8
Togdheer	0 (0.2 %)	0 (p=0.963)	,	0 (5)	2 (9)	0 (1.04)	0 (0.33)	0 (0.01)	0 (p=0.000)	12
Urban	0 (0.2 /6)	υ (p=0.300)	10 (μ=0.000)		` ′		0 (0.55)	0 (0.01)	σ (μ=0.000)	12
A.	0 (0 0 0()	0 ( 0 540)	4 ( 0.000)		ern Regions		0 ( 0 0 ()	0 ( 0 (0)	0 ( 0 000)	
Afgoye Mogadishu	0 (2.0 %)	,	4 (p=0.002)	0 (5)	2 (7)	0 (1.02)	0 (-0.31)	0 (-0.18)	<b>0</b> (p=0.000)	6
IDPs	5 (3.5 %)	0 (p=0.467)	10 (p=0.000)	0 (3)	0 (5)	2 (1.15)	0 (-0.14)	0 (-0.21)	1 (p=0.011)	18
Mataban	2 (p=3.5)	0 (p=0.517)	2 (p=0.056)	0 (3)	4 (15)	2 (1.15)	0 (0.08)	0 (-0.23)	<b>0</b> (p=0.000)	10
Beletweyne	0 (2.1 %)	<b>4</b> (p=0.002)	<b>10</b> (p=0.000)	0 (3)	<b>2</b> (10)	<b>2</b> (1.10)	<b>0</b> (-0.05)	<b>0</b> (-0.05	<b>0</b> (p=0.063)	18
Mogadishu Urban	0 (2.3 %)	0 (p=0.867)	<b>4</b> (p=0.025)	2 (7)	2 (7)	0 (1.05)	0 (-0.18)	0 (0.07)	<b>0</b> (p=0.000)	8
Bakool Pastoral	<b>5</b> (2.8 %)	0 (p=0.881)	<b>0</b> (p=0.269)	<b>0</b> (5)	4 (16)	<b>2</b> (1.15)	0 (0.27)	<b>0</b> (-0.15)	<b>0</b> (p=0.000)	11
Bay Agro_ Pastoral	0 (0.5 %)	<b>0</b> (p=0.459)	10 (p=0.000)	<b>2</b> (8)	2 (9)	<b>0</b> (1.06)	0 (-0.25)	<b>0</b> (0.03)	<b>0</b> (p=0.000)	14
Baidoa IDPS	0 (1.0 %)	0 (p=0.299)	<b>4</b> (p=0.001)	0 (4)	<b>0</b> (5)	<b>6</b> (1.16)	<b>0</b> (-0.04)	0 (-0.35)	<b>0</b> (p=0.000)	10
North Gedo Riverine	0 (0.6 %)	2 (p=0.090)	4 (p=0.001)	2 (6)	4 (19)	0 (1.05)	0 (-0.04)	0 (-0.10)	<b>0</b> (p=0.000)	10
North Gedo Pastoral	0 (1.6 %)	0 (p=0.677)	4 (p=0.001)	2 (7)	2 (8)	2 (1.10)	0 (0.02)	0 (-0.02)	<b>0</b> (p=0.000)	10
North Gedo APastoral	0 (1.2 %)	0 (p=0.390)	4 (p=0.001)	0 (5)	4 (15)	2 (1.13)	0 (-0.03)	0 (-0.26)	<b>0</b> (p=0.000)	10
Dolow IDPs	0 (0.6 %)	0 (p=0.850)		0 (5)	4 (13)	0 (1.09)	0 (0.09)	0 (-0.15)	0 (p=0.000)	14
Kismayu IDP	0 (1.2 %)	0 (p=0.289)	.,	2 (9)	2 (6)	0 (0.90)	0 (0.00)	0 (0.47)	0 (p=0.699)	14
Dobley IDP	0 (1.8 %)	2 (p=0.065)	4 (p=0.005)	0 (5)	2 (8)	6 (1.16)	0 (-0.04)	0 (-0.19)	0 (p=)	14
Mudug Urban	0 (2.1 %)	0 (p=0.940)	4 (p=0.016)	0 (4)	0 (5)	0 (1.05)	0 (-0.03)	0 (-0.21)	1 (p=0.034)	5
Nugal Urban	0 (0.7%)	0 (p=0.780)	0 (p=0.120)	0 (4)	2 (8)	2 (1.13)	0 (-0.05)	0 (-0.16)	0 (p=0.748)	4
Kismayo town	0 (1.8 %)	0 (p=0.449)	4 (p=0.018)	2 (10)	2 (8)	0 (0.92)	0 (021)	0 (0.85)	<b>0</b> (p=0.000)	8
Afgoye Town	0 (0.2 %)	0 (p=0.518)	<b>4</b> (p=0.002)	0 (5)	0 (7)	<b>0</b> (1.02)	<b>1</b> (-0.31)	<b>0</b> (-0.18)	<b>3</b> (p=0.001)	8

## **Data Analysis and Interpretation:**

ENA software was used in the analysis of anthropometric and mortality data, and Epi Info in the cross tabulations and analysis of non-anthropometric data. Interpretation of findings on child growth indicators are based on internationally recognized thresholds, mainly the WHO¹. Household access to a variety of food was estimated through Dietary diversity, a qualitative measure of food consumption². The Primary data collected through the SMART surveys was triamgulated with secondary data: – Morbidity trends and admissions trends of malnourished children into feeding programs.

The contextually relevant analysis forms the basis for data interpretation:

Reference Indicators- overall nutrition situation- GAM/SAM/CMR/U5MR/MUAC Children & Adults/HIS
trends.
Immediate Causes-Household Dietary Diversity, Morbidity/Disease outbreak.
Driving Factors-Breast Feeding practices, complementary feeding, Vitamin A supplementation coverage,
Measles immunization coverage, water sanitation access.

Reference indicators were categorized into five different phases based on the recognized thresholds: Acceptable, Alert, Serious, Critical and Very Critical<sup>3</sup>. The outcome of the integrated nutrition situation analysis process, the estimated nutrition situation, is based on convergence of evidence of the findings from the multiple indicators. A minimum of 2 anthropometric indicators (for example global and severe acute malnutrition rates) were used to make an analysis and classification of the situation into one of the 5 different phases. The overall analysis is consolidated into the Estimated Nutrition Situation Map. In the cartographical presentation, reliability of data source was illustrated through solid colour (for survey data which is quite reliable, R=1), or through slash marks (when statistically representative data is not available, in which case data reliability is lower and, R=2).

## **Analytical process**

To make a statement on the:

- Nutrition situation: A minimum of two Core indicators were used (Annex 5).
- Projected trend: A minimum of two risk factors (immediate or underlying) were used (Annex 6).

The overall classification of the nutrition situation for a given area was done taking into account historical nutrition and contextual data. Triangulation of all indicators is also undertaken. Ann attempt is made is to look at the bigger picture in terms of where the indicators are currently, where they have come from and where they are likely to go to make the overall statement of the situation.

<sup>1</sup> The WHO Child Growth Standard available at : http://www.who.int/childgrowth/standards/en/

<sup>2</sup> Guidelines for measuring household and individual dietary diversity. FAO 2011

<sup>3</sup> Integrated Food Security Phase Classification. Technical Manual. Version 2. The Food and Agriculture Organization of the United Nations. Rome. 2012

# **3: FINDINGS OF NUTRITION ASSESSMENT (Gu 2013)**

Serious to Critical levels of acute malnutrition persist in many parts of Somalia

## **GLOBAL ACUTE MALNUTRITION (GAM)**

GAM among children aged 6- 59 months is a key indicator commonly used for describing the presence and magnitude of humanitarian emergencies. If 10 percent or more of children are classified as suffering from GAM, it is considered to be a serious emergency and with over 15 percent the emergency is considered critical.

Map 1 summarizes the prevalence of GAM in Somalia. It was observed that consistently high levels of acute malnutrition continue to be a serious problem in Somalia (median GAM= 14.4 %). This suggests that one out of every seven children under-five are in need of nutritional improvement, even if they have not yet fallen below thresholds for stunting or wasting.

In 42 livelihoods out of 50 regions surveyed, serious to critical levels of acute malnutrition were observed (GAM > 10 % or MUAC < 12.5 cm in more than 10 percent of children). Significantly higher GAM levels were observed among IDPs (17.3 percent) compared with urban (10.1 percent) or rural areas (14.4 %). Hargeisa IDPs in NW used to be an exception with stable trends of GAM but critical levels were seen in Gu 2013 (18.2 %) because of measles outbreak.

Significant regional differences were noted in the prevalence of acute malnutrition (Table 3). Higher median GAM rates of (16.1 percent were seen in south central Somalia compared to 15.8 percent in North East and 11.4 percent GAM in North West. Highest GAM prevelence in the country was seen in Bakool pastoral region (27.4 %) and Bay Agro pastorals (22.6 %).

Figure 1 shows the age differences in prevalence of GAM among 6-23 month old children compared to 24-59 month old children. It was observed that prevalence of acute malnutrition was higher in older children (23 - 59 months) compared to younger children (6-23 months), in Northeast and Northwest Regions.

by age 20.0% ■6-23 months ■24-59 months 18.0% 17.2% 17.0% 15.7% 16.0% 14.2% 14.0% 12.0% 8.0% 6.0% 1.0% 0.0% North East North West South Central

Figure 1: GAM prevalence in different regions of Somalia

## **SEVERE ACUTE MALNUTRITION (SAM)**

A child with SAM has a limited ability to respond to stresses (infection and environmental) and has a high mortality risk. It was observed that the prevalence of SAM was significantly higher in resource-poor environments: IDPs (Figure 2). The median SAM in IDPs was 3.1 percent compared to 1.3 percent in urban areas and 2.0 percent in rural livelihood zones.

Figure 2: SAM prevalence in 6-59 month old children in different livelihoods (% surveyed)

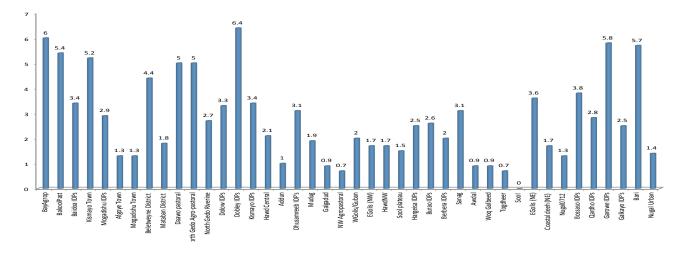


Table 3: Nutrition situation in different regions of Somalia							
Population assessed	GAM %	SAM %	Stunted %	Underweight %	CDR	U5DR	PLW < 23 cm %
Acceptable	<5	<3	< 20	< 10	< 0.5	<1	< 9.5
Alert	5 - 9.9	3 - 4.4	20 - 29.9	10 - 19.9	0.5 - < 1	1 -1.99	9.5 - 14.9
Serious	10 - 14.9	4.5 - 5.4	30-39.9	20- 29.9	1- 2	2 - 3.9	15 - 21.9
Critical	15 -19.9 >20	5.5 - 6.9 >7	>40	> 30	2 - 4.9 > 5	4 - 9.9 > 10	22 - 27.9 > 28
Very Critical	>20	>/	SOUTH		> 5	> 10	> 28
Bay Agropastrol	22.6	6.0	46.9	44.9	0.29	0.44	14.4
Bakool Pastoral	27.4	5.4	8.9	13.6	0.27	0.14	11.3
Baidoa IDPs	15.8	3.4	36	24.3	0.11	0.81	6.0
Kismayo Town	19.2	5.2	39.2	40.4	0.03	0.62	28.1
Mogadishu IDPs	12.6	2.9	22.1	19.0	1.07	0.85	3.6
Afgoye Town	9.8	1.3	6.1	8.1	0.5	0.73	1.5
Mogadishu Town	8.6	1.3	10.6	10.1	-	-	-
Beletweyne District	20.2	4.4	7.5	19.1	0.23	0.37	12.7
Mataban District	10	1.8	8.2	10.9	0.72	1.70	32.5
Gedo North pastoral	18.8	5.0	16.3	18.2	0.4	0.16	19.3
North Gedo Agro-pastoral	18.6	5.0	18.1	16.4	0.89	1.18	24.8
North Gedo Riverine	15.2	2.7	11.8	15.8	0.6	0.3	24.6
Dolow IDPs Dobley IDPs	16.4 20.3	3.3 6.4	33.6 14.2	30.4	0.75	0.87 1.96	7.3 26.6
	17.6	3.4	40.1	15.9	1.53 0.59	1.52	
Kismayo IDPs	MUAC < 12.5	MUAC < 11.5	40.1	41.7	0.59	1.52	44.4
Juba Pastoral	7.1	0.5	-	-	-	-	
Juba Agropastoral	10.4	1.9	-	-	-	_	
Juba reverine	10.9	1.5	-	-	-	_	-
S. Gedo Pastoral	15.9	0.1	-	-	-	-	_
S. Gedo Agropastoral	14.4	1.6	-	-	-	-	-
S. Gedo Riverine	17.0	1.9	-		-	-	-
Cowpea Belt	8.6	1.2	-	-	-	-	-
			CENTRAL				
Addun	8.0	1.0	9.3	9.1	0.36	0.95	6.6
Hawd Central	10.6	2.1	9.5	12.1	0.26	0.43	16.5
Cowpea Belt	9.7	2.0	-	-	0.41	0.25	8.1
Dhusamreeb IDP's	21.4	3.1	11.6	17.4	0.35	0.8	22.4
Mudug Coastal Deeh	12.5 9.7	1.9 2.0	11.0	12.0	0.23	0.25	-
Coastal Deell	9.7	2.0	NORTHEAST		0.23	0.25	
EGolis (NE)	16.7						
		3.6		15.1	0.28	0.53	23.9
ICOASIAI GEEN (INE)		3.6 1.7	9.7	15.1 18.7	0.28	0.53	23.9
Coastal deeh (NE) Nugal Vallev	10.8	1.7	9.7 14.7	15.1 18.7	0.28 0.11 0.03	0.53 0.36 0	23.9 18.6
Nugal Valley Bossaso IDPs			9.7	18.7	0.11	0.36	
Nugal Valley	10.8 11.3	1.7 1.3	9.7 14.7 2.0	18.7	0.11 0.03	0.36	18.6
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs	10.8 11.3 17.3	1.7 1.3 3.8 2.8 5.8	9.7 14.7 2.0 30.0	18.7 - 29.9	0.11 0.03 0.18 0.26 0.16	0.36 0 0.35 0.28	18.6 17.1
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's	10.8 11.3 17.3 14.9 19.2 19.4	1.7 1.3 3.8 2.8 5.8 2.5	9.7 14.7 2.0 30.0 22.9	18.7 - 29.9 21.8 19.7 28.1	0.11 0.03 0.18 0.26	0.36 0 0.35 0.28	18.6 17.1 17.7
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari	10.8 11.3 17.3 14.9 19.2 19.4 21.2	1.7 1.3 3.8 2.8 5.8 2.5 5.7	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6	18.7 29.9 21.8 19.7 28.1 15.1	0.11 0.03 0.18 0.26 0.16 0.22	0.36 0 0.35 0.28 0.26 0.23	18.6 17.1 17.7 10.9
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's	10.8 11.3 17.3 14.9 19.2 19.4	1.7 1.3 3.8 2.8 5.8 2.5	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3	18.7 - 29.9 21.8 19.7 28.1	0.11 0.03 0.18 0.26 0.16	0.36 0 0.35 0.28 0.26	18.6 17.1 17.7 10.9 28.8
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban	10.8 11.3 17.3 14.9 19.2 19.4 21.2	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST	18.7 - 29.9 21.8 19.7 28.1 15.1 6.3	0.11 0.03 0.18 0.26 0.16 0.22	0.36 0 0.35 0.28 0.26 0.23	18.6 17.1 17.7 10.9 28.8
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST	18.7 - 29.9 21.8 19.7 28.1 15.1 6.3	0.11 0.03 0.18 0.26 0.16 0.22	0.36 0 0.35 0.28 0.26 0.23 -	18.6 17.1 17.7 10.9 28.8
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4	18.7 - 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6	0.11 0.03 0.18 0.26 0.16 0.22 - - 0.18 0.07	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15	18.6 17.1 17.7 10.9 28.8 13.0 16.3
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW)	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2	18.7 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7	0.11 0.03 0.18 0.26 0.16 0.22 - - 0.18 0.07 0.11	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81	18.6 17.1 17.7 10.9 28.8 - 13.0 16.3 4.0
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW) HawdNW	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4 0.7 2 1.7	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2	18.7 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7 5.7	0.11 0.03 0.18 0.26 0.16 0.22 	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81 0.43	18.6 17.1 17.7 10.9 28.8 - 13.0 16.3 4.0 0.8
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW) HawdNW Sool plateau	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3 9.4 14.9 14.4 14.4	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4 0.7 2 1.7 1.7 1.5	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2 2.5 5.0	18.7 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7 5.7 6.2	0.11 0.03 0.18 0.26 0.16 0.22 - - 0.18 0.07 0.11 0.26 0.04	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81 0.43	18.6 17.1 17.7 10.9 28.8 - 13.0 16.3 4.0 0.8 13.0
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW) HawdNW Sool plateau Hargeisa IDPs	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3 9.4 14.9 14.4 10.8 18.2	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4 0.7 2 1.7 1.7 1.5 2.5	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2 2.5 5.0 8.2	18.7 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7 5.7 6.2 12.3	0.11 0.03 0.18 0.26 0.16 0.22 - - 0.18 0.07 0.11 0.26 0.04 0.23	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81 0.43 0 0.57	18.6 17.1 17.7 10.9 28.8 
Nugal Valley Bossaso IDPs Qardho IDPs Galkayo IDP's Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW) HawdNW Sool plateau Hargeisa IDPs Burao IDPs	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3 9.4 14.9 14.4 10.8 18.2 14.2	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4 0.7 2 1.7 1.7 1.5 2.5 2.6	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2 2.5 5.0 8.2 2.6	18.7 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7 5.7 6.2 12.3 5.4	0.11 0.03 0.18 0.26 0.16 0.22 - - 0.18 0.07 0.11 0.26 0.04 0.23 0.17	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81 0.43 0 0.57 0.61	18.6 17.1 17.7 10.9 28.8 13.0 16.3 4.0 0.8 13.0 4.7 4.2
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW) HawdNW Sool plateau Hargeisa IDPs Burao IDPs Berbera IDPs	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3 9.4 14.9 14.4 10.8 18.2	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4 0.7 2 1.7 1.7 1.5 2.5 2.6 2	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2 2.5 5.0 8.2	18.7 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7 5.7 6.2 12.3	0.11 0.03 0.18 0.26 0.16 0.22 - - 0.18 0.07 0.11 0.26 0.04 0.23	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81 0.43 0 0.57	18.6 17.1 17.7 10.9 28.8 
Nugal Valley Bossaso IDPs Qardho IDPs Galkayo IDP's Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW) HawdNW Sool plateau Hargeisa IDPs Burao IDPs	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3 9.4 14.9 14.4 10.8 18.2 14.2 10.8	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4 0.7 2 1.7 1.7 1.5 2.5 2.6	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2 2.5 5.0 8.2 2.6 2.4	18.7 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7 5.7 6.2 12.3 5.4 6.1	0.11 0.03 0.18 0.26 0.16 0.22 	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81 0.43 0 0.57 0.61 0.77	18.6 17.1 17.7 10.9 28.8  13.0 16.3 4.0 0.8 13.0 4.7 4.2 6.3
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW) HawdNW Sool plateau Hargeisa IDPs Burao IDPs Berbera IDPs Sanaag	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3 9.4 14.9 14.4 10.8 18.2 14.2 10.8 12.7	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4 0.7 2 1.7 1.7 1.5 2.5 2.6 2 3.1	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2 2.5 5.0 8.2 2.6 2.4 3.7	18.7 - 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7 5.7 6.2 12.3 5.4 6.1 8.2	0.11 0.03 0.18 0.26 0.16 0.22 - - 0.18 0.07 0.11 0.26 0.04 0.23 0.17 0.28	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81 0.43 0 0.57 0.61	18.6 17.1 17.7 10.9 28.8 - 13.0 16.3 4.0 0.8 13.0 4.7 4.2 6.3
Nugal Valley Bossaso IDPs Qardho IDPs Garowe IDPs Galkayo IDP's Bari Nugal Urban  NW Agropastoral WGolis/Guban EGolis (NW) HawdNW Sool plateau Hargeisa IDPs Burao IDPs Berbera IDPs Sanaag Adwal	10.8 11.3 17.3 14.9 19.2 19.4 21.2 10.3 9.4 14.9 14.4 10.8 18.2 14.2 10.8 12.7 9.8	1.7 1.3 3.8 2.8 5.8 2.5 5.7 1.4  0.7 2 1.7 1.7 1.5 2.5 2.6 2 3.1 0.9	9.7 14.7 2.0 30.0 22.9 14.1 27.7 6.6 4.3 NORTHWEST 1.8 6.4 5.2 2.5 5.0 8.2 2.6 2.4 3.7 14.1	18.7 - 29.9 21.8 19.7 28.1 15.1 6.3 4.9 15.6 6.7 5.7 6.2 12.3 5.4 6.1 8.2 14.0	0.11 0.03 0.18 0.26 0.16 0.22 - - 0.18 0.07 0.11 0.26 0.04 0.23 0.17 0.28	0.36 0 0.35 0.28 0.26 0.23 - - 0.37 0.15 0.81 0.43 0 0.57 0.61 0.77	18.6 17.1 17.7 10.9 28.8 - 13.0 16.3 4.0 0.8 13.0 4.7 4.2 6.3

Critical levels of SAM were seen in Dobley IDPs (6.4 percent) and Garowe IDPs (5.8 percent) besides Bay Agro pastorals (6.0 %). Serious levels of SAM were observed in Bakool pastoral (5.4 percent), North Gedo pastoral and North Gedo Agro pastorals (5.0 %).

Figure 3: SAM prevalence in different regions of Somalia by age

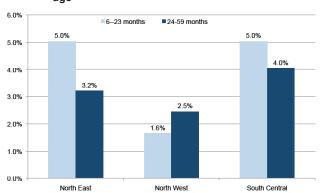
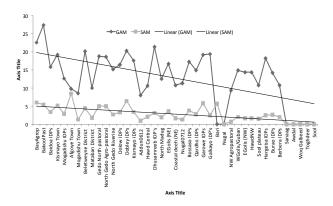


Figure 4: Scatter Plot of GAM and SAM prevalence in different livelihoods



Regional differences in prevalence of SAM were noted. Figure 3 shows that SAM was more prevalent in 6-23 month old children compared to 24-59 month old children in North East region and South Central region.

Significant positive association between prevalence of GAM and SAM was seen (r = 0.83, p < 0.05). SAM prevalence was observed to be higher in populations with higher GAM rate (Figure 4). This was not unexpected as moderate acute malnutrition compromise a child's immune system, leaving them more susceptible to illness and disease resulting in deterioration of child's nutritional status.

## MID UPPER ARM CIRCUMFERENCE (MUAC)

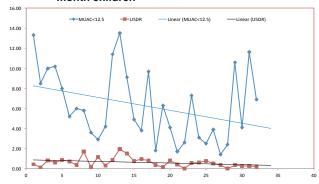
MUAC was measured for all under five children. It is a proxy measure of nutrient reserves in muscle and fat and an indicator of acute malnutrition that reflects mortality risk¹. MUAC < 125 mm corresponds to GAM and MUAC < 115 mm with or without Oedema corresponds to SAM. The *Gu* 2013 results show a significant correlation between the MUAC and weight for height measurements used for GAM and SAM calculations (Table 4). This suggests that if taking weight and height measurements is difficult, MUAC measurements could provide some picture of the nutrition situation in an area.

Figure 5 shows that U5DR was higher in children with MUAC < 125 mm (moderate + severe acute malnutrition) though the association was statistically not significant.

Table 4: Association between MUAC & Weight for Height

A cuto M	lalnutrition	MUAC < 115 mm	MUAC < 125 mm		
Acute IV	iamuminon	Pearson Correlation			
C	MAG	0.493	0.621		
5	SAM	0.558	0.681		

Figure 5: Scatter Plot of MUAC < 125 mm and U5MR in 6-59 month children



#### **MALNUTRITION HOTSPOTS**

Based on results of *Gu* 2013 survey, FSNAU identified regions with GAM > 15 percent or MUAC < 125 mm in more than 10 percent of children surveyed as the "malnutrition hotspots" (Table 5). These areas need immediate emergency intervention. Unless adequate resources (human and financial) are made available in these areas on priority basis to increase coverage and access to treatment for these malnourished children, along with preventive measure against acute malnutrition, they will suffer devastating consequences on health, learning, future earning potential, economic development, resilience & security.Resources invested in these hot spots will have a maximum impact on helping every child get the nutrition needed for a healthy and promising future.

Table 5: Hotspots for Acute Malnutrition in Somalia GAM > 15 % or MUAC < 12.5 cm in > 10 % of 6-59 months old children

Hotspot areas	IDPs	GAM (%)	Livelihood	GAM (%)	Urban	<b>GAM (%)</b>
North East	Bossaso IDPs	17.3	E Golis	16.7	Bari	21.1
	Garowe IDPs	19.2				
N. (1.)A/ (	Galkayo IDP's	19.4				
North West	Hargeisa IDPs	18.2				
South	Baidoa IDPs	15.8	Bay Agropastrol	22.6	Kismayo Town	19.2
Central	Mogadishu IDPs	12.6	Bakool Pastoral	27.4	Beletweyne	20.2
	Dolow IDPs	16.4	Gedo North pastoral	18.8	District	
	Dobley IDPs	20.3	N Gedo pastoral	18.8		
	Kismayo IDPs	17.6	N Gedo Agropastoral	18.6		
	Dhusamreeb IDP's	21.4	N Gedo Riverine	15.2		
			S. Gedo pastoral*	15.9		
			S. Gedo Riverine*	17.0		
			S Gedo Agropastoral*	14.4		
			Juba Riverine*	10.9		
			Juba Pastoral*	10.4		

Severe acute malnutrition can lead to a case fatality rate of up to 21 percent without effective intervention

<sup>1</sup> Vella V, Tomkins A, Ndiku J. et al Anthropometry as a predictor for mortality among Ugandan children, allowing for socio-economic variables. Eur J Clin Nutr 1994. 48(3)189–197

## NUMBER AND DISTRIBUTION OF CHILDREN WITH ACUTE MALNUTRITION IN SOMALIA:

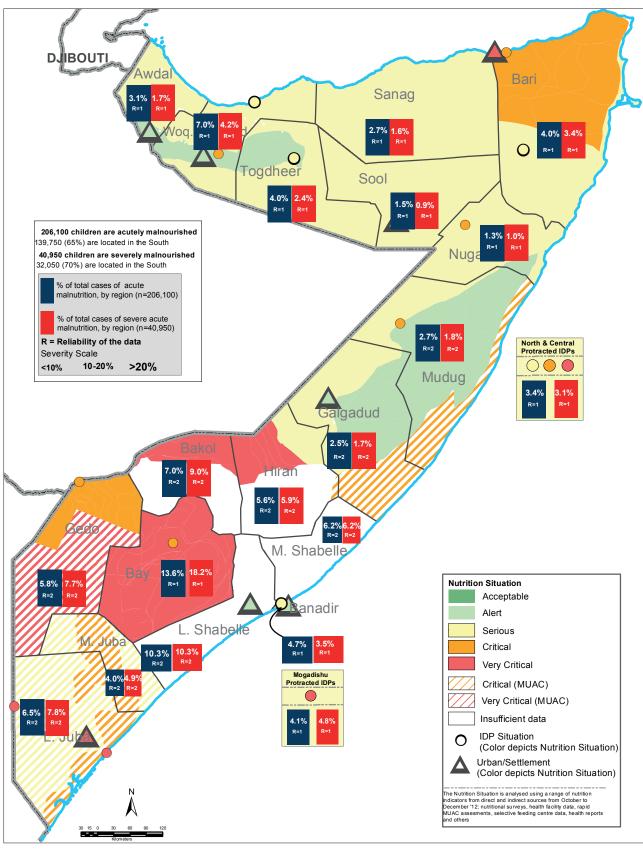
FSNAU in collaboration with nutrition cluster partners calculated the distribution of GAM/SAM cases in Somalia to draw the attention of response agencies and donors to the needs in different regions of Somalia. By multiplying the prevalence rates of GAM/SAM in each assessed population group to the total under five populations during the *Gu* 2013, cases of acutely malnourished children were calculated. The cumulative total cases at regional level were obtained by adding the cases from the assessed livelihood and IDP groups. For population groups where representative nutrition survey data for the whole population forms the main reference, reliability of data is high and is ranked as 1 (R=1) but for the Shabelle regions and southern parts of Gedo, Bakool and Hiran regions where it was not possible to collect nutrition survey data, the median rates for surveys conducted in the *Deyr* 2012/13 were applied. Population figures from the UNDP 2005 settlement survey are used as the standard reference for Somalia.

Current estimates put the number of under-five children at risk of acute malnutrition as 206,100 including 40,950 cases of severe acute malnutrition (Table 6). This caseload is a slight improvement from 215,000 cases seen in *Deyr* 2012-13 which included 45,000 severe malnutrition cases. South and Central Somalia accounts for 73.9 percent of GAM caseload and 82.4 percent of SAM caseload even though it has only 56 percent of Somalia's population.

Table 6: Estimated Cases of Acute Malnutrition in Somalia-Gu 2013

ZONE	REGION	GAM CASES	PROPORTION BY REGION	SAM CASES	PROPORTION BY REGION
SOUTH	Bay	28050	13.60%	7450	18.20%
SOUTH	Lower Shabelle	21150	10.30%	4200	10.30%
SOUTH	Bakool Region	14350	7.00%	3700	9.00%
SOUTH	Lower Juba (Hoose)	13350	6.50%	3200	7.80%
SOUTH	Middle Shabelle	12850	6.20%	2550	6.20%
SOUTH	Gedo	12050	5.80%	3150	7.70%
SOUTH	Hiran Region	11450	5.60%	2400	5.90%
SOUTH	Banadir	9700	4.70%	1450	3.50%
SOUTH	Mogadishu IDP	8500	4.10%	1950	4.80%
SOUTH	Middle Juba (Dheexe)	8300	4.00%	2000	4.90%
CENTRAL	Mudug	5500	2.70%	750	1.80%
CENTRAL	Galgadud	5200	2.50%	700	1.70%
IDPs	Central IDPs	1800	0.90%	250	0.60%
TOTAL fo	r South Central	152250	73.90%	33750	82.40%
NORTH WEST	Woq Galbeed	14450	7.00%	1700	4.20%
NORTH WEST	Togdheer	8300	4.00%	1000	2.40%
NORTH WEST	Awdal	6350	3.10%	700	1.70%
NORTH WEST	Sool	3100	1.50%	350	0.90%
NORTH WEST	Sanaaag	5600	2.70%	650	1.60%
IDPs	NW IDPs	3050	1.50%	500	1.20%
Total fo	r North West	40850	19.80%	4900	12.00%
NORTH EAST	Bari	8200	4.00%	1400	3.40%
NORTH EAST	Nugal	2650	1.30%	400	1.00%
IDPs	NE IDPs	2150	1.00%	500	1.20%
Total fo	r North East	13000	6.30%	2300	5.60%
TOTAL F	OR SOMALIA	206100		40950	

Map 3: Distribution of proportion of Acutely Malnourished Children in Somalia



## **MORTALITY**

Various studies show that malnutrition is responsible, directly or indirectly for about one third of deaths among children under five. Well above two thirds of these deaths, often associated with inappropriate feeding practices, occur during the first year of life.

When children suffer from acute malnutrition, their immune systems are so impaired that the risks of mortality are greatly increased.

Acute malnutrition is an unstable condition resulting from a relatively short duration of nutritional deficit that is often complicated by concurrent infective illness. The Gu 2013 survey results show that despite high levels of GAM and frequent illness, mortality rates were not elevated (Figure 6). U5DR < 1.0 was seen in most of the populations surveyed. Alert situation in Motaban district, north Gedo agro pastorals and in Dobley and kismayo IDPS was suggested by U5DR levels > 1 percent. SAM is a major cause of avoidable mortality. The results of Gu survey show that U5DR is higher in population groups with higher

Figure 6: Scatter plot of GAM vs U5DR

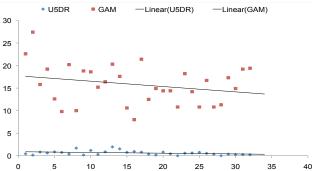
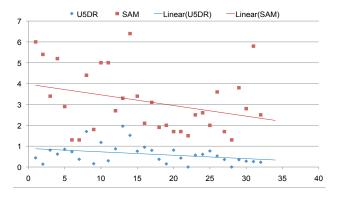


Figure 7: Scatter plot of SAM vs U5DR



SAM prevalence though the association is statistically not significant (Figure 7).

#### **MORBIDITY**

Morbidity was assessed retrospectively over 14 days. Malnutrition is one of the most common causes of morbidity and mortality of children. Higher morbidity rate in North East Somalia was noted (Table 7) and this could be because IDPS are concentrated more in NE region compared to other regions. Higher morbidity rate was observed in IDPs (39.3 %) compared to Urban (21.8 %) or rural (23.9 %) populations.

Acute malnutrition affects contribute to increased morbidity and mortality. Though morbidity rate was

Table 7:: Morbidity in under 5 children

Median morbidity
23.9
39.3
21.8
30.3
27.0
15.9
37.2

higher in children with greater prevalence of acute malnutrition, no significant association was observed between GAM or SAM levels and prevalence of morbidity (Figure 8 and 9).

Figure 8: Scatter Plot of GAM vs Morbidity in children 6-59 months

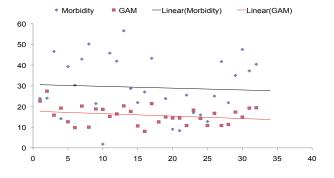
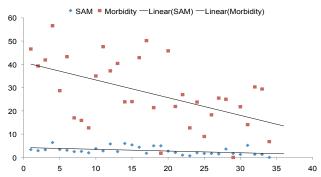


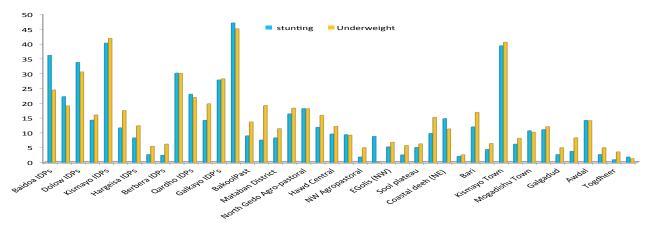
Figure 9: Scatter Plot of SAM and Morbidity in 6-59 month old children



#### **STUNTING**

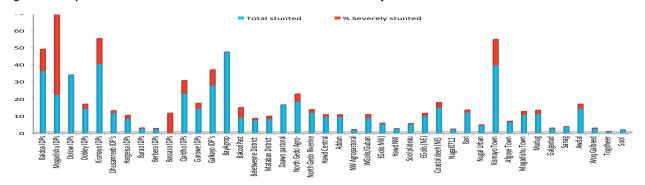
Results of *Gu* assessment show that stunting is not a serious public health issue in Somalia. Stunting was seen in only 10.8 percent of under five children surveyed (Figure 10).

Figure 10: Prevalence of Stunting and Underweight in 6-59 monthold children in different livelihoods (% surveyed)



Stunting in a child is not only about being too short for his or her age. It can also mean suffering from stunted development of the brain and cognitive capacity. The children who are stunted are at greater risk of illness and death, and those who survive are more likely to perform less well at school. In some population groups, stunting levels are of concern. Critical level of stunting in Bay Agropastorals (46.9 %) were observed and in 23.1 percent of these children stunting levels were severe. (Figure 11). The 6-59 month old children from Mogadishu IDPs showed alert level of stunting (22.1 %) and for 46.7 percent of these children, severe levels of stunting were observed. There was no significant association between levels of acute malnutrition observed and prevalence of stunting.

Figure 11: Proportion of 6-59 month old stunted children who are severely stunted



## **UNDER WEIGHT**

Underweight is one of the indicators used to assess progress towards MDG. It is a composite measure of both stunting and wasting. The underweight children are at substantial increased risk of severe acute malnutrition and death. *Gu* results show that 15.9 percent of the under five children surveyed were suffering from underweight. The underweight in children did not show any significant association between GAM prevalence and underweight (Figure 12) but underweight and Stunting in the under five children was significantly correlated (R= 0.923, P value <0.01 (Figure 13).

Figure 12: Scatter plot of GAM vs Underweight

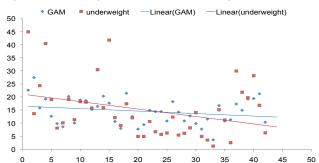
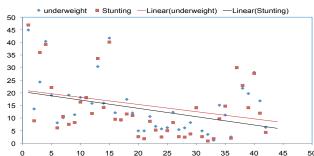


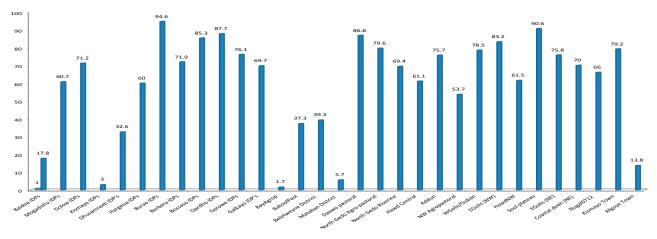
Figure 13: Linear plot of Underweight vs Stunting



#### VITAMIN A SUPPLEMENTATION

Vitamin A is essential for the functioning of the immune system and the healthy growth and development of children. The Lancet lists vitamin A supplementation among the key interventions achievable at a large scale that have proven potential to reduce the number of preventable child deaths each year². Vitamin A deficiency is a well-established risk factor for measles-related mortality. WHO³ has recommended Vitamin A supplementation for infants and children 6-59 months of age. In two of the surveyed populations, ≥ 90 percent of 6-59 month children reported receiving Vitamin A supplementation (Burao IDPs and Sool plateau). High acute and chronic malnutrition was observed in the areas (Kismayo IDPs, Bay Agro pastorals, Kismayo town) where <10 percent of children reported receiving Vitamin supplementation is of serious concern because if children have insufficient vitamin A, their ability to resist diseases such as diarrhoea, measles and acute respiratory infections is greatly hampered (Figure 12). Improving the vitamin A status of under five children can decrease childhood deaths from such illnesses by 23 per cent, or nearly a quarter of childhood deaths.

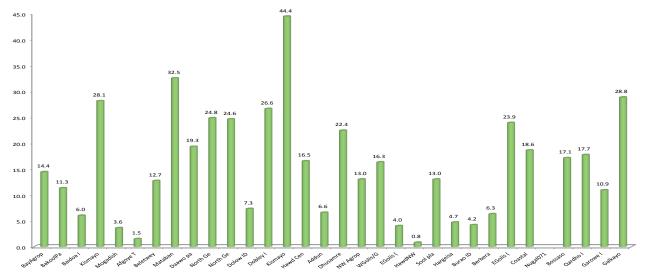
Figure 14: Vitamin A supplementation in children 6-59 months (% surveyed)



#### **MATERNAL MALNUTRITION**

The health and nutritional status of mothers and children are intimately linked. A child's future nutrition status is affected before conception and is greatly dependent on the mother's nutrition status prior to and during pregnancy. A chronically undernourished woman will give birth to a baby who is likely to be undernourished as a child, causing the cycle of under nutrition to be repeated over generations. MUAC < 23 cms (moderate risk) in pregnant /lactating women has been shown to carry a risk of growth retardation of the foetus. *Gu* 2013 results show very critical levels of maternal malnutrition in Kismayo town as well as Kismayo IDPs, Galkayo IDP's and in Mataban District. Maternal malnutrition was critical in N Gedo Agro-pastoral, N Gedo Riverine, E Golis (NE), Dobley IDPs, Dhusamreeb IDPs (Figure 15).

Figure 15: Maternal Malnutrition in different livelihoods ( % with MUAC < 23 cms)



<sup>2</sup> Jones, Gareth, et al., 'How Many Child Deaths can we Prevent this Year?', The Lancet, vol. 362, 5 July 2003, pp. 65-71. 3 *Gu*ideline: Vitamin A supplementation in infants and children 6–59 months of age. World Health Organization 2011

A significant correlation between maternal nutrition status and prevalence of both underweight ((R= 0.43, P value < 0.05)) and stunting ((R= 0.47. P value < 0.01) was observed (Figure 16 and 17). This suggests the importance of promoting good nutrition for pregnant and lactating women. Improvement in maternal nutritional status will help fight the widespread and growing problem of under nutrition ( stunting and underweight) in Somalia. promoting good nutrition for pregnant and lactating women.

Figure 16: Scatter Plot of Maternal MUAC < 23 cms and Stunting in 6-59 months

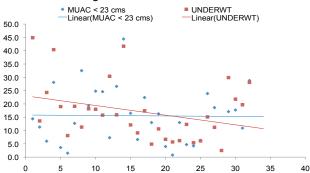
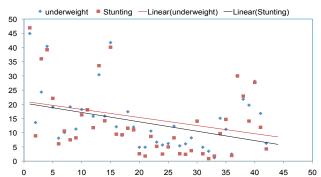


Figure 17: Scatter plot of Maternal MUAC < 23 cms and Underweight in 6-59 children



#### GENDER DIFFERENCES IN PREVALENCE OF ACUTE MALNUTRITION

Numerous studies have documented gender differences in nutrition status in developing areas, generally finding boys to be at an advantage over girls. However for Somalia, the gender disaggregated data from Gu 2013 assessment show that irrespective of region , prevalence of acute malnutrition ( GAM/SAM) was higher in boys compared to girls though the differences were statistically not significant. Figure 18 show that GAM levels in boys were critical ( GAM > 15 %) while serious levels were seen in girls ( GAM > 10 % < 15 %). Similar trends were noted for SAM prevalence (Figure 19). Prevalence of SAM was higher in boys compared to girls.

Figure 18: Gender Differences in GAM prevalence in different regions of Somalia

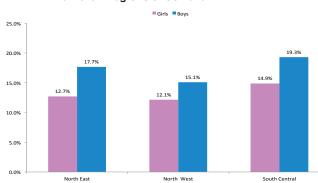
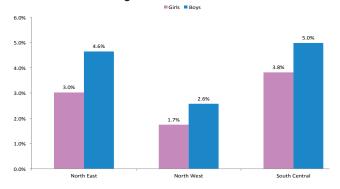


Figure 19: Gender differences in SAM prevalence in different regions of Somalia



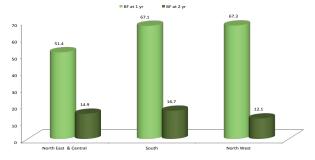
# **INFANT YOUNG CHILD FEEDING**

Infant and young child feeding are a cornerstone of care for childhood development. Even in resource poor settings, improved feeding practices can lead to improved intakes of energy and nutrients, leading to better nutritional status. FSNAU collected information on following core and optional IYCF indicators in the livelihood zones where access was not an issue.

Figure 20 shows the proportion of children 12–15 months of age who are fed breast milk at 1 year. No significant regional differences were noted in continuation of breast feeding at 1 year. However it was observed that only 51 percent of 1 year old children in

Core Indicators	Optional indicators
Continued breastfeeding at 1 year Minimum meal frequency Minimum acceptable diet	Continued breastfeeding at 2 years

Figure 20: Continued Breastfeeding at 1 yr and 2 yr in 6-24 month children in different regions of Somalia (% Surveyed)



North East and Central region received breast milk at 1 year in addition to complementary food compared with 67 percent of the children in North West and South region.

WHO and UNICEF recommend breastfeeding up to 2 years or beyond. In the populations surveyed, the proportion of 2 year old who were fed breast milk was 12.1 percent in South, 16.7 percent in North East and Central regions and 14.9 percent in Northwest region.

Around the age of 6 months, an infant's need for energy and nutrients starts to exceed what is provided by breast milk and complementary foods are necessary to meet energy and nutrient requirements. If complementary foods are not introduced when a child has completed 6 months of age, or if they are given inappropriately, an infant's growth may falter and malnutrition starts, contributing significantly to the high prevalence of malnutrition in children under five years of age.

WHO recommends that infants start receiving complementary foods at 6 months of age in addition to breast milk, initially 2-3 times a day between 6-8 months, increasing to 3-4 times daily between 9-11 months and 12-24 months with additional nutritious snacks offered 1-2 times per day, as desired. Figure 21 shows median of 25.6 percent minimum meal frequency which suggests that only 1 in 4 children received complementary foods as recommended by WHO. Regional differences in minimum meal frequency were seen in South (34 %) of children in south, compared to 22 percent in Northeast and Central region and 26 percent inNorthwest region.

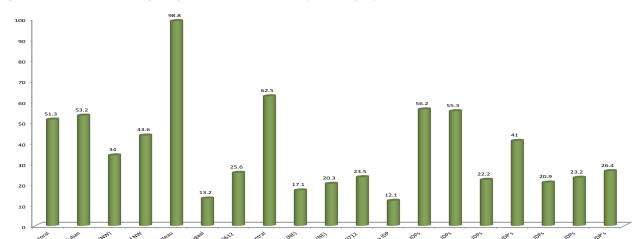


Figure 21: Minimum meal frequency in 6-24 month children ( % Surveyed)

Dietary diversity is a proxy for adequate micronutrient-density of foods. Minimum Dietary Diversity refers to proportion of children 6–23 months of age who receive foods from 4 or more food groups. Consumption of foods from at least 4 food groups on the previous day would mean that the child had a high likelihood of consuming at least one animal-source food and at least one fruit or vegetable, in addition to a staple food. A very large variation in dietary diversity for child feeding was noted – from low of 1 percent among NW Agropastorals to high of 97 percent among Addun (Figure 22).

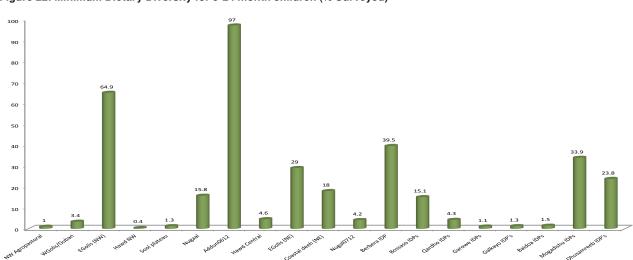


Figure 22: Minimum Dietary Diversity for 6-24 month children (% Surveyed)

## CHANGE IN ACUTE MALNUTRITION IN SOMALIA FROM DEYR 2012/13 TO GU 2013

The GAM levels seen in *Gu* 2013 were compared with the levels seen in *Deyr* 2012/13. IN Northwest region, the nutrition situation has improved since *Deyr* 2012/13 in West Golis/Guban, Berbera and Burao IDPs and in Agro-pastoral livelihood but deteriorated in Sool Plateau and in Hargeisa IDPs.

	Change GAM since Deyr' 201	2 North West	NE	Central	South
	Improved	NW Agro (11.8%) W. Golis (17.3%) Hawd (14.6)	Nugal (12.5)	Addun (12.3) Hawd (14.4)	Juba Past (9.6%) Juba Agro (14.4%) Juba Rev (18.7%)
Rural Livelihood	Deteriorated	E. Golis (11.3%) Sool Plateau (8.4%)	E. Golis (13.5%) Coastal Deeh (10.2%)	Coastal Deeh (8.0%)	Bay Agro (18.7%) Bakool Past (24.5%) Gedo Past (15.6%) Gedo Rev (13.6%) Gedo Agro (15.5%)
Urban	Improved	Sanaag (13.9%) Woq Galbeed (10.6%) Toghdeer (12.1%) Sool (7.1%)			Mogadishu (9.7%) Mataban(25.2%)
	Stable	Adwal (9.9%)			
	Deteriorated	Bari (18.4%)			Afgoye (8.7%) Beletweyne (17.3%)
DPs	Improved	Buroa (15.5%) Berbera (19.9%)	Bossaso (20.6%) Qardho (21.8%)	Dhusamreeb (22.6%)	Mogadishu (16 0%)
	Deteriorated	Hargeisa (10.9%)	Garrowe (14.3%) Galkayo (17.0%)		Baidoa (12.8%)

In North East the nutrition situation has deteriorated in East Golis, Sool Plateau and in Garowe IDP but it has improved in Addun. However in South: In *Deyr*'12/13 the acute malnutrition in North Gedo Agro pastoral, Bay Agro-pastoral has deteriorated in *Gu* 2013. The riverine and pastoral and the southern part of the region as well as Bakool pastoral and Dolow IDPs, Baidoa IDPs remain stable. In Juba region, the pastoral, agro pastoral and riverine and the IDPs in Kismayo and Dobley have improved.

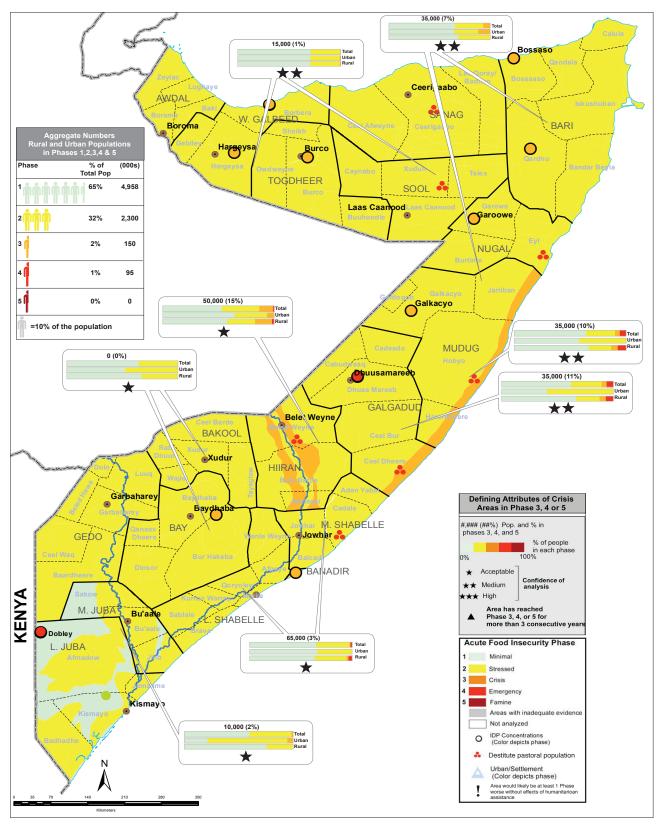
## **FOOD SECURITY**

Gu 2013 assessment of food security situation in Somalia indicates an estimated 870,000 people will be in Crisis and Emergency (IPC Phase 3 and Phase 4) from August to December 2013. The situation has significantly improved since 2011 when 4 million Somalis were in extreme food security crisis. The recent figures also represent a continued improvement since January when an estimated 1,050,000 people were in Crisis and Emergency (IPC Phases 3 and 4). Improvements are attributed to a near average July/August 2013 Gu harvest, increased livestock prices, increased livestock herd sizes, improved milk availability, low prices of both local and imported staple food commodities, higher purchasing power from income, labour, livestock sales, and sustained humanitarian interventions over the last six months.

However, nearly 2.3 million additional people, one-third of Somalia's population, are classified as Stressed (IPC Phase 2); their food security remains fragile. This group of households may struggle to meet their own minimal food requirement through the end of the year, and they remain highly vulnerable to major shocks that could push them back to food security crisis.

Food security outcomes for poor households will likely be affected by the significantly below average July/ August crop harvest for the *Gu* 2013, leading to limited household and market cereal stocks. Despite cattle milk availability between August and early September, income from the milk sales is likely to decline from mid-September through December as some cows quit milking and milk production falls. This will further reduce poor household income. In addition, due to lack of own produced crops for consumption through December; poor households will have an extended lean season from August to December. Poor households will primarily depend on food purchases on credit between now and December. Milk gifts and zakat in the form of locally produced crops for the poor will likely be well below average due to the impact of the failed season on better off households. However, in November/December, some poor households may receive small ruminants as zakat, but this type of food source will likely be limited to a very small number of particular households. Humanitarian assistance within Hiran Region will be concentrated in Beleitweine District, so outside of that District, it will likely

Map 4: Somalia Acute Food Insecurity Situation Overview Rural, Urban & IDP Populations: August - December, 2013, Most Likely Scenario



remain insignificant due to insecurity issues surrounding humanitarian access to areas under Al Shabaab's control. Following poorly distributed March to May *Gu* rains and a dry and windy July to September Hagaa season, wild fruit availability is likely to be very low, and this will not represent a very effective source of food for poor households.

To respond to the declining food security outcomes, poor households will likely seek cash and food loans,

further increasing their debt burdens. They will also reduce their use of preferred foods such as white sorghum, rice and opt for red sorghum. However, from October to December with normal to below normal *Deyr* rains forecast, agricultural labour income will likely support some poor households' access to food, but it will be unlikely that this income will be enough to eliminate food consumption gaps. From August to December, due to increased debt levels, reduced income from livestock sales, and an exhaustion of saleable animals for many poor households, reduced access to food loans, and overstretched social support systems, poor households' food security outcomes will likely deteriorate. Many poor households will fall into Crisis (IPC Phase 3) between August to December and will remain there until the *Deyr* harvest starts in January.

## **NUTRITION OUTLOOK (SEPT-DEC 2013)**

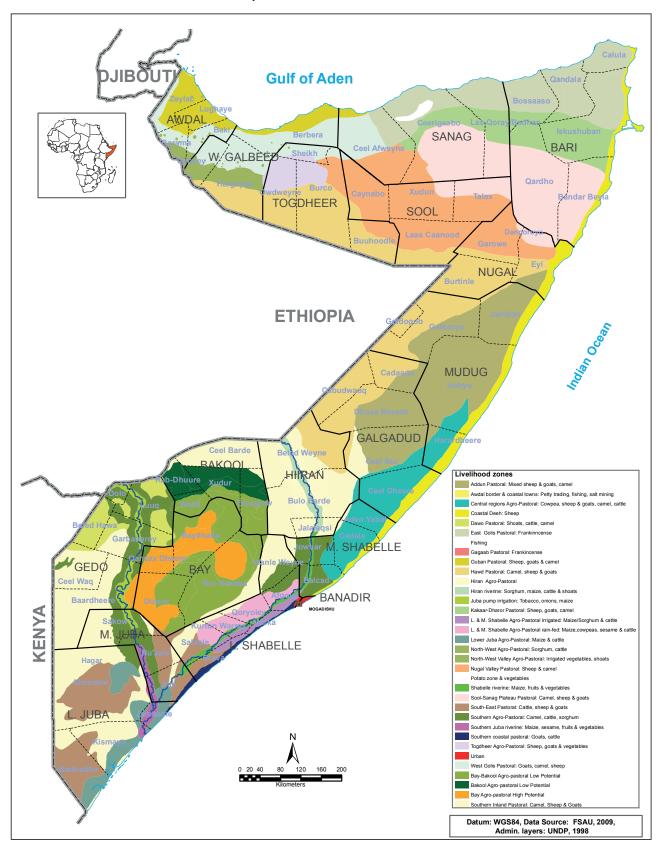
The nutrition forecast for Sept-Dec 2013 is based on four factors: Situation in *Gu* 2013, historical nutrition trends for the season, the food security and the health situation during this period. The outlook in Northwest for September- October 2013 is stable Serious nutrition situation across all rural livelihoods. In view of the low cereal production in the Agro-pastoral livelihood which will affect cereal access and income from cereals, the livelihood will marginally deteriorate from Alert to Serious nutrition situation. In Northeast the nutrition situation is expected to remain stable in all livelihoods with exception of Addun livelihood which is expected to slightly deteriorate from Alert to Serious.

In South the current projection of the GAM situation is that the Gedo will remain critical in Northern while the Southern will remain very critical, due to high morbidity, low immunization status, poor water and sanitation. Juba livelihoods will remain the same – serious GAM levels in Pastoral and critical levels in agro pastoral and riverine, while GAM levels in the IDPs in Kismayo and Dobley and Kismayo town are expected to deteriorate to very critical. The nutrition situation in Bay agro-pastoral and Bakool Pastoral is likely to remain very critical due to declining access to humanitarian interventions (Health and Nutrition), high morbidity and withdrawal of MSF from Dinsor district of Bay region Good nutrition care starts with good assessment (measurement and classification) of nutritional status.

# **4: REGIONAL NUTRITION ASSESSMENT**

FSNAU conducted 50 nutrition surveys and assessed nutrition status of 34,415 children, and five children drawn from different livelihood zones in Somalia (22 in south, 6 in central, 10 in Northeast and 12 in northwest). The nutrition surveys were done among rural populations (24), urban populations (13) and among IDPs (13).

Map 5: Somalia Livelihood Zones



## **4.1 NORTHWEST REGIONS**

#### **BACKGROUND**

The Northwest region of Somalia comprises five regions, namely Awadal, Woqooyi Galbeed, Togdheer, Sool and Sanag. According to the UNDP 2005 data, the Northwest region was estimated to have a total population of 1,828,739 people, of whom 44.8 percent lived in urban areas. The Northwest regions comprise mainly pastoral livelihood zones. They are West Golis, *Gu*ban, East Golis/ Gebbi Valley of Sanaag region, the Hawd of Hargeisa and Togdheer, Sool Plateau and the Nugal Valley. In addition, there is an agro-pastoral livelihood zone that is sub-divided into two, namely, the Agro-pastoral of Awdal and Woqooyi Galbeed regions and Agro-pastoral of Togdheer region. The livelihood zones cut across the five administrative regions (See maps below).

#### **Food Security Situation**

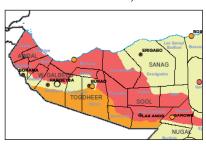
The FSNAU Post *Gu* 2013 integrated food security analysis indicates a sustained **Stressed** (IPC Phase 2) food security situation in all livelihood zones in Northwest regions. The *Gu*ban livelihood which was in a **Crisis** (IPC Phase 3) food insecurity since *Gu* '12 has improved to **Stressed** food security phase during post *Gu*\_2013. The improved food security is attributed to several factors which include the results of several successive seasons of average to above average rainfall, low food prices, increased livestock prices, increased livestock herd sizes, and sustained humanitarian response. Of concern though is the Sool plateau livelihoods, particularly in the Bari region where food security is expected to deteriorate through October due to a significant reduction of pasture and unavailability of milk. The current Stressed Food security situation in Northwest is projected to remain stable through December 2013.

## Post Gu 2013 Nutrition Situation

The nutrition situation among urban, IDPs and rural populations in Northwest regions has for the last twelve months (Gu 2012 to Gu 2013) ranged between **Alert** to **Critical** levels. The nutrition situation has largely been influenced by food security factors particularly access to milk among the predominant pastoral communities and morbidity patterns. Overall, the level of acute malnutrition in Northwest region has been on an improving trend since Gu 2013 as indicated in the maps below.

The maps below show the trends of nutrition situation from *Gu* 2012 to *Gu* 2013.

Nutrition Situation, Gu 2012



Nutrition Situation, Deyr 2012/13



## Nutrition Situation, Gu 2013



## **CURRENT NUTRITION SITUATION (Gu 2013)**

Nutritional status of 6,638 children <5 years were assessed in the *Gu* 2013 survey. The integrated Nutrition situation for the urban, IDPs and rural populations in Northwest is summarized in Table 8. Median GAM rate of 11.4 percent and SAM rate of 1.6 percent was observed while median Crude Death Rate (CDR) was 0.18/10,000 persons/Day and Under Five Death Rate (U5DR) 0.5/10,000 persons/Day. Highest GAM rate was observed among the Hargesia IDPs which was not surprising in view of the measles outbreak reported in the settlement from January 2013.

Table 8 : Nutrition Situation in NW Somalia (Gu 2013)							
Population assessed	GAM	SAM	Stunting	Underweight	CDR	U5DR	PLW<23
NW Agropastoral	9.4	0.7	1.8	4.9	-	-	13.0
WGolis/Guban	14.9	2	6.4	15.6	-	-	16.3
EGolis (NW)	14.4	1.7	5.2	6.7	0.11	0.81	4.0
Hawd NW	14.4	1.7	2.5	5.7	0.26	0.43	0.8
Sool plateau	10.8	1.5	5.0	6.2	-	-	13.0
Hargeisa IDPs	18.2	2.5	8.2	12.3	0.23	0.57	4.7
Burao IDPs	14.2	2.6	2.6	5.4	0.17	0.61	4.2
Berbera IDPs	10.8	2	2.4	6.1	0.28	0.77	6.3
Sanaag	12.7	3.1	3.7	8.2	-	-	-
Adwal	9.8	0.9	14.1	14.0	-	-	-
Woq Galbeed	7.7	0.9	2.6	4.9	-	-	-
Toghdeer	11.5	0.7	0.9	3.5	-	-	-
Sool urban	3.6	0	1.2	3.0	-	-	-
Colour Code	Acceptable	Alert	Serio	us Ci	ritical	Very CriticaL	MUAC*

# The summary results for West Golis, Nugal Valley and Sool Plateau Pastoral Livelihood Zones are given in table 9 The key highlights are:

#### Acute Malnutrition

The Nutrition situation among the population in West Golis/Guban livelihood shows an improving trend from *Very Critical* in *Gu* 2012, to *Critical* in *Deyr* 2012 and to *Serious* in the current post *Gu* 2013 season with a GAM rate of **14.9** percent. Population in Nugal valley shows a stable *Serious* nutrition situation since *Deyr* 2012 with a GAM rate of **11.3** percent in *Gu* 2013 and an improvement when compared with the *Very Critical* levels seen in in *Gu* 2012. This improvement is attributed to the increased access to milk for consumption and sales in the two livelihoods. In Sool Plateau, the nutrition situation has slightly deteriorated from *Alert* in *Deyr* 2012 to *Serious* in the current *Gu* 2013 season with a GAM rate of **10.8** percent which is similar to the rates recorded in *Gu* 2012. The trend of acutely malnourished children from the health facilities from January to July 2013 varies across livelihoods but generally shows a stable or decreasing trends with a high (>15%) and decreasing trend recorded in West Golis/Guban, low (<10%) and decreasing trend in Sool plateau and high (>10%) and stable trend in Nugal valley livelihoods.

#### Mortality

The results shows a stable *Acceptable* Crude Death Rate (<0.5/10,000 person/day) and Underfive Death Rate (<1/10,000 children/day) in the three livelihoods since *Gu* 2012.

#### Morbidity

Reported morbidity in the past two weeks prior to the assessment ranges between 21.8 percent in Nugal Valley to 25.5 percent in Sool Plateau livelihood. This indicates that 1 out of every 4 children across the three livelihoods was suffering from at least one of the common childhood illness two weeks prior to the assessment.

#### **Immunization**

The reported Vitamin A supplementation, measles vaccination and Polio immunization by recall in the three livelihoods is high (>80%) but falls below the recommend SPHERE standard of 95 percent with the exception of Polio immunization status of 97.3 percent in West Golis/Guban. The other exception is low (<80%) reported status of Vitamin A supplementation in both West Golis and Nugal Valley and measles vaccination in Nugal Valley livelihood.

#### Maternal Malnutrition:

Serious levels of maternal malnutrition (MUAC<23 cm) among 16.3 percent of the pregnanat and lactating was seen in W est Golis /Guban. This is of concern as *Alert* levels of underweight in children < 5 years were also noted in the same livelihood. In Sool Plateau livelihood, an *Alert* level of maternal malnutrition is recorded. An *Acceptable* level (<9.5%) of maternal malnutrition is recorded in Nugal Valley livelihood.

Table 9: Summary of Key Nutrition Findings in West Golis/Guban, Nugal Valley and Sool Plateau Livelihood Zones, July 2013						
	West Golis/G	uban	Nugal Valley		Sool plateau	
		=365 Girls= 345)	(N= 710: Boys=365		(N=658: Boys=329; Girls=329)	
Indicator		Change from <i>Deyr</i> 2012	Results	Change from Deyr 2012	Results	Change from Deyr 2012
Global Acute Malnutrition (WHZ<-2 or oedema)	14.9 (11.7-18.	7)	11.3 (8.9-14.2)		10.8 ( 8.5-13.6)	
Boys	15.0 (11.0-20.	0) Improved	13.1 (9.9-17.1)	Improved	12.2 ( 8.8-16.5)	Deteriorated
Girls	14.8 (10.8-20	0)	9.4 (6.8-12.8)		9.4 ( 6.8-13.0)	
Severe Acute Malnutrition (WHZ<-3 or oedema)	2.0 (1.1-3.8)		1.3 (0.6-2.9)		1.5 (0.8-3.0)	
Boys	2.0 (1.1-4.5)	Improved	1.1 (0.3-3.7)	Improved	2.4 (1.1-5.4)	Deteriorated
Girls	1.8 (0.7-4.2)		1.4 (0.5-3.9)		0.6 (0.1- 2.6)	
Mean of Weight for Height Z Scores	-0.91 ±1.04)	Improved	-0.67±1.05	Improved	-0.68±1.01	Deteriorated
Oedema	0.1	Improved	0	Sustained	0.3	Deteriorated
Proportion with MUAC<12.5 cm or oedema)	6.2 (4.0-9.4)		2.4 (1.4-4.1)		2.6 (1.7- 3.8)	
Boys	6.3 (4.0-9.8)	Deteriorated	3.1 (1.6-5.7)	Improved	2.7 (1.6- 4.6)	Deteriorated
Girls	5.5 (3.4-10.6	)	1.7 (0.7-4.1)		2.4 (1.2- 4.6)	
Proportion with MUAC<11.5 cm or oedema	0.6 (0.2-1.4)		0.4 (0.1-1.3)		0.8 (0.3-1.8)	
Boys	0.5 (0.1-2.1)	Improved	0.6 (0.1-2.3)	Improved	0.6 (0.1-2.5)	Improved
Girls	0.6 (0.1-2.3)		0.3 (0.0-2.1)		0.9 (0.3- 2.9)	
Stunting (HAZ<-2)	6.4 (4.2-9.5)		2.0 (0.9-4.1)		5.0 (3.3-7.6)	
Boys	8.3 (4.9-13.7	) Improved	3.1 (1.5-6.1)	Improved	7.3(4.4-11.8)	Improved
Girls	4.3 (2.7-6.7)		0.9 (0.2-3.7)		2.8(1.4-5.5)	

Underweight (WAZ<-2)	15.6 (12.3-19.5)		2.5 (1.4-4.5)		6.2(4.1-9.2)	
Boys	17.9 913.5-23.4)	Deteriorated	3.6 (2.1-6.2)	Improved	8.5 (5.6-12.6)	Deteriorated
Girls	13.0 (9.2-18.3)		1.4 (0.6-3.30	·	3.9(2.2-7.0)	
Malnutrition Trends at Health facilities (January – July 2012)	High (>15 and stable trend	Sustained	High (>10%) and stable	Sustained	Low (<10) and decreasing trend	Improved
Crude deaths, per 10,000 per day (retrospective for 90 days)	0.07 (0.02-0.28)	Improved	0.13 (0.04-0.41)	Improved	0.04 (0.01-0.34)	Improved
Under five deaths, per 10,000 per day (retrospective for 90 days)	0.15 (0.02-1.14)	Improved	0	Improved	0	Improved
Proportion of acutely malnourished pregnant and lactating women (MUAC<21.0)	6.5 (2.2-10.8)	Improved	2.0 (0.0-4.1)	Improved	2.6 (0.0-6.5)	Deteriorated
Proportion of acutely malnourished pregnant and lactating women (MUAC<23.0)	16.3 (7.9-24.7)	deteriorated	14.8 (6.6-23.0	Deteriorated	13.0 (5.4-20.6)	Improved
Overall reported morbidity	22.9 (14	Underlying & 5.4-31.2)	Risk Factors 21.8 (10.0-	22.5\	25.5 (18.	2 22 7\
·	,	,	,	,	,	•
Boys	,	3.0-30.9)	20.1 (9.2-	,	25.7 (16.	,
Girls Diarrhoea		3.4-33.2) 7.2-17.3)	23.5 (10.2- 2.8 (1.3-		25.3 (17.) 4.9 (2.0	
Boys	12.3 (6	.4-18.2)	2.9 (1.0-	4.5)	4.8 (1.3	3-8.2)
Girls	12.2 (6	.6-17.8)	2.8 (1.0-		5.1 (1.0	)-2.8)
Pneumonia		-1.6-4.8)	7.4 (3.2-1		6.4 (3.2	
Boys	3.6 (0	.9-6.2)	7.2 (2.4-1	12.1)	5.7 (1.9	9-9.4)
Girls		.0-4.8)	7.6 (3.1-1		7.2 (3.6	
Fever	,	.9-25.9)	17.4 (6.6-	•	20.2 (13.	•
Boys	,	.2-26.4)	15.9 (6.3-25.4)		20.9 (12.6-29.1)	
Girls Measles		2.9-27.1) .0-2.1)	19.0 (6.4-31.5) 2.1 (0.0-1.8)		19.6 (12.5-26.7) 1.0 (0.2-1.9)	
Boys	0.5 (0.0-1.7)		2.5 (0.0-6.9)		0.9 (0.0-1.9)	
Girls	1.4 (0.0-3.0)		1.7 (0.0-4.8)		1.2 (0.0-2.4)	
Vitamin A supplementation	78.5 (67.0-89.9)		66.0 (51.7-80.3)		90.6 (86.8-94.4)	
Boys	80.0 (68.4-91.6)		66.6 (52.9-80.2)		89.8 (84.	6-94.9)
Girls	76.8 (64.0-89.6)		65.4 (49.9-81.0)		91.5 (88.	
Measles Vaccination	,	87.8 (84.2-91.3)		62.8 (50.5-75.1)		5-90.8)
Boys	,	2.8-92.5)	63.0 (51.1-74.9)		82.5 (73.5-91.5)	
Girls Polio immunization		1.0-91.7) 5.6-99.1)	62.6 (49.0-76.2) 93.1 (89.9-96.3)		82.7 (74.2-91.3) 92.4 (86.5-98.4)	
Boys	,	5.4-99.6)	93.3 (89.9-96.7)		91.9 (84.	5-99.3)
Girls	,	1.8-99.4)	92.9 (89.1-96.8)		93.0 (87.	,
Infant and Young Child Feeding (6-24		295	N=21		00.0 (07.	0 00.1
Months) Continued breastfeeding up to 1 year	67.3 (50	0.2-84.4)	47.4 (25.4-	-69.4)	71.2 (55.	2-87.2)
Boys	70.8 (50	0.8-90.8)	43.5 (21.8	-65.2)	72.4 (53.	1-91.7)
Girls	64.3 (41	1.4-87.2)	53.3 (24.2	-82.4)	69.6 (47.	3-91.8)
Continued breastfeeding up to 2 years	18.9 (8	.1-29.7)	13.2 (0.0-	33.4)	21.4 (2.8	3-40.0)
Boys	22.2 (7	7.7-36.8)	13.6 (0.0-	39.9)	21.4 (0.0	)-43.5)
Girls Proportion meeting recommended	15.8 (0	.5-31.1)	12.9 (0.0-	29.9)	21.4 (0.0	)-50.6)
feeding frequencies	53.2 (42	2.4-64.0)	84.2 (77.4	-91.1)		
Boys	53.7 (40	).8-66.7)	83.5(74.4-	92.6)	98.	8
Girls	52.7 (41	.8-63.6)	85.0 (77.4	-91.1		
Proportion who reported to have consumed ≥4 food groups	3.4 (0	.9-5.6	4.2 (0.4-	7.9)		
Boys	4.1 (0	.3-7.8)	0.9 (0.0-	2.8)	95.2	
Girls	2.7 (0	.2-5.3)	7.5 (1.7-1	3.3)		
Proportion of Women who received at least one dose of Tetanus immunization	91.0 (85	5.6-96.5)	80.1 (71.7-	88.4)	79.9 (68.	1-91.8)
Public Health Indicators	N=	396	N=34	4	N=3	82
Household with access to sanitation facilities	44.2 (3	1.1-57.3)	51.4 (33.8	-69.1)	32.2 (18.	3-46.1)
Household with access to safe water	70.0 (54	1.4-85.5)	8.7 (0.0-	17.4)	53.9 (35.	3-72.5)
Proportion who reported to have consumed <4 food groups	4.3 (1	.1-7.5)	2.0 (0.5-	3.6)	1.3 (0.0	0-3.4)
Overall Situation Analysis	Ser	ious	Seriou	IS	Serio	ous

#### Hawd and East Golis and Northwest Agro-pastoral livelihoods results are summarized in Table 10.

## Key highlights

#### **Acute Malnutrition**

The nutrition assessments among the population in Hawd and East Golis pastoral livelihoods recorded GAM rate of **14.4** percent in both livelihoods indicating a stable *Serious* nutrition situation since *Deyr* 2012. When compared with *Gu* 2012, the nutrition situation among the Hawd population has improved from *Critical* then to *Serious* due to increased access to milk while the situation in East Golis has remained stable. Data from the health facilities in East Golis show a low (<10%) and increasing proportion of acutely malnourished children while in Hawd livelihood, a high (>15%) and increasing trend of acutely malnourished children is reported.

The GAM rate of **9.4** percent recorded in *Gu* 2013 among the Agro-pastoral indicates an *Alert* nutrition situation and an improvement from *Serious* nutrition situation observed in *Gu* 2012 and *Deyr* 2012. The improvement is linked to improved access to milk and health facilities. Data from the agro-pastoral areas show a high (>10%) and decreasing trend of acutely malnourished children.

#### Mortality

The results shows a stable Acceptable Crude (<0.5/10,000 person/day) and under five (<1/10,000 children/day) death rate in the three livelihoods since Gu 2012.

## Morbidity

Reported morbidity in the past two weeks to the assessment ranges between 9 percent in East Golis to 18.3 percent in Sool Plateau livelihood indicating that 1 out of 10 children in the three livelihoods was suffering from at least one of the common childhood illness two weeks prior to the assessment. There was no disease outbreak reported in these livelihoods.

#### **Immunization**

The reported Vitamin A supplementation, measles vaccination and Polio immunization by recall in the three livelihoods is high at >80 percent but falls below the recommend SPHERE standard of 95 percent. The exception is low (<80%) measles vaccination among East Golis and Agro-pastoral populations and Vitamin A supplementation in Hawd and Agro-pastoral livelihoods.

#### Maternal Malnutrition:

Malnutrition (MUAC<23 cm) among the pregnanat and lactating women in the three livelihoods ranges from *Acceptable* (<9.5%) levels among in East Golis and Hawd to *Alerts* (<15%) in Agro-pastoral population.

Table 10: Summary of Key Nutrition Findings in East Golis, Hawd and Agro-pastoral Livelihood Zones, July 2013						
	Agro-pastoral		East Golis		Hawd	
	(N= 568: Boys=297 C	Girls= 271)	(N=575: Boys=294	; Girls=281)	(N=591: Boys=28	2; Girls=309)
Indicator		Change from <i>Deyi</i> 2012	Results	Change from Deyr 2012	Results	Change from Deyr 2012
GAM (WHZ<-2 or oedema)	9.4 ( 6.7-13.0 )	Improved	14.4 (11.5-17.9)	Deteriorated	14.4 (11.5-17.9)	Improved
Boys	8.8( 5.6-13.6 ) 10.0 ( 6.5-15.1 )				16.0 (11.4-21.8)	
Girls	0.0 10.1 )		17.3 (13.1-22.6)		12.9 (9.1-18.2)	
SAM (WHZ<-3 or oedema)	0.7 (0.3-1.8)	Improved	11.4 (7.8-16.2) 1.7 ( 1.1- 2.7)	Sustained	1.7 (0.9-3.1)	Improved
,	, ,	iniproved	, ,	Sustained	, ,	improved
Boys	1.0 (0.3-1.8)		1.7 ( 0.7- 3.9)		1.8 (0.6-4.9)	
Girls	0.4 (0.0-2.9)		1.8 ( 0.8- 3.9)		1.6 (0.7-3.8)	
Mean of Weight for Height Z Scores	-0.70 ±0.97	Improved	-0.72 ± 1.14	Deteriorated	-0.72±1.14	Improved
Oedema		Improved	0.0	Improved	0	Improved
Proportion with MUAC<12.5 cm or oedema)	1.8 (0.9-3.4)	Improved	4.1 (2.6- 6.5)	Deteriorated	1.7 (0.7-3.6)	Improved
Boys	1.3 (0.4-4.5)		2.7 (1.2- 5.9)		1.4 (0.4-4.6)	
Girls	2.2 (0.9-5.2)		5.6 (3.4- 8.9)		1.9 (0.8-4.6)	
Proportion with MUAC<11.5 cm or oedema	0	Improved	0.3 (0.1- 1.4)	Deteriorated	0.0	Improved
Boys			0.2 (0.0. 0.6)		0.0	
Girls			0.3 (0.0- 2.6) 0.3 (0.0- 2.7)		0.0	

Stunting (HAZ<-2)	1.8 (0.8-3.9)	Improved	5.2 ( 3.1- 8.7)	Sustained	2.5 (1.3-4.8)	Improved
Boys	2.4 (1.1-5.2)		6.2 ( 3.3-11.2)		3.9 (2.1-7.0)	
Girls Underweight (WAZ<-2)	1.1 (0.1-8.1) 4.9 (2.9-8.3)	Improved	4.3 ( 2.2- 8.0) 6.7 (4.7- 9.4)	Improved	1.3 (0.5-3.4) 5.7 (4.0-7.9)	Improved
Boys	6.1 (3.3-10.9)		8.8 (5.4-13.9)		7.8 (4.7-12.5)	
Girls	3.7 (1.8-7.5)		4.5 (2.8- 7.2)		5.0 (2.8-8.8)	
Malnutrition Trends at Health facilities (January – July 2013)			Low (<10) and increasing trend	Deteriorated	High (>15%) and increasing	Sustained
CDR	0.18 (0.07-0.51)	Improved	0.16 (0.05-0.53)	Improved	0.26 (0.11-0.6))	Improved
U5DR	0.37 (0.09-1.52)	Improved	0.41 (0.06-3.15)	Improved	0.43 (0.11-2.7)	Improved
Proportion of acutely malnourished pregnant and lactating women (MUAC<21.0)	3.6 (0.0-7.3)	Improved	2.0 (0.2-3.8)	Improved	N=289 0.5 (0.0-1.1)	Improved
Proportion of acutely malnourished pregnant and lactating women (MUAC<23.0)	13.0 (4.6-21.3)	Improved	4.0 (0.1-7.9)	Improved	N=289 0.8 (0.0-1.7)	Improved
(WOAO~23.0)	<u> </u>	Under	rlying & Risk Factors			
Overall reported morbidity	12.7 (8.8-	-16.5)	9.0(4.5 – 13.5)		18.3 (13.4-23.2)	
Boys	11.8 (6.6-	-17.0)	7.0 (2.0 – 12.1)		18.7 (12.5-24.9)	
Girls	13.7 (8.4-	-18.9)	11.1 (5.9 – 16.3)		17.9 (12.2-23.6)	
Diarrhoea	4.0 (2.2-	5.9)	3.3 (1.3 – 5.3)		5.0 (2.5-7.5)	
Boys	4.4 (2.0	-6.8)	3.1 (0.2 – 6.0)		5.9 (2.7-9.1)	
Girls Pneumonia	3.7 (0.9- 6.9 (4.2-		3.5 (1.4 – 5.7) 1.4 (0.4 – 2.4)		4.2 (1.5-1.3) 5.8 (3.2-8.4)	
Boys	5.7 (1.5-	9.9)	2.1 (0.7 – 3.5)		5.2 (2.2-8.2)	
Girls Fever	8.1 (4.2- 6.7 (3.6-		0.7 (0.0 – 1.7) 4.8 (1.3 – 8.2)		6.4 (3.0-9.8) 12.8 (8.4-17.2)	
Boys	5.1 (1.7-8.4)		2.4 (0.0 – 4.8) 7.2 (2.0 – 12.3) 1.1 (0.0 – 2.3)		13.4 (8.3-18.5)	
Girls Measles	8.4 (3.7-13.3) 0.7 (0.0-1.4)				12.1 (6.4-17.9) 1.2(0.0-2.4)	
Boys	0.3 (0.0-	-1.0)	0.7 (0.0 – 1.7)		1.9 (0.0-4.1)	
Girls Vitamin A supplementation	1.1 (0.0- 53.7 (39.5		1.4 (0.0 – 3.2) 83.2 (75.1 – 91.4)		0.3 (0.0-1.1) 61.5 (47.1-75.8)	
Boys	55.2 (40.2	•	83.4 (73.9 – 93.0)		63.3 (49.2-77.5)	
Girls Measles Vaccination	52.0 (37.7 63.9 (50.8	-66.3) 3-77.0)	83.0 (74.8 – 91.3) 78.7 (69.6 – 87.7)		59.7 (44.6-75.0) 82.9 (76.1-89.7)	
Boys	64.0 (49.2		80.3 (71.3 – 89.2)		83.4 (76.2-90.6)	
Girls Polio immunization	63.8 (51.8 87.7 (81.6		77.0 (66.8 – 87.1) 92.6 (87.5 – 97.6)		82.4 (75.5-89.4) 92.1 (86.7-97.6)	
Boys	86.9 (80.0	)-93.8	91.0 (84.7 – 97.3)		89.5 (82.1-97.0)	
Girls Infant and Young Child	88.6 (82.0	-95.1)	94.2 (89.8 – 98.7)		94.6 (88.5-100.6) N=248	
Feeding (6-24 Months) Continued breastfeeding up	52.8 (38.5	-67.2)	76.1 (61.9-90.3)		44.9 (30.5-59.3)	
to 1 year	44.4 (24.9		78.6 (54.2-102.9)		40.0 (11.9-68.1)	
Boys Girls	61.5 (42.3	-80.8)	75.0 (58.1-91.9)		48.3 (30.9-65.6)	
Continued breastfeeding up to 2 year	7.0 (0.0-	14.6)	18.5 (6.1-30.9)		7.0 (0.0-14.1)	
Boys	7.4 (0.0-	17.7)	16.1 (4.0-28.3)		0	
	6.3 (0.0-	19.6)	21.7 (1.5-42.0)		12.1 (0.0-14.1)	
Girls Proportion meeting recommended feeding	51.3 (41.6	-61.0)	34.0 (25.9 – 42.1)		43.6 (34.9-52.4)	
frequencies	50.5(39.0	-62.0)	36.2 (26.4 – 45.9)		42.5 (31.5-53.6)	
Boys	53.3 (42.2	-64.3)	32.1 (22.8 – 41.4)		45.2 (34.7-55.6)	
Girls Proportion who reported	1.0 (0.0-	-2 4)	64.9 (54.7-76.0)		0.4 (0.0-1.3)	
to have consumed ≥4 food groups	0	L.T)	62.4 (50.5-74.3))		0.4 (0.0-1.3)	
Boys	2.2(0.0-	5.1)	67.1 (54.9-79.3)		0.7 (0.0-2.2)	
Girls						

Proportion of Women who received at least one dose of Tetanus immunization	64.6 (51.7-77.4)	72.2 (54.5-90.0)	70.1 (58.6-81.6)
Public Health Indicators	N=317	N=297	N=351
Household with access to sanitation facilities	39.7 (23.9-55.6)	27.1 (11.9 – 42.4)	59.2 (47.3-71.1)
Household with access to safe water	6.3 (0.0-14.9)	15.7 (3.8 – 27.6)	100
Proportion who reported to have consumed <4 food groups	11.4 (3.9-18.8)	3.2 (0.0 – 7.1)	5.0 (0.2-9.7)
Overall Situation Analysis	Alert	Serious	Serious

#### Hargeisa, Berbera and Burao IDPs results are summarized in Table 11.

#### Key highlights

#### Acute Malnutrition

**Serious** nutrition situation is observed in *Gu* 2013 among Burao IDP with a **GAM** rate of **14.2** percent and **10.8** percent in Berbera IDPs which is an improvement from *Critical* nutrition situation noted in both *Gu* and *Deyr* 2012 seasons. Improvement is linked to humanitarian assistance and improved food access because of declining food prices in the host urban areas. However, a GAM rate of **18.2** percent recorded among Hargeisa IDPs indicate a *Critical* nutrition situation which is a deterioration from stable *Serious* situation recorded in *Gu* and *Deyr* 2012. The deterioration is partly linked to morbidity especially measles outbreak and reported movement of the urban poor and IDPs hosted in the community to IDP camps in oder to access humanitarian assistance.

#### Mortality

The results shows a stable *Acceptable* Crude (<0.5/10,000 person/day) and under five (<1/10,000 children/day) death rate among the three IDP populations since *Gu* 2012.

#### Morbidity

Reported morbidity in the two weeks prior to the assessment ranges between 12.7 percent in Berbera IDPs to 17 percent in Hargeisa IDP indicating that 3 out of 20 children in the three IDP groups was suffering from at least one of the common childhood illnesses two weeks prior to the assessment.

## Immunization

The reported Vitamin A supplementation, measles vaccination and Polio immunization status by recall was within or above the recommend SPHERE standard of 95 percent. In Hargeisa and Berbera the reported status of measles vaccination and vitamin A supplementation was low (<80%) while Polio immunization was high at >90 percent.

#### Maternal Malnutrition:

Acceptable levels of maternal malnutrition (MUAC<23 cm in <9.5%) levels of the pregnant and lactating women in the three IDPs settlements were observed.

Table 11: Summary of Key Nutrition Findings in IDPs Hargeisa Berbera and \Burao livelihood Zones July 2013							
	Hargeisa II	)Ps	Burao IDPs Ret	turnees	Berbera IDPs R	leturnees	
	30 Clusters (N=495	Boys=244	32 Clusters (N=706	Boys=374	28 Clusters (N=51	3 Boys=260	
	Girls=251	)	Girls=332	2)	Girls=25	3)	
Indicator	Results	Change from Deyr 2013	Results	Change from Deyr 2013	Results	Change from Deyr 2013	
Global Acute Malnutrition	10.0 (11.0 00.0)		44.0 (44.5.47.5)		10.007.10.5%		
(WHZ<-2 or oedema)	<b>18.2</b> (14.3-23.0)		<b>14.2</b> (11.5-17.5)		<b>10.8</b> 8.7-13.5))		
Boys	19.7 (14.0-26.9)	Deteriorated	16.5 (12.1-22.0)	Improved	11.7 (7.8-17.1)	Improved	
Girls	16.9 (12.6-22.2)		11.7 (8.6-15.8)		10.0 (7.3-13.5)		
Severe Acute Malnutrition (WHZ<-3 or oedema)	<b>2.5</b> (1.3-4.7)		<b>2.6</b> (1.7-3.9)		<b>2.0</b> (1.2-3.3))		
Boys	3.3 (1.6-6.8)	Deteriorated	3.5 (2.2-5.6)	Deteriorated	1.6 (0.6-4.0)	Improved	
Girls	1.6 (0.6-4.1)		1.5 (0.6-3.5		2.4 (1.1-5.1)		
Mean of Weight for Height Z Scores	-1.01±1.01		-0.92±1.05		-0.75±1.02		
Oedema	0.8	Deteriorated	0.0		0	Improved	

D :: :: .:						
Proportion with MUAC<12.5 cm or oedema)	7.3 (5.4-9.8)		3.1 (2.0-4.8)		2.5 (1.3-4.8)	
Boys		Deteriorated	2.1 (1.2-3.9))	Deteriorated	0.8 (0.2-3.2)	Improved
Girls	7.4 (4.7-11.5)		4.2 (2.3-7.5)		4.3 (2.3-8.0)	
Proportion with MUAC<11.5 cm	7.2 (5.1-10.0)					
or oedema	2.6 (1.5-4.5)		0.1 (0.0-1.1)		0.6 (0.2 -1.8)	
Boys	,	Deteriorated	0	Improved	, ,	Improved
Girls	3.3 (1.7-6.2)		0.3 (0.0-2.3)		0.4 (0.0-3.0)	
Stunting (HAZ<-2)	2.0 (0.9-4.6) 8.2 (4.9-13.2)		2.6 (1.3-5.1)		0.8 (0.2-3.2) 2.4 (1.3-4.4)	
Boys	10.4 (5.3-19.3)		3.8 (7.5))		2.7 (1.1-6.4)	
	· · · · · ·		` "			
Girls Underweight (WAZ<-2)	6.0 (3.5-10.1) 12.3 (8.6-17.2)		1.2 (0.5-3.2) 5.4 (3.9-7.5)		2.0 (0.7-5.5) 6.1 (3.9-9.3)	
Boys	16.2 (11.2-22.9)		6.7 (4.1-10.6)		8.1 (4.9-13.0)	
			, , ,			
Girls Malnutrition Trends at Health	8.5 (5.3-13.4)	Overteinend	3.9 (2.3-6.5) High (>15%) and	Datarianatad	4.0 (2.1-7.5) Low (<5%) and	Ountained
facilities (January – July 2013) Crude deaths, per 10,000 per	Low (<10%) and stable	Sustained	decreasing	Deteriorated	fluctuating	Sustained
day (retrospective for 90 days) Under five deaths, per 10,000	0.23 (0.07-0.78)	Improved	<b>0.17</b> (0.06-0.50)	Improved	<b>0.28</b> (0.14-0.55)	Deteriorated
per day (retrospective for 90 days)	<b>0.57</b> (0.13-2.00)	Improved	<b>0.61</b> (0.23-1.60)	Deteriorated	<b>0.77</b> (0.30-2.00)	Deteriorated
Proportion of acutely malnourished pregnant and lactating women (MUAC<21.0)	4.7 (0.0-11.1)		0	Sustained	1.2 (0.0-3.0)	Improved
Proportion of acutely malnourished pregnant and	1.5 (0.0-3.7	Improved	4.2 (0.0-10.9)	deteriorated	6.3 (0.0-15.3)	Improved
lactating women (MUAC<23.0)		·	` ′			,
Overall reported morbidity	17.0 (12.9-21.		g & Risk Factors 15.9 (8.3-23	4)	12.7 (4.7-20	1.6)
	•	"	•	*	,	,
Boys	15.6( 10.9-20.3)		16.8(8.2-25.5)		11.2(4.0-18.4)	
Girls Diarrhoea	18.2(11.5-25.2) 7.3(4.2-10.3)		14.8(7.6-22.0) 5.1 (2.2-8.0)		14.2(5.1-23.4) 6.2(0.7-11.7)	
Boys	, ,		5.3(1.7-9.0	,	5.4(0.7-10	,
	7.4(4.4-10.3		4.8(1.9-7.7)		,	•
Girls	7.2(2.9-11.4) 6.1(3.3-8.9)		4.8(1.9-7.7	)	7.1(0.5-13	.7)
Pneumonia	5.3(2.3-8.4)		5.1 (2.2-8.0	)	7.2(2.3-12	.2)
Boys			6.4(2.2-10.6	6)	6.5(1.9-11	.2)
Girls	6.8(2.8-10.7)		3.6(0.1-7.1)		7.9(2.1-13.7)	
Measles	7.3 (4.2-10.3) 1.2 (0.0-2.7)		0.6 (0.0-1.5	)	1.8 (0.0-4	.0)
Boys	0.4(0.0-1.3)		0.5(0.0-1.6	)	1.5(0.0-3.	4)
Girls	2.0(0.0-2.0)		0.6(0.0-1.5		2.0(0.0-4.8)	
Fever	8.3 (4.3-12.2)		11.0 (5.6-16.5)		7.8 (1.4-14.2)	
Boys	7.8(3.2-12.		11.8(5.8-17.	3)	6.9(1.0-12	.9)
Girls	8.8(2.8-10.7	)	10.2(4.5-16	0	8.7(1.4-16	.0)
Vitamin A supplementation	60.0 (47.0-73.	0)	94.6 (91.0-98.2)		71.9 (58.2-85.7)	
Boys	60.7(46.7-74.0	6)	93.6(89.1-98.2)		72.7(58.3-87.0)	
Girls	59.4(46.1-72.		95.8(92.0-99.6)		71.1(57.1-85.2)	
Measles Vaccination	58.8 (47.5-70.	1)	96.0 (93.4-98.6)		64.7 (52.0-77.4)	
Boys	59.8(47.2-72.	5)	95.7(92.1-99.4)		67.7(53.4-82.0)	
Girls Polio immunization	57.8(46.1-69.4)		96.4(93.9-98.9)		61.7(49.1-7	4.1)
Boys	90.9 (87-94.8)		96.7 (94.5 -99.0)		97.9 (95.7-1	00)
Girls Infant and Young Child Feeding	7 N= 195		N=268		N=147	
(6-24 Months) Continued breastfeeding up to						
1 year Boys	32.5 (16.8-48.2)		56.9 (40.2-73	5.5)	72.7 (53.8-9	91.6)
Girls Continued breastfeeding up to						
2 years	60/00446	0	0.0/4.0.47	1)	10.1 (0.0.0)	3.4)
Boys	6.8 (0.0-14.6		9.2 (1.3-17.	7	12.1 (0.0-2)	JT)
Girls						

Proportion meeting recommended feeding frequencies	55.4 (44.1-66.6)	65.4 (55.4-75.5)	61.2 (49.0-75.9)
	56.5 (41.8-71.2)	62.9 (52.2-73.4)	58.7(41.5-75.9)
Boys	54.4 (40.8-67.9)	68.3 (54.8-81.7)	63.1 (50.1-76.1)
Girls	,	,	,
Proportion who reported to have consumed <4 food groups	3.6 (0.0-1.4)	2.6 (0.0-6.0)	8.3 (1.4-15.2)
Boys	3.4 (0.0-8.0)	0	9.5 (0.8-18.3)
Girls	3.9 (0.2-7.6)	3.4 (0.0-16.5)	8.3 (1.4-15.2)
Proportion of Women who received at least one dose of Tetanus immunization	88.5 (84.1-92.8)	97.1 (94.9 -99.2)	93.9 (90.7-97.2)
Public Health Indicators	N= 265	N= 305	N=147
Household with access to sanitation facilities	94.9 (91.9-97.9)	100	99.2 (98.1-100.3
Household with access to safe water	74.0	98.7 (96.6-100.0)	94.8 (91.4-98.2
Proportion who reported to have consumed <4 food groups	75.5 (66.5-84.5)	95 (96.6-100.0)	87.3 (78.9-95.6)
Overall Situation Analysis	Critical	Serious	Serious

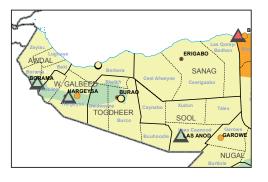
## Hot spot for Acute Malnutrition in Northwest Somalia

Hargeisa IDPs with GAM rate of exceeding 15 percent is a hot spot requiring immediate interventions to both treat the acutely malnourished children and prevent further deterioration of the nutrition situation.

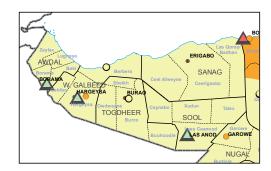
#### Outlook

The nutrition situation in Northwest regions is largely expected to remain stable in the coming two months with exception of agro-pastoral which are expected to deteriorate marginally to *Serious* levels in line with seasonal trends and in light of the low crop harvest recorded in *Gu* 2013 season. The maps below show current and projected nutrition situation in Northwest regions. The current Stressed food security situation in Northwest regions is similarly projected to remain stable up to December 2013.

## **Nutrition Situation, July 2013**



## Projected Nutrition Situation Aug-Oct 2013



# **4.2 NORTHEAST REGIONS**

#### **BACKGROUND**

The North East region, constitutes 2 main regions namely, Bari and Nugal, with an estimated population of 500, 000 according to UNDP 2005 figures. The population is predominately pastoral with seven livelihood zones: the Hawd, Addun, Coastal *Deeh*, East Golis, Karkaar/Dharoor Valley, Nugal valley and Sool Plateau. The Hawd and Addun cut across the Northeast and Central regions and the East Golis, Sool and Nugal valley livelihoods cut across the Northeast and Northwest regions.

#### Food security situation

According to food security analysis, there has been an improvement in the food security situation in most of North east region since *Deyr* 12/13. The areas' snapshot analysis indicate all the livelihoods in the region are classified as **Stressed** (IPC Phase 2). Projections for the next 6 months indicate that the food secirity situation in the area will remain the same.

#### Post Gu 2013 Nutrition situation

The Post *Gu* 2013 nutrition situation indicate a mixed picture across the NE livelihood zones in past 12 months. Seasonality of malnutrition in Somalia point to the fact that there is increased vulnerability during *Gu*. IDP and Urban population also indicate increased vulnerability with acute malnutrition sustained above emergency levels (15%) except Qardho IDP, which showed significant improvement since *Deyr* 12/13. (See progression maps below):

The maps below show the trends of nutrition situation in Northeast Region, Gu 2012 to Gu 2013.

#### Nutrition Situation, Gu 2012



# Nutrition Situation, Deyr 2012/13



#### Nutrition Situation, Gu 2013



Table 12: Summary Results Table of the Northeast Surveys, Gu 2013

Population assessed	GAM	SAM	Total Stunting	Underweight	CDR	U5DR	PLW<23
EGolis (NE)	16.7	3.6	9.7	15.1	0.28	0.53	23.9
Coastal deeh (NE)	10.8	1.7	14.7	11.2	0.11	0.36	18.6
Nugal0712	11.3	1.3	2	2.5	0.03	0	
Bossaso IDPs	17.3	3.8	30	29.9	0.18	0.35	17.1
Qardho IDPs	14.9	2.8	22.9	21.8	0.26	0.28	17.7 Plateau
Garowe IDPs	19.2	5.8	14.1	19.7	0.16	0.26	10.9
Galkayo IDP's	19.4	2.5	27.7	28.1	0.22	0.23	28.8
Bari Urban	21.2	5.7	11.9	16.8			
Sool Plateau	10.8	1.5	5	6.2	0.04	0	13.0
Nugal Urban	10.3	1.4	4.3	6.3			

#### Key Highlights among the Rural Livelihoods in NE Region

#### **Acute Malnutrition**

- The *Gu* 2013 analysis results show **Critical** nutrition situation in East Golis with a GAM of 16.7 percent and SAM of 3.6 percent suggesting 1 in every 6 children aged 6-59 months is at increased risk of morbidity and death. In the past 6-12 months, the nutrition situation has been at *Serious* levels and therefore indicating a deterioration since *Deyr* 12/13 attributed to poor milk access as a result of below average *Gu*'13 rains.
- In Nugal, the malnutrition situation has shown a downward trend indicating overall improvement in two consecutive seasons. The *Gu* 2013 assessment revealed **Serious** nutrition situation with a GAM of 11.3 percent and a SAM of 1.3 percent. Improved milk access resulting from above average *Deyr'* 12 and *Gu'*13 rain performance in Nugal region has been attributed to steady improvement observed over the past 12 months, from *Very critical* nutrition situation (*Gu* 12) to *Serious* in the current season.
- In Sool plateau a deterioration in the past 6 months was registered with *Gu* 2013 reporting a **Serious** nutrition situation from *Alert* in *Deyr* 12/13. The situation was the same in *Gu* last year, further indicating the seasonality of acute malnutrition in Somalia suggesting increased vulnerability during *Gu*.
- While all other areas showing a mixed picture, the coastal Deeh strip has registered sustained **Serious** nutrition situation over the previous 12 months.

#### **Mortality rates**

In all rural livelihoods of NE region, the CDR and U5DR registered acceptable levels indicating a stable health situation in the prveious 12 months.

#### **Morbidity:**

High morbidity rates contribute to high rates of malnutrition. As observed among displaced populations, morbidity burden is a public health concern as well in rural livelihoods. Overall disease incidence indicate 1 in every 4 children reportedly fell ill in the two week period prior to assessments suggesting heavy morbidity burden.

#### **Immunization:**

In all the rural livelihoods, overall Measles vaccination and Vitamin A supplementation fell below the recommended thresholds (>95%). This is an indication that there is still a gap in health intervention programmes.

#### **Maternal Malnutrition:**

The assessment of maternal malnutrition for pregnant and lactating women (MUAC <23.0cm) show that on average 1 in every 6 pregnant and lactating women is at risk of malnutrition and consequently have increased likelikhood of poor birth outcomes.

The table below show the results from 3 rural livelihoods of Sool plateau, E.Golis and Coastal Deeh.

Table 13: Summary of Key N	lutrition Findings in S	Sool Plateau, East	golis NE, and Coa	stal Deeh NE L	ivelihood Zones,	September 2013
	Sool plateau (N=658: Boys=329:	Girls=320)	E.golisNE(N=581: Girls=299)	E.golisNE(N=581: Boys=282; Girls=299)		; Girls=382)
Indicator	Results	Comment	Results	Comment	Results	Comment
		Since Deyr '12		Since Deyr '12		Since Deyr '12
GAM (WHZ<-2 or oedema)	10.8 ( 8.5-13.6)	Deteriorated	16.7 (14.0-19.8)	Deteriorated	10.8(8.7-13.3)	Deteriorated
Boys	12.2 ( 8.8-16.5)		16.7 (12.9-21.3)		12.9(9.4-17.4)	
Girls	9.4 ( 6.8-13.0)		16.7 (12.4-22.1)		8.6 (5.7-13.0)	
SAM (WHZ<-3 or oedema)	1.5 (0.8-3.0) 2.4 (1.1-5.4)	Deteriorated	3.6 (2.4-5.3)	Deteriorated	1.7 (1.1-2.7)	Deteriorated
Boys	, ,		3.2 ( 1.7- 5.9)		2.3 (1.2-4.5)	
Girls	0.6 (0.1- 2.6		4.0 ( 2.4- 6.5)		1.0 (0.4- 2.7)	
Mean of Weight for Height Z Scores	-0.68±1.01		-0.90±1.15		-0.60±1.12	
Oedema	0.3					
MUAC<12.5 cm or oedema)	2.6(1.7- 3.8)	Deteriorated	3.9 ( 2.3- 6.5)	Deteriorated	1.4 (0.7- 2.8)	Improved
Boys	2.7 (1.6- 4.6)		2.8( 1.2- 6.1)		0.5(0.1- 2.1)	
Girls	2.4 (1.2- 4.6)		4.9 ( 2.8- 8.4		2.3 (1.0- 5.0)	
MUAC<11.5 cm or oedema	0.6(0.8-1.8)	Deteriorated	1.3 ( 0.6- 3.0)	Deteriorated	0.4 (0.1-1.7)	Improved
Boys	0.5 (0.1-2.5)		1.4( 0.5- 3.5)		0.0	
Girls	0.8 (0.3- 2.9)		1.3 ( 0.4- 4.3)		0.8 (0.2- 3.3)	

Stunting (HAZ<-2)	5.0 (3.3-7.6)		9.7 (6.8-13.4)		14.7 (11.8-18.2)	
Boys	7.3(4.4-11.8)		13.9 ( 9.8-19.5)		19.615.3-24.7)	
Girls Underweight (WAZ<-2)	2.8 (1.4-5.5) 6.2 (4.1-9.2)		5.7 ( 3.5- 9.1) 15.1 (12.4-18.2)		9.8 (6.9-13.9) 11.2 ( 9.2-13.6)	
	8.5 (5.6-12.6)		15.1 (12.4-16.2)		12.9 (9.6-17.1)	
Boys Girls	3.9 (2.2-7.0)		, , , , ,		, , ,	
Malnutrition Trends at Health	Low (<10%) and		15.2 (11.3-20.3) High (<10-20%)		9.5 (6.7-13.3) High (15%) but	
facilities (January – July 2012)	decreasing trend		&fluctuating		decreasing	
CDR	0.04(0.01-0.34)	Sustained	0.28 (0.12-0.68)	Deteriorated	0.11 (0.04-0.35)	Improved
U5DR	0	Improved	0.53(0.17-1.61)	Deteriorated	0.36 (0.12 – 1.12)	Improved
Pregnant and lactating women (MUAC<21.0)	2.6 (0.0-6.5)	Improved	7.7(2.8-12.8)	N/A	4.2 (1.2-7.2)	N/A
Pregnant and lactating women (MUAC<23.0)	13.0 (5.4-20.6)	N/A	23.9(17.2-30.7)	Improved	18.6 (13.0-24.2)	Deteriorated
	05.5.40.0	, ,	& Risk Factors	05.0)	44.7 (00.0	50.5)
Overall reported morbidity	25.5 (18.3-	,	25.0 (14.9-	•	41.7 (30.8-	,
Boys	25.7 (16.7-		23.9(13.2-	•	38.0 (26.4	•
Girls Diarrhoea	25.3 (17.2- 4.9 (2.0-		25.9(15.7-3 4.5(2.4-7		45.3 (34.3- 7.0 (4.2-9	
Boys	4.8 (1.3-	3.2)	3.1(1.0-5	5.4)	5.5 (2.2-	8.9)
Girls	5.1 (1.0-2	2.8)	5.8(3.0-8	3.7)	8.4 (5.3-1	1.5)
Pneumonia	6.4 (3.2-	,	10.4(4.3-1	*	19.1 (12.3-	25.9)
Boys	5.7 (1.9-	•	10.8(3.7-1	,	17.4 (10.8-	,
Girls Measles	7.2 (3.6-1 1.0 (0.2-		10.1(4.3-15.8) 0.2(0.0-0.5)		20.9 (13.5-28.2) 2.9 (1.1-4.5)	
Boys	0.9 (0.0-	1.9)	0.3(0.0-1.1)		3.0 (0.7-5.3)	
Girls	1.2 (0.0-		0.0		2.5 (0.7-4.4)	
Fever	20.2 (13.6-	,	19.1(12.3-2	,	26.1 (19.8-32.4)	
Boys	20.9 (12.6	•	18.1(10.4-25.7)		26.4 (18.2-34.7)	
Girls Vitamin A supplementation	19.6 (12.5- 90.6 (86.8-		20.1(12.7-2 75.8 (61.9-		25.7 (19.6- 70.0 (57.0-	
Boys	89.8 (84.6-	94.90)	75.0(60.4-89.6)		72.0 (60.3-	83.7)
Girls Measles Vaccination	91.5 (88.1 82.6 (74.5-		76.6(62.9-90.4) 72.1(58.4-85.8)		67.9 (52.7-83.1) 68.6 (55.9-81.3)	
Boys	82.5 (73.5	,	71.9(57.6-	,	71.0 (59.5-	
Girls	82.7 (74.2-		72.4(58.4-		66.2 (51.5-	
Polio immunization	92.4 (86.5		86.4(79.9-		83.3 (77.0-	
Boys	91.9 (84.5-	,	87.8(81.4-	,	83.1 (77.0-	,
Girls IYCF (6-24 Months)	93.0 (87.9- n=164	98.1) L	85.1(77.5-) n=202		83.5 (75.4 n=260	·91.5) <b>)</b>
Proportion still breastfeeding	56.5 (45.5	67.5)	38.0(28.4-	47.7)	51.0 (42.7-	59.2)
Boys	61.3 (48.9	73.7)	34.1(23.9-	44.3)	50.7 (38.9-	62.6)
Girls Proportion meeting recommended	51.5 (39.9-	63.2)	41.7(29.3-	54.1)	51.2 (42.0-	60.4)
feeding frequencies	30.0 (26.3·	33.6)	17.1 (12.6-	21.6)	20.3 (17.7-	22.8)
Boys	31.9 (26.6	,	17.4 (11.9-	,	21.7 (17.8-	
Girls	28.0 (21.9·	,	16.9 (12.2-	,	18.3 (15.1-	,
Proportion who reported to have consumed <4 food groups	98.8(97.0-1	00.0)	T92.1(86.8	-97.3)	94.6(89.4-	99.9)
Boys	98.5(95.5-	00.0)	92.6(86.6-	98.5)	95.5(90.0-	100.0)
Girls	99.2(97.5-1	00.0)	91.7(84.7-	98.6)	93.7(87.4-1	00.0)
Women who received at least one dose of Tetanus immunization	12.8 (7.7-	17.8)	11.1(5.8-1	6.3)	8.8 (5.7-1	1.9)
Public Health Indicators	n=38		n=416		n=483	
Access to sanitation facilities	32.2 (18.3	46.1)	59.8 (41.5	-78.0)	63.7 (49.6 -	- 77.8)
Access to safe water	53.9 (35.3	72.5)	52.0 (32.9 -	- 71.6)	64.2 (46.5 -	- 81.9)
Proportion who reported to have consumed <4 food groups	1.3 (0.0-	3.4)	1.9(0.2-3	3.6)	1.3 (0.0-2	2.8)
Overall Situation Analysis	Seriou	S	Critica	al	Seriou	IS
-						

#### Key Highlights among the IDPs in NE region

#### **Acute Malnutrition**

- During the Gu 2013, Bossaso IDPs reported Critical nutrition situation with a GAM of 17.3 percent and a SAM of 3.8 percent suggesting 1 in every 6 children aged 6-59 months is malnourished and at increased risk of morbidity and death. Significantly more boys (22.2 %) than girls (12.9 %) were acutely malnourished. Overall, a slight improvement was noted from Very critical situation reported six months ago- Deyr' 12/13.
- In Qardho IDP, a GAM of 14.9 percent and a SAM of 2.8 percent were reported indicative of the **Serious** nutrition situation. There was a significant improvement from *Very critical* nutrition situation reported in *Deyr* 2012/13. The improvement has largely been attributed to intensified intervention that has had a positive impact on malnutrition and morbidity rates.
- Assessment of the Garowe IDP's indicate deterioration since *Deyr* 2012/13 from *Serious* to **Critical** nutrition situation with a GAM of 19.2 percent and a SAM of 5.8 percent.
- In Galkayo, a **Critical** nutrition situation with a GAM of 19.4 percent and SAM of 2.5 percent were reported suggesting 1 in every 5 children aged 6-59 months are malnourished and consequently at increased risk of morbidity and death. *Critical* nutrition situation has been sustained over the previous 12 months.

#### **Mortality rates**

Among all the four IDPs in the NE region, mortality assessment showed acceptable levels for both CDR and U5DR indicating normal situation in the surveyed population.

#### **Morbidity:**

Morbidity is an important risk factor of acute malnutrition and has indicated to significantly correlate with acute malnutrition among the IDPS. Garowe IDPs reported 37.3 percent overall illness while Bossaso and Galkayo findings reported 35.0 and 40.4 percent respectively. Similarly, in Qardho a high proportion, 35 percent, of children aged between 6-59 months reported some form of illness. These rates suggest high incidence of morbidity estimated at 1 in every 3 children aged between 6-59 months reportedly fell ill in the two week period prior to assessments.

#### **Immunization:**

Overall measles vaccination and Vitamin A supplementation are below the recommended Sphere thresholds of (>95%) for all IDP camps.

#### **Maternal Malnutrition:**

Poor maternal health has been shown to impact negatively on the nutritional well-being of unborn child and birth outcomes. In the IDP camps, malnutrition rates among the pregnant and lactating women are reportedly high with an average of 1 in every 6 pregnant and lactating women malnourished and therefore likely to give birth to a nutritionally at risk child. This situation indicate that maternal health in IDP camps is a public health concern.

The tables 14 below show Gu' 13 findings for Bossaso, Qardho, Garowe, Galkayo and Nugal valley.

Table 14: Summary of Key Nutr			· · · · · · · · · · · · · · · · · · ·		,	
	Bossaso	DIDP's	Qardho	IDP's	Garowe I	DP's
	(N=863: Boys40	6=; Girls=457)	(N=374: Boys=	e; Girls=349)	(N=756: Boys= 35	6; Girls=400)
Indicator	Results	Comment:	Results	Comment:	Results	Comment:
		Since Deyr'12		Since Deyr'12		Since Deyr'12
GAM (WHZ<-2 or oedema)	<b>17.3</b> (14.5-20.5)	Improved	14.9	Improved	19.2 (16.1 – 22.6	Improved
,	, ,	Improved		IIIpioved	,	Improved
Boys	22.2 (18.1-26.8)		19.3		21.6 (18.0 – 25.8)	
Girls	12.9 (10.1-16.4)		10.3		17.0 (13.0 – 21.9)	
SAM (WHZ<-3 or oedema)	3.8 (2.6-5.6)	Improved	10.3 2.8	Improved	5.8 (4.6 – 7.4)	Improved
Boys	5.7 (3.7 – 8.7)		3.5		7.6 (5.6 – 10.2)	
Girls	2.2 (1.1 – 4.2)		2.0		4.3 (2.5 – 7.0)	
Mean of Weight for Height Z Scores	1.01 ± 1.04		0.84±1.11		0.98±1.19	
Oedema	0		0.1		0	
MUAC<12.5 cm or oedema)	10.6 (8.4-12.9)	Improved	4.1	Improved	11.6 (9.4 – 14.2)	Improved
Boys	8.2 (5.8-11.0)		4.5		15.0 (11.9 – 18.8)	
Girls	12.8 (10.0-15.8)		3.6		8.5 (5.9 – 12.2)	
MUAC<11.5 cm or oedema	2.0 (1.1-3.7)	Improved	3.6 1.5	Improved	2.9 (2.1 – 4.1)	Improved
Boys	1.0 ( 0.3- 3.2)		2.1		4.2 (2.5-6.8)	
Girls	3.0 ( 1.5- 5.6)		0.8		1.8 (0.9-3.2)	

Overall Situation Analysis	Crit	cal	Serio	us	Critica	il	
Proportion who reported to have consumed >=4 food groups	99.7 (99.	1-100.0)	98.0	0	47.5 (45.5-	49.4)	
Access to safe water	20.3 (6.		92.9		99.3 (98.5		
Access to sanitation facilities	92.4 (84	•	93.0		75.4 (66.2-	•	
Public Health Indicators	n=650		n=52	26	n=497	′	
Vomen who received at least one lose of Tetanus immunization	98.2 (96	,	87.0		89.2 (85.9-	,	
onsumed <4 food groups	`	,			,	<u> </u>	
Proportion who reported to have	15.1 (8.	7-21.5)	4.3		1.1 (0.0-2	2.2)	
Proportion meeting recommended eeding frequencies	96.7 (89.	9-100.0)	55.3		22.2(14.7-		
Birls			47.7		44.2 (26.5-	,	
Boys	,		45.8	3	60.4 (44.8-	· ·	
Months) Proportion still breastfeeding	58.0 (48	.8-67.1)	46.8	3	52.7 (40.3-	65.2)	
nfant and Young Child Feeding (6-24	n=3	341	n=25	55	n=263	3	
Airls	96.0 (93	.4-98.6)	96.	1	90.1 (86.3-	93.8)	
Boys	97.9 (96	.7-99.1)	92.4	4	88.9 (84.7-	93.1)	
Girls Polio immunization	79.6 (71 96.9 (95	.5-87.7) .2-98.6)	68.9 94.2		71.4 (64.4- 89.6 (86.6-	78.4) 92.5)	
Boys	79.8 (71	,	72.5		66.0 (59.6-72.4)		
Measles Vaccination	79.7 (71	,	70.8		68.9 (62.8-75.1)		
Girls	85.0 (77		90.8		78.4 (72.5-84.2)		
Boys	85.7 (77	.5-94.0)	48.8		73.5 (67.6-79.3)		
irls itamin A supplementation	23.6 (14 85.3 (77	.3-32.9) .6-92.7)		32.2 87.7		25.4 (19.2-31.5) 76.1 (70.8-81.4)	
Boys	19.2 (10		40.4		31.6 (24.7-	ŕ	
ever	21.3 (12	,	36.4		28.3 (22.4-34.2)		
airls	1.4 (0.		2.5		2.5 (0.7-4.1)		
Boys	0.2 (0.	0-0.6)	5.0		5.0 (2.4-7.5)		
Measles	0.7 (0.0-1.5)		3.8		3.7 (1.9-5.4)		
Airls	21.9 (14	.8-29.0)	18.1		4.5 (1.9-7.1)		
Boys	25.7 (17	,		19.9		5.8 (3.4-8.2)	
Pneumonia	23.7 (16	,	19.0		5.1 (3.1-7	,	
Airls	5.7 (2.		13.0		10.2 (7.3-		
Boys	6.1 (2.	7-9.5)	17.5	5	11.9 (8.8-1	15.0)	
Diarrhoea	5.9 (3.	0-9.0)	15.5	5	11.0 (8.7-1	3.3)	
Girls	32.3 (22	.9-41./)	43		34.0 (28.0-	40.0)	
Boys	38.1 (27	•	51.2		40.7 (35.7-	,	
Overall reported morbidity	35 (25.	,	47.6		37.2 (32.5-	,	
MUAC<23.0)		Underlying an	d Risk Factors		25.11.	44.0)	
MUAC<21.0) Pregnant and lactating women	17.1 (13.0-21.4)	Improved	17.7	Improved	10.9 (7.5-14.3)	Improved	
	4.1 (1.3-6.9)			N/A			
	0.3 (0.0-0.9)		0.0	N/A	0.0		
J5DR	0.35 (0.11-1.10)	Improved	0.28 /10,000/day	N/A	<b>0.26</b> (0.06-1.09)	Improved	
Girls CDR	25.8 (20.5-32.0) 0.18 (0.09-0.39)	Improved	15.9 0.26/10,000/day	N/A	16.2 (12.5 – 20.7) <b>0.16</b> (0.05-0.53)	Improved	
Boys	34.5 (28.9-40.6)		27.4		23.5 (19.8 – 27.6)		
Jnderweight (WAZ<-2)	29.9 (25.2-35.1)		21.8		19.7 (16.5 – 23.2)		
Girls	29.1 (23.1-35.9)		20.5		12.2 (9.1 -16.2)		
Boys	31.1 (24.4-38.7)		25.3		16.3 (13.2 – 20.0)		
	30.0 (24.2-36.6)				14.1 (11.5 – 17.2)		

Table 15 Summary of Key Nutrition Findi	ngs in Galkayo IDP a	and Nu Livelihood	Zones, December 20	13		
	Galkayo IDP's		Nugal	ıgal		
	(N=907: Boys475=; Gir		N=710: Boys=365; Girls=			
Indicator	Results	Comment change since <i>Deyr</i> ' 2012-13'	Results	Commenthange since <i>Deyr'</i> 2012-13'		
GAM (WHZ<-2 or oedema)	19.4 (17.0-21.1)	Improved	11.3 (8.9-14.2)	Improved		
Boys	20.0 (16.8-23.6)		13.1 (9.9-17.1)			
Girls	18.8 (15.4 – 22.6)		9.4 (6.8-12.8)			
SAM (WHZ<-3 or oedema)	<b>2.5</b> (1.8 – 3.6)	Improved	1.3 (0.6-2.9)	Improved		
Boys	2.3 (1.3 – 4.2 )		1.1 (0.3-3.7)			
Girls Mean of Weight for Height Z Scores	2.8 (1.7 – 4.4) -1.00 ± 1.13		1.4 (0.5-3.9) -0.67±1.05			
Dedema	0		0			
MUAC<12.5 cm or oedema)	6.9 (4.3 – 10.8)	Deteriorated	2.4 (1.4-4.1)	Deteriorated		
Boys	5.8 (3.6 – 9.2)		3.1 (1.6-5.7)			
Girls	8.1 (4.9 – 13.1)	Improved	1.7 (0.7-4.1)	Deterioreted		
MUAC<11.5 cm or oedema	0.6(0.3 – 1.6)	Improved	0.4 (0.1-1.3)	Deteriorated		
Boys	0.8 ( 0.2- 2.8)		0.6 (0.1-2.3)			
Girls Stunting (HAZ<-2)	0.4 ( 0.1- 1.8) 27.7 (21.7 – 34.5)		0.3 (0.0-2.1) 2.0 (0.9-4.1)			
Boys	27.8 (21.4 – 35.4)		3.1 (1.5-6.1)			
Girls	27.5 (20.8-35.3)		0.9 (0.2-3.7)			
Underweight (WAZ<-2)	28.1 (22.8-34.1)		2.5 (1.4-4.5)			
Boys	28.3(21.8-35.7)		3.6 (2.1-6.2)			
Girls Malnutrition Trends at Health facilities (January - July 2012)	27.9 (22.4 – 34.1)		1.4 (0.6-3.30			
CDR	<b>0.22</b> (0.08 – 0.58)	Improved	NA	NA		
U5DR	<b>0.23</b> (0.06 – 0.95)	Improved	NA	NA		
Non pregnant/lactating women (MUAC <18.5 cm)	0.7 (0.0-1.4)	Deteriorated	0			
Pregnant and lactating women (MUAC<21.0)	5.3 (2.0-8.5)	Deteriorated	2.0 (0.0-4.1)	Deteriorated		
Pregnant and lactating women (MUAC<23.0)	28.8 (24.0-33.7)	Deteriorated	14.8 (6.6-23.0)	Deteriorated		
Overall reported morbidity	40.4 (32.5-4	18.2)	21.8 (10	.0-33.5)		
Boys	36.3 (28.0-4	14.6)	20.1 (9.	2-30.9)		
Girls	44.7 (36.7-5		23.5 (10			
Diarrhoea	14.0 (9.8-18		2.8 (1.			
Boys	12.4 (8.0-16	,	2.9 (1.	,		
Girls Pneumonia	15.7 (10.6-2 16.6 (11.6-2		2.8 (1. 7.4 (3.	0-4.6) 2-11.7)		
Boys	15.7 (10.3-2	1.2)	7.2 (2	4-12.1)		
Girls	17.5 (11.6-2		7.6 (3.			
Measles	6.0 (3.0-9	.1)	17.4 (6.	6-28.2)		
Boys	5.2 (2.2-8		15.9 (6.	3-25.4)		
Girls Fever	7.0 (3.1-10 32.3 (26.4-3	.8) 38.1)	19.0 (6. 2.1 (0.			
Boys	29.0 (22.7-3	,	·	0-6.9)		
Girls	35.8 (29.2-4		1.7 (0.			
Vitamin A supplementation	69.7 (59.2-8			.7-80.3)		
Boys	63.3 (59.0-7	(9.6)	66.6 (52	.9-80.2)		
Girls Measles Vaccination	70.1 (58.4-8 82.5 (77.8-8		65.4 (49 62.8 (50	0.9-81.0) 0.5-75.1)		
Boys	80.6 (75.3-8		63.0 (51	•		
Girls	84.5 (79.2-8		62.6 (49			
Polio immunization	85.9 (80.8-9		93.1 (89			
Boys	86.3 (82.0-9	90.7)	93.3 (89	.9-96.7)		
Girls	85.5 (78.6-9	92.3)	92.9 (89			
Infant and Young Child Feeding (6-24 Months)	n=317		n=2	221		

Proportion still breastfeeding	48.1 (41.1-55.0)	55.6 (42.3-68.8)
Boys	45.8 (35.6-56.0)	57.8 (41.9-73.7)
Girls	50.3 (42.7-57.9)	53.2 (41.1-65.4)
Proportion meeting recommended feeding	41.0 (34.8-47.2)	23.5(15.2-31.8)
frequencies	38.9 (30.1-47.7)	24.5(15.1-31.9)
Boys	43.1 (36.0-50.2)	22.4(15.4-31.6)
Girls	40.1 (00.0-30.2)	22.4(10.4-01.0)
Proportion who reported to have consumed <4 food groups	1.3 (0.0-2.6)	4.2 (0.4-7.9)
	1.3 (0.0-3.1)	0.7 (0.0-2.8)
Boys	1.3 (0.0-2.9)	7.5 (1.7-13.3)
Girls	1.0 (0.0-2.3)	7.3 (1.7-10.0)
Proportion of Women who received at least one dose of Tetanus immunization	82.0 (76.4-87.6)	80.1 (71.7-88.4)
Public Health Indicators	n=585	n=344
Household with access to sanitation facilities	3.3(1.1-5.5)	51.4 (33.8-69.1)
Household with access to safe water	97.6 (94.9-100.2)	8.7 (0.0-17.4)
Proportion who reported to have consumed >=4 food groups	89.9(86.2-93.6)	98(95.8-100.0)
Overall Situation Analysis	Critical	Serious

**Hot spots**: Based on *Gu* 2013 nutrition situation analysis, Bossaaso, Garowe, Galkayo IDPs and East Golis are reporting acute malnutrition above emergency levels and therefore are key hot spots that need priority intervention and close monitoring.

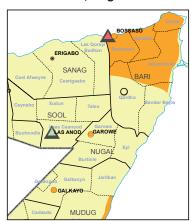
# Outlook

Based on the current food security situation, disease pattern and seasonal trends of malnutrition, the Nutrition situation is expected to sustain in all livelihoods.

# Current Nutrition Situation Estimates, July, 2013



# Projected Nutrition Situation Estimates, Aug-Oct 2013



# **4.3 CENTRAL REGION**

#### **BACKGROUND**

Geographically, Central region occupies the area between Northeast region, also known as Puntland, and the South East region of Somalia (Shabbele and Hiran). The area constitutes of Galgadud and Mudug regions and borders India Ocean to the east and Zone 5 of Ethiopia to the West. The population estimate is 680, 000¹ people with approximately 350,000 in Mudug and 330, 000 in Galgadud and administratively divided into 5 districts in each region.

There are four main livelihood zones, namely the purely pastoral Addun and Hawd; the fishing and pastoral Coastal *Deeh* and the agro-pastoral Cowpea Belt. The Hawd and Addun pastoral livelihoods extend across Galgadud, Mudug and southern Nugal regions, while the Coastal *Deeh* extends from the coast of Shabelle through Galgadud up to Allula district in Bari region, cutting across the South, Central and Northeast zones.

#### Food security situation

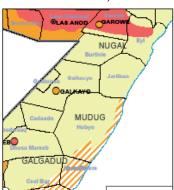
Given the improved food security situation in most central livelihoods, the July 2013 snapshot according to Food security analysis indicate that most livelihoods in Central region have been classified as **Stressed** with the exception of Coastal Deeh, classified in **Crisis**. The projection indicate that the situation is likely to remain the same in the next 4-6 months.

#### Post Gu 2013 Nutrition situation

The current post *Gu* 2013 nutrition analysis indicate a sustained nutrition situation in most of central livelihood zones over the last 6 to 12 months and an improvement in Addun pastoral since last *Deyr* 12/13 (see map below). Given the good *Gu* rain performance in many parts of Central, improved milk access has played a key role in the sustained to improved nutrition situation observed in this predominantly pastoral population.

#### Nutrition situation in Central Somalia Gu 2012 to Gu 2013

#### Nutrition Situation, Gu 2012



#### Nutrition Situation, Deyr 2012/13



#### Nutrition Situation, Gu 2013

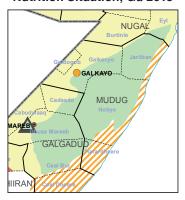


Table 16: Summary Results Table of the Central Surveys, Gu 2013

Population assessed	GAM	SAM	Total stunted	Underweight	CDR	U5DR	PLW<23
Hawd Central	10.6	2.1	9.5	12.1	0.39	0.76	16.5
Addun	8.0	1.0	9.3	9.1	0.36	0.95	6.6
Dhusamreeb IDP's	21.4	3.1	11.6	17.4	0.35	0.80	22.4
Mudug	12.5	1.9	11.0	12.0			
Galgadud	7.7	0.9	2.6	4.9			
	MUAC< 12.5	MUAC< 11.5					
Cow pea belt	8.6	1.2			0.41	0.25	8.1
Coastal Deeh	9.7	2.0			0.23	0.25	

<sup>1</sup> UNDP 2005 Population figures (projections not considered)

### **Key Highlight**

#### **Acute malnutrition**

- The nutrition situation of Hawd central is Serious, with GAM and SAM rates of 10.6 percent and 2.1 percent respectively. The nutrition situation has remained at sustained serious level over the past 12 months, mainly attributed to good access to milk as well as access to more diversified diets by majority of households.
- The nutrition situation improved from Serious to Alert among the Aduun pastoral livelihoods population majorly due to improved milk access. Survey findings recorded a GAM rate of 8.0 percent and SAM rate of 1.0 percent.
- Dhusamareb IDP, for the three consecutive seasons have reported very critical nutrition levels, suggesting 1 in every five children is malnourished and therefore at risk of death. This indicates that malnutrition is public health concern among the displaced population. Survey findings in *Gu* 2013 revealed a GAM of 21.4 percent and SAM of 3.1 percent indicating a **very critical** nutrition situation. The IDPs remain vulnerable to malnutrion, food insecurity and other health challenges.
- In Coastal Deeh and Cow pea belt of Central region, with difficult access, rapid assessments conducted revealed a serious nutrition situation, with Coastal Deeh showing sustained levels of nutrition since *Deyr* 12/13 while there was reported improvement in Cow pea belt from Critical nutrition levels.

## Mortality rate

The overall mortality rates are within acceptable levels in all central livelihoods and sustained over the past 6- 12months.

#### Morbidity

The morbidity levels remains relatively low among the rural livelihoods but high among Dhusamareb IDPs, with nearly 1 in every 2 children reportedly falling ill in the two weeks period before the assessments. This is a clear indication of the increased vulnerability of IDP population to increased incidences of morbidity and malnutrition.

#### **Immunizations**

Measles Immunuzation and Vitamin A supplementation coverage fall disturbingly below the recommended thresholds of 95 percent. Apart from Hawd and Addun, 6-8 children in every 10 have not received any vaccination and therefore are at increased risk of disease and malnutrition.

#### **Maternal nutrition**

In the central regions the pregnant and lactating women remain vulnerable to malnutrion. Nearly 1 in every 5 are malnourished and will likely have poor birth outcome results.

Table 17: Summary of Key Nu	trition Findings in	Hawd central	, Aduun,and Dh	usamareb Liv	elihood Zones, Se	eptember 201
	Hawd Central		Dhusamreeb IDP		Addun Central	
	((N=635: Boys=341;	Girls=294)	(N=383: Boys=174	; Girls=209)	N=:615 Boys=318;	Girls=297)
ndicator	Results	Comment	Results	Comment	Results	Comment
GAM (WHZ<-2 or oedema)	10.6 (8.1-13.8)	Improved	21.4	Improved	8.0(5.3-11.9)	Improved
Boys			23.6		9.4(6.6-13.3)	
Girls			19.6		6.4(3.3-12.0)	
SAM (WHZ<-3 or oedema)	2.1(1.2-3.7)	Deteriorated	3.1	Improved	1.0(0.4-2.3)	Improved
Boys	2.1 (1.0-4.5)		2.9		0.9(0.3-2.8)	
Girls	2.1 (1.0-4.4)		3.3		1.0(0.3-3.2)	
Mean of Weight for Height Z Scores			-0.99±1.10		-0.63±1.0	
Dedema	0		0		0	
MUAC<12.5 cm or oedema)	4.9(3.1-7.7)	Improved	9.7	Improved	3.8(2.4-6.2)	Improved
Boys	3.2(1.8-5.7)		8.3		2.8(1.6-4.8)	
Girls	6.8(3.9-11.6)		11		5.0(2.5-9.7)	
/IUAC<11.5 cm or oedema	1.6 (0.7-3.4)	Sustained	3.6	Improved	0.3(0.1-1.2)	Improved
Boys	0.9 (0.3-2.8)		3.9		0.3(0.0-2.0)	
Birls	2.4 (0.9-6.4)		3.3		0.3(0.1-2.0)	
Stunting (HAZ<-2)	9.5 (6.8-12.9)		11.6		9.3(6.0-14.1)	
Boys	12 (8.5-16.7)		14.2		11.7(7.3-18.3)	
Girls	6.6 (4.0-10.6)		9.3		6.8(3.9-11.4)	
Inderweight (WAZ<-2)	12.1 (9.4-15.4)		17.4		9.1(6.5-12.7)	
Boys	13.0 (9.5-17.5)		20.5		10.2(6.5-15.7)	
Girls	11.0 (7.6-15.6)		14.8		8.0(4.9-12.8)	

Malnutrition Trends at Health	Low (<10%) and				High (15 & Stable	
facilities (January – July 2012) CDR	stable levels 0.39 (0.20-0.77)	Deteriorated	0.35/10,000/day	Improved	0.36(0.20-0.65)	Deteriorated
U5DR	<u> </u>		, ,	<u>.</u>	, , ,	
	0.76 (0.31-1.84)	Improved	0.80 /10,000/day	Improved	0.95(0.38- 1.52)	Deteriorated
Non pregnant/lactating women (MUAC <18.5 cm)	0.9(0.0-2.1)	Improved	1.8	Improved	0.0	Deteriorated
Pregnant and lactating women (MUAC<21.0)	3.8 (0.5-7.1)	Improved	10.3	N/A	3.5(1.9-5.2)	Improved
Pregnant and lactating women (MUAC<23.0)	16.5 (6.9-26.1) Improved		22.4	Improved	6.6(3.4-9.8)	Improved
Overall reported morbidity	21.9 (16.4-27.4)		43.3		27.0(18.0-	-36.0)
Boys	24.3 (17.3-	31.4)	41.7		27.0(17.0-	-37.0)
Girls	19.0 (14.1-		44.8		27.0(16.8	
Diarrhoea	3.0 (1.3-4	4.7)	8.5		4.1(1.4-6	6.7)
Boys	3.2 (0.5-	5.9)	7.2		4.8(1.0-	8.7)
Girls	2.7 (1.0-4		9.5		3.3(1.1-	
Pneumonia	4.9 (1.9-	,	12.8		8.0(1.4-1	•
Boys	5.3 (1.3-	9.2)	12.8		8.3(1.1-1	5.5)
Girls Measles	4.4 (1.4-		12.9 2.6		7.6(1.1-1	
	1.6 (0.3-2	,			3.2(0.0-	•
Boys	2.1 (0.4-3	,	3.3		0.3(0.0-	•
Girls Fever	1.0 (0.0-2 18.9 (13.9-		1.9 38.2		1.1(0.0-2.5) 23.4(3.8-15.5)	
Boys	20.2 (14.4-	•	37.2		22.8(14.7-31.0)	
	`	,			,	•
Girls Vitamin A supplementation	17.3 (12.2- 61.1 (47.0-		39.0 32.6		24.1(14.6-33.5) 75.7(68.2-83.2)	
Boys	61.6 (46.8-		33.5		77.0(67.4-86.6)	
Girls	60.5 (45.9	,	31.8		74.3(67.1-81.5)	
Measles Vaccination	60.8 (47.0-		26.0		77.3(71.2-83.4)	
Boys	60.4 (45.6-	-75.2)	27.6		79.9(73.6-86.1)	
Girls	61.2 (47.1-		24.6		74.5(66.7-82.4)	
Polio immunization	84.3 (80.3-	-89.2)	71.3		19.0(12.7-25.3)	
Boys	84.2(78.8-	89.5)	73.9		16.8(9.9-	23.6)
Girls	85.4 (80.3-		69.0		21.5(12.9-	
Infant and Young Child Feeding (6-24 Months)	n=227	<b>,</b>	n=145		n=20	3
Proportion still breastfeeding	36.6 (29.7-	43.5)	50.7		48.4(13.1-	-21.2)
Proportion meeting recommended feeding frequencies	62.5 (50.8	-74.2)	92.6		25.6(16.6-	-34.6)
Proportion who reported to have consumed >=4 food groups	4.6 (0.5-	8.7)	0.7		3.0(0.0-	6.5)
Women who received at least one dose of Tetanus immunization	20.1 (13.9-	26.2)	70.8		15.2(7.3-	-1.5)
Public Health Indicators	n=393	3	n=266		n= 39	5
Household with access to sanitation facilities			57.4		31 (37.8-2	24.2)
Household with access to safe water	49.5 (31.6-67.4)		97.5		28.5(21.8-	-35.2)
Proportion who reported to have consumed <4 food groups	1.3 (0.2-2.3)		23.4		0.8(0.0-2.2)	
Overall Situation Analysis	Seriou	IS	Very Criti	ical	Aler	t

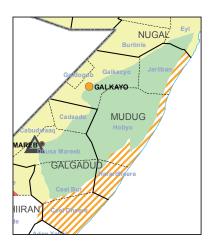
# Hotspots

Dhusamareb IDP reported GAM prevalences above Emergency thresholds (15%) and requires close monitoring.

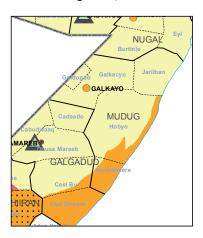
# Outlook

Based on the current food security situation, disease pattern and seasonal trends of malnutrition, the Nutrition situation is expected to remain stable in all livelihoods with exception of Addun livelihood which is expected to slightly deteriorate from Alert to Serious.

Nutrition Situation Estimates, July, 2013



# Nutrition Situation Estimates, Aug - Oct, 2013



# **4.4 SOUTH REGIONS**

Nutrition status of 17,929 6-59 month old children from 12 Rural livelihoods,5 urban livelihoods and 5 IDPs were assessed during the Gu 2013 surveys. Because of constraints in access, nutrition situation in agropastorals, pastorals & riverine livelihoods of South Gedo and Juba and the cowpea belt were assessed through MUAC and not through SMART surveys. Summary of nutrition situation is given in Table 18 and details are given in chapters 4.4-4.8.

Table 18: Overview of Malnutrition Situation in South Somalia

Population assessed	GAM	SAM	Total stunted	Underweight	CDR	U5DR	PLW<23
			SOUTH	1		-	
Bay Agropastrol	22.6	6.0	46.9	44.9	0.29	0.44	14.4
Bakool Pastoral	27.4	5.4	8.9	13.6	0.27	0.14	11.3
Baidoa IDPs	15.8	3.4	36	24.3	0.11	0.81	6.0
Kismayo Town	19.2	5.2	39.2	40.4	0.03	0.62	28.1
Mogadishu IDPs	12.6	2.9	22.1	19.0	1.07	0.85	3.6
Afgoye Town	9.8	1.3	6.1	8.1	0.5	0.73	1.5
Mogadishu Town	8.6	1.3	10.6	10.1	-	-	-
Beletweyne District	20.2	4.4	7.5	19.1	0.23	0.37	12.7
Mataban District	10	1.8	8.2	10.9	0.72	1.70	32.5
Gedo North pastoral	18.8	5.0	16.3	18.2	0.4	0.16	19.3
North Gedo Agro-pastoral	18.6	5.0	18.1	16.4	0.89	1.18	24.8
North Gedo Riverine	15.2	2.7	11.8	15.8	0.6	0.3	24.6
Dolow IDPs	16.4	3.3	33.6	30.4	0.75	0.87	7.3
Dobley IDPs	20.3	6.4	14.2	15.9	1.53	1.96	26.6
Kismayo IDPs	17.6	3.4	40.1	41.7	0.59	1.52	44.4
	MUAC < 12.5	MUAC < 11.5					
Juba Pastoral	7.1	0.5	-	-	-	-	-
Juba Agropastoral	10.4	1.9	-	-	-	-	-
Juba reverine	10.9	1.5	-	-	-	-	-
S. Gedo Pastoral	15.9	0.1	-	-	-	-	-
S. Gedo Agropastoral	14.4	1.6	-	-	-	-	-
S. Gedo Riverine	17.0	1.9	-		-	-	-
Cowpea Belt	8.6	1.2	-	-	-	-	-
			CENTRAL				
Addun	8.0	1.0	9.3	9.1	0.36	0.95	6.6
Hawd Central	10.6	2.1	9.5	12.1	0.26	0.43	16.5
Cowpea Belt	9.7	2.0	-	-	0.41	0.25	8.1
Dhusamreeb IDP's	21.4	3.1	11.6	17.4	0.35	0.8	22.4
Mudug	12.5	1.9	11.0	12.0	-	-	-
Coastal Deeh	9.7	2.0			0.23	0.25	

### 4.4.1: GEDO REGION

Gedo region in SW Somalia administratively comprises of six districts: Luuq, Dolo, Belet Hawa, Garbaharey, El Wak, and Bardera. It has three main rural livelihood zones namely: pastoral, agro-pastoral and riverine (Juba riverine pump irrigation). The pastoral livelihood, is further sub-divided into the Southern Inland and Dawa pastoralists. The Dawa pastoral livelihood zone located in northern Gedo is the largest pastoral group in the region rearing mainly cattle, a few sheep, goats and camel. The Southern Inland pastoral population is located in southern Gedo and mainly keep camel besides a few sheep and goats. The agro-pastoral population is divided into Southern agro-pastoral and Bay, Bakool and Gedo agro-pastoral - the sorghum high potential. According to UNDP 2005 the total population estimates in Gedo region was 328,378, while the urban population was 81,302 ( 24.7 %). Insecurity in the South limited FSNAU access and nutrition situation was assessed through MUAC.

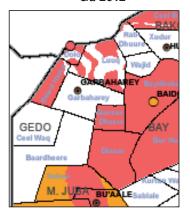
#### Food security situation

Since post-*Deyr* (Feb-Jun 2013) the food security situation is showing an improving trend in all livelihoods of Gedo region. In the July 2013 snapshot analysis, all livelihoods of the region were classified as *Stressed* Phase. In the most likely scenario, the area classification remains the same in all livelihoods in August-December 2013. In July 2013, the number of rural population classified in *Stressed* Phase 2 was estimated at 85,000 people, unchanged from the post *Deyr* 2012/13 figures. The population estimates in the projection period (August-December 2013) also remain unchanged.

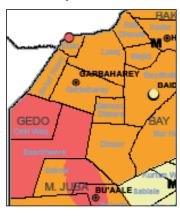
#### **CURRENT NUTRITION SITUATION**

For the 3 livelihoods of : Gedo North Pastoral, Gedo North **Agro-Pastoral** and Gedo North Riverine, nutrition assessment was done using SMART methodology.

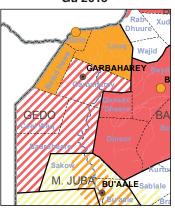
Nutrition Situation Estimates, *Gu* 2012



Nutrition Situation Estimates, *Deyr* 2012/13



Nutrition Situation Estimates, *Gu* 2013



Northern and the Southern Gedo Livelihood Zones

#### Key Highlight

#### Acute malnutrition

The levels of acute malnutrition in North Gedo pastoral and riverine livelihood populations remain **Critical (GAM > 15%)** since Deyr 2012/13, though it is an improvement from very critical levels seen in in Gu 2012. Acute Malnutrition levels in North Gedo agro-pastoral has deteriorated to Critical, from Serious in Deyr' 2012. This is due to high morbidity because of poor water/sanitation conditions because of below average rainfall.

Since *Deyr* 2012, very critical levels of Acute malnutrition seen in South Gedo pastoral, agro-pastoral and riverine livelihood populations are sustained in *Gu* 2013. These sustained very critical nutrition situation are mainly attributed to the lack of humanitarian assistance, low immunization status, and high morbidity rates. High GAM and SAM rates were observed in areas with where high morbidity was reported.

The numbers of assessed children in pastoral livelihood was 686 children, among them were 349 boys and 337 girls and has been noted that there is no statistically significant difference between the boys and girls. Among the children assessed agro pastoral and riverine populations town were 483 and 6770 respectively, the number of boys and girls assessed in agro-pastoral were 251 and 232, while the number of boys and girls assessed in the riverine community were 357 and 313 respectively. the Dolow IDPs the children assessed was 697, while the number of boys and girls assessed were 345 and 352 respectively.

#### Mortality rates:

Gu 2013 results show that, the crude death and the under-five mortality rates for the pastoral remain acceptable as in *Deyr* 2012/13. An alert situation exists in agro-pastoral livelihoods in *Gu* 2013 (0.89) though it is an improvement from CDR level of (1.45) seen in *Deyr* 2012/13. In the riverine livelihood populations, the crude death rate levels suggest an alert situation but the

under-five mortality rates are in the acceptable range. This suggests that in the riverine communities the CDR situation has worsened since *Deyr* '12, when both the crude death and the under-five mortality rates were acceptable.

### Morbidity:

morbidity in different parts of Gedo ranged between 18-45.8 percent indicating 1-2 out of every five children were ill two weeks prior to the assessment.

#### Immunization:

Coverage with Vit A supplementation & measles immunization was below 80 percent in Gedo north Riverine and Agro pastorals. This is mainly attributable to low health services in the region.

#### **Maternal Malnutrition:**

Malnutrition in pregnant lactating women ranged from **Serious** to (19.3%) in Gedo North pastorals to **Critical** (24.8%) in the Agro-pastoral & Riverine livelihoods. This is of concern as maternal malnutrition levels show a significant correlation with stunting and wasting in children surveyed.

Table 19: Summary of Key								
	Gedo North	Pastoral	Gedo North R	iverine	verine Gedo North Agro-Pastor			
	(N=686: Boys=34		(N=670: Boys=357		(N=483: Boys=25	1; Girls=232)		
ndicator	Results	Outcome	Results	Outcome	Results	Outcome		
Child Nutrition Status	10.0(10.01.0)		15.0 (10.0 10)		10.0/14.7.00.0\			
iAM (WHZ<-2 or oedema)	18.8(16-21.9)		15.2 (12.8-18)		18.6(14.7-23.2)			
oys	18.6 (15.1-22.8)	Stable	15.4 (11.7-20.1)	stable	20.7(15.7-26.8)	deteriorated		
irls	19 (14.7-24.2)		(11.2-19.8)		16.4(11.2-23.4)			
AM (WHZ<-3 or oedema)	5 (3.3-7.4)		2.7 (1.6-4.4)		5(2.8-8.6)			
oys	4.3 (2.5-7.2)	deteriorated	2.0(0.9-4.4)	improved	4.4(2-9.2)	deteriorated		
irls	5.6 (3.1-10.1)		3.5(2.1-5.9)		5.6(3.2-9.8)			
lean of Weight for Height Z	0.0±1.10	improved	0.0±1.05	improved	0.0±1.3	improved		
cores		·						
edema	0	Stable	0	Stable	0	Stable		
AM (NCHS)	17.4 (14.5-20.7)		15.6(12.7-19.1)		18.1(13.9-23.1)			
oys	17.4 (13.4-22.3)	Stable	14.6(10.3-20.3)	Stable	20.1(15.1-26.3)	Stable		
irls	17.4(13.3-22.4)		16.9(12.8-21.9)		15.9(10.4-23.6)			
AM (NCHS)	2.3 (1.3-4.2)		1.5(0.8-2.8)		1.4(0.6-3.5)			
oys	0.9 (0.3-2.7)	deteriorated	1.1(0.4-2.9)	Stable	1.6(0.4-5.5)	Stable		
irls	3.8 (1.9-7.7)		1.9(0.8-4.5)		1.3(0.4-3.8)			
UAC<12.5 cm or oedema)	3.6 (2.3-5.6)		4.2(2.9-6.0)		2.9(1.1-7.2)			
oys	2.5 (1.2-5.1)	improved	3.3(1.8-6.2)	improved	2.0(0.5-7.2)	improved		
irls	4.7 (3-7.1)		5.1(3.1-8.2)		3.8(1.6-8.8)			
IUAC<11.5 cm or oedema	0.3 (0.1-1.2)		0.3(0.1-1.2)		0.4(0.1-1.7)			
oys	0.6 (0.1-2.3)	improved	0.0	improved	0	improved		
irls	0.0		0.6(0.2-2.6)		0.9(0.2-3.4)			
tunting (HAZ<-2)	16.3(12-21.8)		11.8(8.6-15.9)		18.1(13.8-23.2)			
oys	18.9(13.6-25.7)	deteriorated	13.9(9.9-19.4)	deteriorated	21.1(15.6-27.8)	stable		
irls	13.7(9.8-18.9)		9.4(6.1-14.2)		14.7(9.4-22.3)			
nderweight (WAZ<-2)	18.2(14.3-22.8)		15.8(12.4-19.9)		16.4(12.1-21.8)			
oys	18.1(13.6-23.6)	stable	17.4(12.9-23)	stable	17.7(13.3-23.2)	stable		
irls	18.3(12.9-25.2)		14(9.7-19.8)		14.9(9.4-22.7)			
hild Morbidity & Immunization	,		,		,			
orbidity	21.4(8-24.5)		45.8(26.6-65.1)		18(6.8-29.1)			
oys	22.6(17-28.2)	stable	57.3(26.7-68.9)	deteriorated	16.1(4.3-28)	deteriorated		
iirls	20.1(16.2-24)		42.7(22.3-61.5)		20(8.4-31.6)			
iarrhoea	6.6(5-8.2)		42.7(22.3-61.5) 15.9(7.5-24.3)		6.1(0.3-12)			
oys	7.3(4.8-9.9)	stable	18.4(9-27.9)	stable	4.3(0-9.1)	stable		
<u>irls</u> neumonia	5.8(3.4-8.3) 7.7(5.6-9.9)		13(4.6-21.4) 14(6.2-23)		8.1(0.1-16.1) 4.1(0-8.4)			
oys	9.3(6.1-12.6)	stable	14.2(6.6-21.8)	stable	3.9(0-8.4)	stable		
irls	6.1(3.5-8.7)		15.2(5-25.5)		4 3(0-9 2)			
iirls ever	14.8(11.2-18.3)		29.5(16.7-42.4)		4.3(0-9.2) 10.8(5-16.6)			
oys	16.1(0.5-21.7)	stable	30.1(17.5-42.7)	stable	9.8(2.9-16.8)	stable		
iirls	13.4(9.9-17)		28.9(15-42.8)		11.9(6.2-17.7)			

Measles	0		0.3(0-0.9)		0	
Boys	0		0.6(0-1.7)	stable	0	
Girls	0		0		0	
Vitamin A Supplementation	86.8(84.1-89.5)		69.4(58.5-80.3)		79.6(66.8-92.7)	
Boys	87.6(83.9-91.3)	stable	70.5(59.4-81.5)	stable	78.3(64.1-92.6)	stable
Girls	86(82.3-89.2)		68.3(56.1-80.4)		81.3(68.6-94)	
Measles Vaccination	83.8(80.8-86.8)		68.7(57.6-79.8)		79.6(66-93.5)	
Boys	82.8(78-87.5)	stable	67.1(55.3-79)	stable	79.5(64.7-94.3)	stable
Girls	84.8(80.7-89)		70.5(59-81.9)		80(66.7-93.3)	
Polio Immunization	95.1(93-97.3)		93.3(88.9-97.7)		93.7(86.2-101)	
Boys	94.6(91.5-97.8)	stable	93.0(88.4-97.6)	stable	93.7(87.6-99.7)	stable
Girls	95.6(92.9-98.4)		93.7(88.4-98.9)		93.6(84.2-103)	
CDR	0.4(0.18-0.91)	Improved	0.6(0.36-0.98)	stable	0.89(0.55-1.43)	Improved
U5DR	0.16(0.02-1.26)	Improved	0.3(0.07-1.24)	Improved	1.18(0.62-2.24)	Improved
Pregnant and lactating women (MUAC<21.0)	5.6(3.5-8.0)	stable	18 6.8(2.5-11.1)	stable	14 6.5(2.6-103)	stable
Pregnant and lactating women (MUAC<23.0)	19.3(14.9-23.8)	Improved	64 (24.6(18.1-30.0)	stable	53 24.8(18.3-31.2)	deteriorated
Overall Nutrition Analysis	Critica	ıl	Critical		Critical	

#### **Dolow IDPs**

#### Acute malnutrition:

The levels of acute malnutrition in Doolow IDPs show a situation of **Critical ( GAM > 15%)**, which is an improvement from very critical from Deyr 2012/13 and as well as in Gu 2012. This improvement is mainly attributable to humanitarian assistance, health, nutrition services, as well as water and sanitation facilities.

#### Mortality rates:

The results in *Gu* 2013 shows that the crude death and the under-five mortality rates for the Dolow IDPs were alert and acceptable respectively, which were an improvement compared to in *Deyr* 2012/13.

## Morbidity:

in Dolow IDPs morbidity was high 41.9 percent indicating 4 out of every 5 children were ill two weeks prior to the assessment. Comparing to *Deyr*'12/13 and *Gu*'12 shows that a sustained high morbidity of 40.2 and 36.7 respectively.

## Immunization:

Coverage with Vit A supplementation & measles immunization was below 80 percent, while the polio immunization, was high 97.3 are mainly attributable to the current polio immunization campaigns in the IDPs camp.

#### Maternal malnutrition:

Malnutrition in pregnant lactating women was **Acceptable** (7.3%) in the IDPs camp, which was an improvement from *Deyr* '12/13's very critical situation.

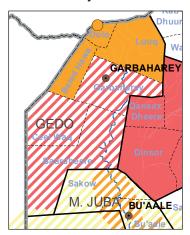
Table 20: Summary of Key Nutrition Findings Dolow IDP's				
	Dolow IDP's			
	(N=697: Boys=34	95; Girls=352)		
ndicator	Results	Outcome		
Child Nutrition Status				
Global Acute Malnutrition (WHZ<-2 or oedema)	16.4	improved		
Boys	17.4			
Girls	15.3			
Severe Acute Malnutrition (WHZ<-3 or oedema)	3.3	improved		
Boys	4.9			
Girls	1.7			
Mean of Weight for Height Z Scores	0.0±1.09	improved		
Dedema	0	improved		
Global Acute Malnutrition (NCHS)	15.1	improved		
Boys	16.2			
Girls	13.9			

Severe Acute Malnutrition (NCHS)	1.1	improved
Boys	1.2	
Girls	1.2	
Proportion with MUAC<12.5 cm or oedema)	11.4	Stable
Boys	11.8	
Girls Proportion with MUAC<11.5 cm or oedema	11.0 1.40	Stable
Boys	2.0	
Girls	0.8	
Stunting (HAZ<-2)	33.6	Stable
Boys	38.1	
Girls	29.4	0.11
Underweight (WAZ<-2)	30.4	Stable
Boys	34.7	
Girls Child Morbidity & Immunization	26.1	
Morbidity	41.9	Stable
Boys	38.8	
Girls	45	Otable
Diarrhoea	15.3	Stable
Boys	15.8	
Girls Pneumonia	14.7 11.1	Stable
Boys	11.2	
Girls	11.0	
Measles	0.1	Stable
Boys	0.3	
Girls	0.0	Obstation
Fever	33.8	Stable
Boys	30.1	
Girls Vitamin A Supplementation	37.4 71.2	Stable
Boys	70.9	
Girls	79.3	
Measles Vaccination	86.4	Stable
Boys	85.1	
Girls	87.8	Obstate
Polio Immunization	97.3	Stable
Boys	96	
Girls Death Rates	98.6	
Crude deaths, per 10,000 per day (retrospective for 90 days)	0.75	Stable
Under five deaths, per 10,000 per day (retrospective for 90 days)	0.87	
Women Nutrition and Immunization Status	0.07	
Proportion of acutely malnourished non pregnant/lactating women (MUAC <18.5 cm)	0.3	
Proportion of acutely malnourished from pregnant/actating women (MUAC<21.0)	32.6	Stable
Proportion of acutely malnourished pregnant and lactating women (MUAC<23.0)	7.3	Stable
Overall Nutrition Analysis		Critical

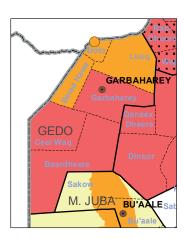
# Outlook

The current projection of the nutrition situation in north Gedo LZs in September the level of acute malnutrition is expected to remain at Critical and Very Critical in rural areas of northern and southern Gedo Region due to high morbidity, low immunization coverage, and poor access to water and sanitation.

Nutrition Situation Estimates, July 2013



Nutrition Situation- Projection, Aug- Oct 2013



### 4.4.2: MIDDLE AND LOWER JUBA REGIONS

#### **BACKGROUND**

The region is named after the Jubba River that runs through it. The vegetation is primarily semi-arid savannah with thorn bushes. The valley, however, is one of the most fertile lands in Somalia and constitutes one of the principal bread-baskets of the country. Middle and Lower Juba regions have three main rural livelihood zones namely: the pastoral (the Southern Inland and Southeast Pastoralists), agro-pastoral (Lower Juba and Southern Agro-pastoral) and the Riverine communities who are purely agriculturalists. The Juba regions in southern Somalia have a total of seven districts namely: Sakow, Buale and Jilib in Middle Juba, and Jamame, Afmadow, Kismayo and Badhadhe in Lower Juba. According to UNDP 2005 the total population estimates in Juba region was 624,667, of which urban figures are 179,421(28.7 %).

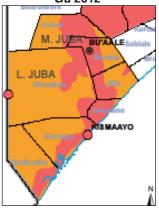
#### **Food Security**

Continued improvement in the food security situation is observed in all livelihoods of the Juba regions in *Gu* 2013 compared to post-Deyr (Feb-June 2013). In the July 2013 post *Gu* analysis, all the livelihoods of both Middle and Lower Juba regions were classified in *Stressed* phase, except the southern Inland pastoral livelihood which improved to *Minimal* Phase. In the most likely scenario, the area classifications will remain the same for all the livelihoods in August-December 2013

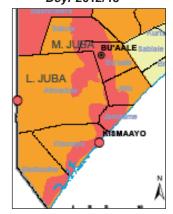
#### **Nutrition**

Nutrition assessments (*Gu* 2013) in Juba region were done among IDPs in Dhobley and Kismayo and in Kismayo Urban (capital of lower Juba). Table 21 shows the summary results of nutrition assessment in Dhobley and Kismayo IDPs and Kismayo Urban.

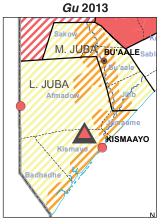
Nutrition Situation Estimates, *Gu* 2012



Nutrition Situation Estimates, Deyr 2012/13



Nutrition Situation Estimates,



# **Key Highlights**

### Acute malnutrition

**Serious** levels of acute malnutrition (MUAC< 12.5 CM) were seen in Juba pastoral livelihood populations. This is an improvement from **Critical** levels since *Deyr* 2012/13 and **Very Critical** in *Gu* 2012. Improvement in the agro-pastoral and riverine to **Critical** levels in *Gu* 2013 was noted compared to **Very Critical** GAM levels seen in from *Deyr* '12/13 and *Gu* 2012.

Since *Deyr* 2012/13 the levels of acute malnutrition in Dhobley remain **Very Critical** ( 20.3% GAM in *Gu* 2013). These **sustained** levels of **very critical** nutrition situation in Dhobley IDPs are mainly attributed to the lack of humanitarian assistance, low immunization status, and high morbidity rates.

Improvement in acute malnutrition among the Kismayo IDPs to **Critical** (17.6 % GAM) in *Gu* 2013 was seen compared to **very critical** GAM levels seen in *Deyr* 2012/13 and *Gu* 2012. **Critical** level of GAM (19.2 % GAM) and **serious** levels of SAM (5.2%)) were also seen in Kismayo town.

#### Mortality rates:

**Serious** levels of CDR (1.53) and **Alert** U5MR (1.96) levels seen in *Gu* 2013 for the Dobley IDPs are an improvement since *Deyr* 2012/13.

In Kismayo IDPs Alert situation was suggested by CDR of 0.59 and U5 MR 1.52 respectively in *Gu* 2013, which is an improvement from *Deyr* 2012/13. **Acceptable levels** of both - CDR and U5MR were seen in Kismayo town

#### Stunting and Underweight

Very high severity of malnutrition prevalence was indicated by the stunting (the hidden face of poverty) and underweight level seen in both Kismayo town and among IDPs. In *Gu* 2013, **Critical** levels of Stunting was observed among the Kismayo IDPs (40.1%); and **serious** levels in Kismayo town (39.2 %). 14.6 percent off stunted children in the Kismayo IDPs showed severe levels of stunting and are at a greater risk of suffering illness and death.

The stunting rate of 14.2 percent in Dhobley IDPs suggests an acceptable nutrition situation.

**Critical** nutrition situation (underweight is  $\geq$  30 percent) was observed in Kismayo IDPs (41.7%) and in Kismayo town (40.4%). The underweight prevalence rate of 15.9 percent in Dhobley IDPs suggests an alert situation.

#### Morbidity:

56.6 percent morbidity in under five children was reported in Dhobley IDPs. This is not surprising as there is acute shortage of clean drinking water and people in IDPs have to travel long distance to carry water to their homes.

The morbidity in IDPs of Kismayo was 28.7 percent which was nearly twice as high as seen in Kismayo town (14.1%).

#### Immunization:

Only 3 percent of 6-59 month old children in Kismayo IDPS reported receiving Vitamin A supplementation . This is of serious concern as critical levels of acute and chronic malnutrition and underweight in children are seen in this IDP.

In kismayo town 79.2 percent of 6-59 month old children reported receiving vitamin A supplementation. This is mainly attributable to better health services in the region. Kismayo urban also reported a high polio immunization, above the sphere standard (95%).

#### Maternal Malnutrition:

Malnutrition in pregnant lactating women ranged from **Critical** to (26.6%) in Dhobley IDPs to **Very Critical** (44.4%) in Kismayo IDPs. This is of concern as maternal malnutrition levels show a significant correlation with stunting and wasting in children surveyed.

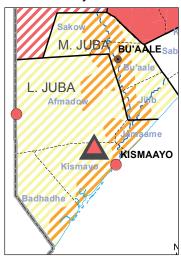
	Kismayo Town		Kismayo IDP's		Dhobley IDP	's
	(N=829: Boys=424; Girls=405)		(N=845: Bovs=405: Girls=440)		(N=694: Boys	s=370: Girls=324
Indicator	Results	Outcome	Results	Outcome	Results	Outcome
Child Nutrition Status				'		
GAM (WHZ<-2 or oedema)	19.2(16.6-22)		17.6(14.8-20.9)		20.3	
Boys	25.5(21.6-29.8)	Stable	24.0(20.1-28.3)	Improved	20.8	Stable
Girls	12.6(9.7-16.2)		11.8(8.5-16.2)		19.8	
SAM (WHZ<-3 or oedema)	5.2(3.9-6.9)		3.4(2.4-4.9)		6.4	
Boys	7.3(5.2-10.2)	Stable	4.7(3.0-7.2)	Improved	5.4	Stable
Girls	3.0(1.7-5.1)		2.3(1.3-4.0)		7.4	
Mean of Weight for Height Z Scores	0.0±0.92	Stable	0.0-±0.9		0.0-±1.16	Stable
Oedema	0.1	Stable	0.2	Improved	0.2	Stable
GAM (NCHS)	16.5(14.1-19.1)		15(12.3-18.3)		17.8	
Boys	22.7(19-26.9)	Stable	20(15.9-24.9)	Improved	17.4	Stable
Girls	9.9(7.3-13.1)		10.4(7.3-14.6)		18.3	
SAM (NCHS)	3.1(2.1-4.5)		1.8(1.0-3.0)		3.2	
Boys	4.4(2.8-6.8)	Stable	1.5(0.7-3.1)	Improved	2.9	Stable
Girls	1.7(0.8-3.5)		2.0(1.0-4.0)		3.4	
MUAC<12.5 cm or oedema)	10.2(8.3-12.4)		9.1(7.4-11.2)		13.5	
Boys	12.5(9.7-15.9)	Stable	9.7(7.2-13)	Improved	10.8	Stable
Girls	7.8(5.6-10.8)		8.6(6.5-11.3)		16.5	
MUAC<11.5 cm or oedema	1.9(1.2-3.1)		1.2(0.6-2.2)		3.8	
Boys	1.8(0.9-3.6)	Stable	1.5(0.7-3.1)	Improved	2.9	Stable
Girls	1.9(1.0-3.8)		0.9(0.3-2.3)		4.9	
Stunting (HAZ<-2)	39.2(35.9-42.6)		40.1(35.7-44.7)		14.2	
Boys	46.3(41.6-51.1)	Stable	46(39.8-52.4)	Improved	13.8	Stable
Girls	31.9(27.5-36.5)		34.5(29.6-39.8)		14.7	
Underweight (WAZ<-2)	40.4(37.2-43.8)		41.7(37.3-46.2)		15.9	
Boys	50.2(45.5-54.9)	Stable	50.2(44-56.5)	Improved	16	Stable
Girls	30.1(25.8-34.7)		33.8(28.9-39)		15.8	

Morbidity	14.1(11.7-16.5)		28.7(25.6-31.8)		56.6	
Boys	12.7(9.7-15.6)	Stable	27.9(23.6-32.2)	Improved	56.6	Stable
Girls	15.6(11.8-19.4)		29.6(25.9-33.2)		56.5	
Diarrhoea	9.7(7.4-12.0)		13.4(11.1-15.8)		28.4	
Boys	11.2(7.7-14.7)	Stable	13.4(9.8-17.0)	Improved	27.8	Stable
Girls	8.3(5.8-10.9)		13.5(10.3-16.8)		29.2	
Pneumonia	1.3(0.6-2.0)		3.7(2.5-4.9)		24.2	
Boys	1.6(0.5-2.8)	Stable	3.4(1.9-4.9)	Improved	25.4	Stable
Girls	1.0(0.1-1.9)		4.1(2.3-5.8)		22.8	
Measles	0		0.8(0.1-1.4)		7.2	
Boys	0	Stable	1.5(0.1-2.8)	Improved	6.3	Stable
Girls	0		0.2(0.0-0.7)		8.2	
Fever	3.3(2.0-4.6)		11.3(1.9-13.4)		43.3	
Boys	2.8(1.2-4.3)	Stable	10.4(7.3-13.6)	Improved	41.8	Stable
Girls	3.9(1.9-5.9)		12.2(8.9-15.5)		45.0	
Vitamin A Supplementation	79.2 (75.1-83.2)		3(1.6-4.4)			
Boys	81.5 (77.1-85.8)	Stable	2.4(0.6-4.3)	Improved	0	Stable
Girls	76.5 (69.5-83.3)		3.6(1.7-5.5)			
Measles Vaccination	4.0 (2.6-5.3)		5.7(4.2-7.2)			
Boys	4.6 (2.6-6.6)	Stable	5.3(2.9-7.8)	Improved	0	Stable
Girls	3.4 (1.6-5.2)		6.1(4.1-8.1)			
Polio Immunization	95.8(94.5-97.1)		66.7(63.4-70.1)			
Boys	95.6(93.3-97.9)	Stable	67.2(62.6-71.8)	Improved	0	Stable
Girls	96.1(94.4-97.8)		66.4(61.5-71.2)			
Death Rates						
CDR	0.03(0.03-0.05)	Stable	0.59(0.36-0.97)	Improved	1.53	Stable
U5DR	0.62(0.39-0.96)	Stable	1.52(0.84-2.73)	Stable	1.96	Stable
Women Nutrition and Immunization Status						
Pregnant and lactating women (MUAC<21.0)	17.6(15.9-51.2)	Stable	28.7(1.7-55.8)	Improved	12.2	Stable
Pregnant and lactating women (MUAC<23.0)	28.1(11.9-68.2)	Stable	44.4(15.1-73.7)	Improved	26.6	Stable
Overall Nutrition Analysis	Critical		Critica	al	(	Critical
			-			

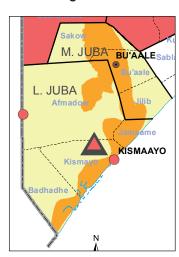
# Outlook

Malnutrition rates will likely remain at Serious levels in pastoral areas and at Critical levels in agro pastoral and riverine areas in Lower and Middle Juba Regions. Malnutrition rates among IDPs in Kismayo and Dhobley and among urban households in Kismayo are expected to deteriorate from Critical to Very Critical due to expected disease outbreak such as measles and the withdrawal of *Medicines Sans Frontiers* (MSF).

### Nutrition Situation Estimates, July 2013



# Nutrition Situation Projection, Aug-Oct 2013



# 4.4.3: MIDDLE AND LOWER SHABELLE REGIONS

#### **BACKGROUND**

Lower Shabelle is one of the principal agricultural regions of Somalia, where the main types of farming are rain-fed, flood and irrigation. Shabelle accounts for 18.5 percent of Somalia population. Estimated population is 850,651 with 80 percent rural population. Middle Shabelle is located in the central regions of Somalia with population estimated at 514,901 with 80 per cent living in the rural areas. Rural livelihoods depend on both agriculture and pastoralism and comprise of riverine (pure farmers) and agro-pastoralists. The riverine population, located within 10 km of the Shabelle River cultivates maize, sesame and a variety of vegetables and fruits, and keep limited livestock holdings as a result of tsetse fly infestation. The agro-pastoral zone extends 20-40 km from the Shabelle River and incorporates both cultivation of crop (maize, cowpeas, sesame and fruit), and livestock rearing. The agricultural potential, as well as the labour and income opportunities in the area makes it a haven for seasonal casual work, and also for vulnerable populations in the event of shocks. The Shabelle regions continue to struggle with the negative impacts of civil insecurity. This has affected the population's well-being, through disruption of livelihoods, continued lack of access to humanitarian interventions, and a high number of IDPs in the region.

#### **FOOD SECURITY SITUATION**

The food security situation in the Shabelle regions has improved in most rural livelihoods of Shabelle regions in the post *Gu* 2013 compared to post *Deyr* (Feb- Jun 2013). In July 2013 snapshot analysis shows that all livelihoods of the Shabelle regions were classified as **stressed** (IPC Phase 2). In the most likely scenario, the area classification remains the same in all livelihoods in August-December 2013. Estimates suggest that in Middle Shabelle , 96,000 persons are expected to be in **Stressed** (IPC Phase 2) and 48,000 in **Crisis and Emergency** (Phase 3 and 4) during August-December 2013, same number of affected people as seen in July 2013. However in Lower Shabelle, it is estimated that 238,000 persons will be **Stressed** (IPC Phase 2) while 21,000 people from Lower Shabelle agro-pastoral (maize) will fall into **Crisis** (IPC Phase 3) due to deterioration in rain-fed maize agro pastoral livelihoods (along the coast) owing to poor *Gu* 2013 harvest and the lack of food stocks.

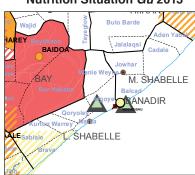
#### Nutrition Situation Gu 2012



#### Nutrition Situation Deyr 2012



#### Nutrition Situation Gu 2013



#### **CURRENT NUTRITION SITUATION (GU 2013)**

Nutrition assessment ( Gu 2013) was done in **Afgoye town** in lower Shabelle and in **Mogadishu town** and in **Mogadishu IDPs** using SMART methodology . The summary of Gu 2013 nutrition assessment in Livelihood Zones of Mogadishu Town, Mogadishu IDPs and Afgoye Town is summarized in Table 22.

#### **KEY HIGHLIGHTS**

#### **Acute Malnutrition**

Acute malnutrition levels in Banadir (Mogadishu IDPs) show a slight improvement from *Critical* in *Deyr* 2012/13 to *serious* levels in *Gu* 2013 while alert levels are sustained in Afgoye town and Mogadishu town. This was not surprising as the majority of the region's households are not food-poor, as the region is relatively rich in food crops and livestock products.

- Mogadishu IDPs: The nutrition assessment show 12.6 percent GAM and 2.9 percent SAM with no oedema cases. This indicates a *Serious* nutrition situation though it is an improvement from the *Critical* levels (GAM ≥ 15 percent) reported in *Deyr* 2012 when a GAM rate of 16.0 percent and SAM rate of 3.6 percent was recorded.
- Mogadishu Town: Sustained Alert levels of acute malnutrition are indicated by 8.6 percent GAM while acceptable levels of SAM (1.3%) with no oedema cases was observed in the urban area of Mogadishu. Similar nutrition situation was observed in *Deyr* 2012/13 when 9.7 percent GAM and 1.6 percent SAM was recorded.
- Afgoye Town: Sustained *Alert* acute malnutrition situation was indicated by 9.8 percent GAM in *Gu* 2013 while acceptable levels of SAM (1.3%) was recorded in *Gu* 2013. However there is a slight deterioration in acute malnutrition in *Gu* 2013 when compared to *Deyr* 2012/13 when prevalence of 8.7 percent GAM and 2.1 percent and SAM was noted.

#### Stunting

Levels of Stunting or chronic malnutrition were acceptable in the urban areas (Afgoye town and Mogadishu) but alert levels were seen in IDPs. Stunting level seen in Mogadishu IDPs (22.1 %) was not only twice as high as in urban areas ( $\leq$  10 percent) but severe stunting was seen in 46.8 percent of these children. In urban areas severe stunting was not observed.

#### Underweight

Prevalence of underweight in children in Mogadishu IDPs (19%) was nearly twice as high as in urban areas (8.1% in Afgoye and 10.1% in Mogadishu)

#### Mortality

In urban livelihoods surveyed in Gu 2013, acceptable levels of both CDR (<0.5/10,000 persons/day) and U5DR (<1/10,000 children/day) death rate are sustained since Gu 2012. However alert CDR levels were seen in Mogadishu IDPs (1.07/10,000 persons/day).

#### Vitamin A supplementation

Coverage with Vitamin A supplementation was higher in IDPs (60.7 %) compared to urban areas of Mogadishu (29.4 %) or Afgoye (13.8 %).

### Morbidity

Slight improvement in Gu 2013 is suggested by the total morbidity rate of 39.3 percent observed in Mogadishu IDPs in Gu 2013 compared to 47.4 percent in Deyr2012/13. High morbidity rates still persists in these livelihoods because of unstable livelihood systems for the displaced populations who are faced with chronic food insecurity, poor access to basic services such as safe water, and sanitation facilities. The lack of health facilities is reported as the major problem and access to health facilities and medical personnel is hindered by long distances that residents have to travel

An overall morbidity rate of 29.4 percent was seen in Mogadishu urban indicate sustained alert levels. However in Afgoye town slight a deterioration in morbidity was noted in *Gu* 2013 (30.3 percent) compared to 24.6 percent in *Deyr* 2012/13.

#### **Immunization**

The reported coverage with Vitamin A supplementation, measles vaccination and Polio immunization was below 80percent in Mogadishu IDPs and Afgoye town.

#### Maternal Malnutrition:

Levels of maternal malnutrition (MUAC<23 cm) were in the acceptable range in the two livelihoods: Mogadishu IDPs and Afgoye Town. Prevalence of severe acute malnutrition in PLW was 1 percent or lower in these livelihoods suggesting maternal malnutrition is not a public health problem in these areas.

Table 22: Summary of Key Nutrition Findings in Mogadishu and Afgoye Town, and Mogadishu IDPs, August 2013						
	Mogadishu Town		Afgoye Town		Mogadishu IDP	
	(N=673: Boys=340;		(N=591: Boys=300;		(N=662: Boys= 3	
Indicator	Results	Comment	Results	Comment	Results	Comment
GAM (WHZ<-2 or oedema)	8.6 (6.0–12.4)		9.8 (6.5-14.6)		<b>12.6</b> (9.9–16.0)	
Boys	8.7 (5.6–13.5)	Sustained	10.3 (6.1-16.7)	Sustained	14.0 (10.1–9.0)	Improved
Girls	8.6 (5.4–13.3)		9.4 (5.7-15.0)		11.2 (7.1–17.3)	
SAM (WHZ<-3 or oedema)	1.3 (0.6–2.5)		1.3 (0.6-2.7)		2.9 (1.9-4.5)	
Boys	1.1 (0.4–3.3)	Improved	1.8 (0.8-4.3)	Improved	2.4 (1.2–4.8)	Improved
Girls	1.4 (0.5–3.7)		0.8 (0.2-3.2)		3.4 (1.9-6.0)	
Mean of Weight for Height Z Scores	-0.47±1.05	Deteriorated	-0.55±1.02	Deteriorated	-0.66±1.15	Improved
Oedema	0.0 (0.0-0.0)	Sustained	0.0 (0.0-0.0)	Improved	0.0 (0.0-0.0)	Sustained
MUAC<12.5 cm or oedema)	7.9 (5.4–11.6)		5.2 (3.6-7.5)		8.0 (6.0 – 10.5)	
Boys	6.4 (3.8–10.7)	Improved	4.3 (2.5-7.3)	Improved	5.7 (3.7 – 8.9)	Improved
Girls	9.4 (5.8–15.1)		6.1 (3.7-10)		10.3 (7.2 – 14.5)	
MUAC<11.5 cm or oedema	1.9 (1.0-3.6)		1.1 (0.5-2.4)		1.9 (1.1–3.4)	
Boys	1.4 (0.6–3.6)	Improved	1.1 (0.3-3.3)	Improved	1.4 (0.6 - 3.3)	Deteriorated
Girls	2.4 (1.1–5.4)		1.1 (0.4-3.5)		2.4 (1.2 - 5.0)	

Stunting (HAZ<-2)	10.6 (7.0–15.8)		6.1 (4.2-8.8)		22.1 (16.9–28.2)	
Boys	12.4 (8.2–18.4)	Deteriorated	8.7 (5.9-12.6)	Improved	26.6 (21.0–33.0)	Improved
Girls	8.8 (5.3–14.4)		3.4 (1.4-8.1)		17.3 (11.2– 5.9)	
Underweight (WAZ<-2)	10.1 (6.6 –15.1)		0.7 (0.2-2.5)		19.0 (15.2–23.3)	
Boys	12.5 (8.0– 19.1)	Sustained	1.4 (0.4-4.7)	Improved	22.8 (18.0–8.4)	Improved
Girls	7.7 (4.6– 12.7)		0.0 (0.0-0.0)		14.9 (10.6–20.6)	
Malnutrition Trends at Health	Low (<15percent) and		Low (<10percent) and decreasing trend		Low (<15percent)	
facilities (January – July 2013)	decreasing trend	Improved	decreasing trend	Sustained	and decreasing	Improved
CDR			(HIS Jan-July'13) 0.50 (0.28-0.90)	Improved	1.07 (0.7 – 1.7)	Deteriorated
U5DR			0.73 (0.28-1.90)	Improved	0.85 (0.4 – 1.8)	Improved
Pregnant and lactating women			N= 316	<u> </u>	N= 544	P
(MUAC <21.0)			0.7 (0.0-1.6)	Improved	1.1 (0.4 – 1.7)	Improved
Pregnant and lactating women			N= 316		N= 544	
(MUAC<23.0)			1.5 (0.2-2.8)	Improved	3.6 (2.1 – 5.1)	Improved
		Underlying &			0.0 (2.1 0.1)	
Overall reported morbidity	29.4 (23.6 –		30.3 (22.5-3	88.1)	39.3 (32.9	- 45.7)
Boys	30.6 (23.0 –	38.7)	28.0 (20.0-3	5.8)	37.6 (30.0	- 45.3)
Girls	28.0 (21.9 –	34.0)	32.8 (23.6-4	-2.1)	41.0 (34.0	- 48.1)
Diarrhoea	7.6 (4.4 –		8.4 (5.4-11		8.9 (5.7 -	
Boys	9.6 (5.0 – 14.2)		8.3 (4.3-12.3)		9.2 (5.3 – 13.0)	
Girls	6.0 (2.0 – 9.2)		8.4 (5.3-11.5)		8.5 (4.8 – 12.3)	
Pneumonia	3.5 (1.7 –	5.3)	11.5 (5.6-14.4)		4.1 (1.5 – 6.7)	
Boys	3.5 (1.3 – 5.8)		10.1 (4.6-15.7)		4.9 (1.2 – 8.5)	
Girls	3.5 (1.1 – 5.9)		13.0 (5.7-20.2) 0.2 (0.0-0.6)		3.3 (0.3	
Measles	0.4 (0.0 – 0.9)		• • •		1.7 (0.2	- 3.3)
Boys	0.0 (0.0 – 0.0)		0.4(0.0-1.1)		1.4 (0.0	- 2.9)
Girls Fever	0.7 (0.0 – 24.3 (19.0 –		0.0 (0.0-0.0) 14.9 (10.8-19.0)		2.1 (0.0 33.7 (27.7	
Boys	24.5 (17.6 –	31.3)	14.5 (8.8-20.2)		33.0 (25.8 – 40.1)	
Girls	24.1 (18.5 –	29.8)	15.3 (10.7-19.8)		34.4 (27.2 – 41.7)	
Vitamin A supplementation			13.8 (4.7-22		60.7 (51.3 – 70.1)	
Boys			13.0 (3.3-22.8)		64.5 (55.2 – 73.8)	
Girls Measles Vaccination			14.5( 5.8-23.2) 8.6 (1.2-15.9)		56.8 (45.7 48.1 (36.8	
Boys			9.1 (0.4-17.7)		49.9 (37.7 – 62.0)	
Girls			8.0 (1.6-14.5)		46.2 (34.2 – 58.2)	
Polio immunization			8.0 (1.6-14.5) 79.9 (71.9-88.0)		72.2 (63.0	
Boys			84.4 (77.4-91.4)		76.6 (68.7	- 84.4)
Girls			75.2 (64.8-85.6)		67.8 (56.1	- 79.2)
Infant and Young Child Feeding						
(6-24 Months) Proportion still breastfeeding					18.4 (15.0	- 21.8)
Boys					18.9 (13.8	- 23.9)
Girls					21.8 (17.2	- 26.3)
Proportion meeting recommended					23.2 (19.6	
feeding frequencies						
Boys					22.0 (16.8	,
Girls					24.5 (20.4	20.3)

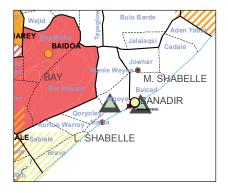
Overall Situation Analysis	Alert	Alert	Serious
consumed <4 food groups			29.3 (20.7 – 31.9)
Proportion who reported to have			29.3 (26.7 – 31.9)
water	43.0 (37.1 – 48.9)		54.5 (49.1 – 59.9)
Household with access to safe	40.0 (271 40.0)		E4 E (40.1 E0.0)
sanitation facilities	43.0 (37.3 – 48.7)		54.3 (49.0 – 59.6)
Household with access to	40.0 (07.0 40.7)		
Public Health Indicators	N= 407		N= 413
dose of Tetanus immunization			30.0 (30.1 – 60.0)
Women who received at least one			56.6 (50.1 – 63.0)
Girls			25.4 (20.6 – 30.1)
boys			
Boys			25.1 (19.9 – 30.4)
consumed <4 food groups			25.3 (21.1 – 29.4)
Proportion who reported to have			25.3 (21.1 – 29.4)

#### Outlook

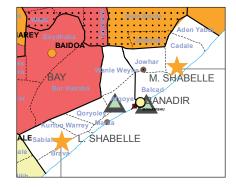
The acute malnutrition nutrition situation is projected to remain as *Alert* in both Afgoye Town and Mogadishu Town, while *Serious* situation is projected for Mogadishu IDPs. However remaining Shabelle regions is projected to be in risk of *emergency levels* of acute malnutrition because of following aggravating factors

- Insecurity remains a serious challenge and limits access.
- Poor rainfall distribution caused inadequate crop development due to dry spells which coincided with critical periods for crop growth.
- FSNAU has not been able to conduct any type of nutrition assessment since July 2011.
- MSF was providing basic health care through a network of health centres especially in Middle Shabelle region but pulled out in Aug 2013.
- UNICEF has stopped its feeding program.
- WFP-can not implement program in insecure areas.

#### **Nutrition Situation, July 2013**



### Projected Nutrition Situation Aug - Oct 2013



### 4.4.4: HIRAN REGION

#### **BACKGROUND**

Hiran region comprises of three main livelihood groups: the Pastoral (Southern Inland and Hawd pastoral) covering Mataban and Mahas districts; and the Agro-pastoral and Riverine livelihood systems, both of which cut across Beletweyne, Buloburti and Jalalaqsi districts. Like many other regions in South Central Somalia, Hiran has not escaped the effects of high intensity civil conflict, which has affected people's means of livelihood. Intermittent localised civil conflict, as well as the targeting of aid workers in the region, has continued to hinder humanitarian access. According to UNDP 2005 population estimate for Hiran was 329,811 out of which 69,113 are Urban (20.9%) while 260,689 are the rural livelihood.

#### Food security situation

An improvement in the food security situation in pastoral livelihood zones of Hiran region is seen in this post-*Gu* 2013 though all the livelihoods remain in **Stressed** (IPC Phase 2) ,as in the post-*Deyr*, 2012/13. However, 50 percent of the agro pastoral populations are in Crisis (IPC Phase 3). due to poor season crop production leading to increased number of the population moving into **Crisis** (IPC Phase 3). Currently, the total number of affected people identified in **Crisis** (IPC Phase 3) and **Emergency** (IPC phase 4) is estimated at 27000 people, indicating a significant increase (69%) from the post-*Deyr* 2012/13 (16,000 people). During the projected period of August-December 2013, the food security situation of agro pastoral and riverine livelihoods is likely to deteriorate further due to poor crop production in *Gu* 2013 leading to increase in number of people in Crisis by 63 percent (from current 27,000 people to 44,000 people). Southern Inland Pastoral and Hawd livelihoods will remain in **Stress** (IPC Phase 2).

#### Post Gu 2013 Nutrition Situation

For the last twelve months (Gu 2012 to Gu 2013) the nutrition situation among the Hiran Rural livelihoods has ranged between **Serious** to **Very Critical** levels. The nutrition situation has largely been influenced by food security factors particularly access to milk among the riverine and Agro pastoral and high morbidity patterns. The maps below show the change in trends of nutrition situation from Gu 2012 to Gu 2013 (See maps below).

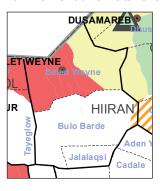
Nutrition Situation Gu 2012



Nutrition Situation Deyr 2012/13



Nutrition Situation Gu 2013



# **CURRENT NUTRITION SITUATION (Gu 2013)**

Results of Gu 2013 Assessment in Pastoral, Agro-pastoral & Riverine Livelihoods are summarized in Table 23.

#### **Key Highlights**

## Acute malnutrition

Nutrition assessment in Beletweyne district (*Gu* 2013) shows deterioration to *Very Critical* nutrition situation from sustained *Critical* nutrition observed in post *Gu* 2012 and post *Deyr* 2012/2013 with GAM 17.3 percent and SAM of 4.9 percent prevalence of acute malnutrition was observed to be higher proportion of boys 23.5 percent to girls 17.6 percent in Beletwayne and similar trends were observed for Mataban. Improvement in the nutrition situation in Matabaan District to serious levels (GAM rate of 10.0%) is observed from critical in Post *Gu* 2012 and ,Very Critical in post *Deyr* 2012/2013. The improvement in the pastoral livelihoods of the region is primarily attributable to average *Gu* 2013 seasonal rainfall performances that resulted in improved availability and access to milk, water, pasture and livestock body conditions resulting in higher Livestock price, and improved access leading to scale up of humanitarian interventions. Generally, the herd sizes of livestock owned by poor households have increased in light of the four consecutive seasons of average seasonal rain performance.

#### Mortality

The 90 days retrospective CDR of **0.23** and U5DR of **0.37** indicated sustained **acceptable** situation in Beletweyne. In Mataban an improvement in both CDR and U5DR to **acceptable** levels was noted in *Gu* 2013 compared to **serious** levels seen in in post *Gu* 2012/*Deyr* 2012-13.

# Morbidity

High morbidity was observed in both Beletweyn (42.9%) and Mataban (50.2%). This suggests that 1 out of every 2 children in the district populations had suffered from at least one of the common childhood illness during the two weeks prior to the assessment.

#### Immunization:

Coverage with Vit A supplementation & measles immunization was far below < 80 percent both in Beletweyne and Mataban This is mainly attributable to low coverage by health facilities and poor availability of health services in the region and very limited humanitarian presence in the region.

#### Maternal malnutrition:

Acute malnutrition rates for pregnant and lactating women (MUAC <23.0 cm) in Beletwyne district indicating sustained **alert** situation when compared to post *Deyr* 2012/2013. This is of concern as alert levels of underweight in children are also observed. In Mataban **very critical** levels of maternal malnutrition seen in *Gu* 2012 and *Deyr* 2012-13 are sustained in *Gu* 2013.

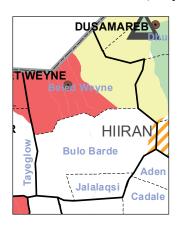
Table 23: Summary of Key Nutrition Findings					
	Beletwey	'n	Mataban (N=671: Boys=344; Girls=327)		
	(N=825: Boys=366				
ndicator	Results	Comment	Results	Comment	
GAM (WHZ<-2 or oedema)	20.2 (17.3-23.5)		10.0 (7.0-14.0)		
Boys	23.5 (19.4-28.2)	Deterioration	11.3 (7.5-16.8)	Improved	
Girls	17.6 (14.0-22.0		8.6 (5.2-13.8)		
SAM (WHZ<-3 or oedema)	4.4 ( 3.1- 6.1)		1.8 (1.0-3.1)		
Boys	4.9( 3.2- 7.5)	Improved	2.3 (1.1-4.7)	Improved	
Girls	3.9 ( 2.5- 6.2)		1.2 (0.4-3.3)		
Mean of Weight for Height Z Scores	-1.06±1.10	Improved	-0.60 ± 1.15	Improved	
Dedema	0.0	Improved	0.0	Improved	
Global Acute Malnutrition (NCHS)	20.5 (17.2-24.3)	Sustained	10.7(7.8-14.4)	Improved	
Severe Acute Malnutrition (NCHS)	4.2 ( 2.8- 6.3)	Improved	2.0 (1.2-3.5)	Improved	
MUAC<12.5 cm or oedema)	6.0 ( 4.6- 7.9)		5.8 (3.8-8.7)		
Boys	4.8 ( 3.0- 7.7)	Improved	6.5 (4.3-9.9)	Improved	
Airls	7.1 ( 5.0- 9.9)		5.1 (3.0-8.4)		
MUAC<11.5 cm or oedema	6.0 ( 4.6- 7.9)		1.2 (0.5-2.7)		
Boys	4.8 ( 3.0- 7.7)	Sustained	0.9 (0.3-2.5)	Improved	
Girls	7.1 ( 5.0- 9.9)		1.5 (0.7-3.2)		
Stunting (HAZ<-2)	7.5( 5.6-10.0)		8.2 (5.3-12.5)		
Boys	11.4 ( 8.2-15.8)	Improved	9.1 (5.7-14.3)	Improved	
Girls	4.3 ( 2.8- 6.5)		7.2 (3.7-13.6)		
Inderweight (WAZ<-2)	19.1(15.6-23.2)		10.9 (8.0-14.8)		
Boys	24.8(19.5-31.0)	Improved	14.5 (10.2-20.3)	Improved	
Girls	14.6 (11.2-18.7		7.2 (4.8-10.6		
Malnutrition Trends at Health facilities (January – July 1012)	High (>15% and stable trend of acutely malnourished children in MCHs	Sustained	High (>10%) and stable trend of acutely malnourished children in MCHs	Improved	
DDR	<b>0.23</b> (0.09-0.57	Sustained	0.37 (0.18-0.76)	Improved	
I5DR	<b>0.37</b> (0.08-1.65	Improved	0.69 (0.50-0.95)	Sustained	
	N= 563		N= 414		
Pregnant and lactating women (MUAC<21.0)	3.2(0.5-5.8)	Improved	9.9 (6.5-13.2)	Improved	
	N=563		N= 414		
Pregnant and lactating women (MUAC<23.0)	12.7(7.6-17.7)	Improved	32.5 (26.0-39.1)	Improved	
	Underlying & Risk Fa				
Overall reported morbidity	42.9 (35.1-5	0.8)	50.2 (44.5-4	46.0)	
Boys	44.9 (35.4-5	4.5)	46.6 (40.3-5	52.9)	
Birls	41.3 (32.9-4		54.0 (47.5-6		
Diarrhoea	27.8 (19.3-3	6.2)	10.6 (8.1-1)	3.2)	
Boys	28.5 (18.8-3	88.1)	9.7 (7.0-12.3)		
Girls	27.2 (18.7-3	5.7	11.6 (7.1-16	6.2)	

Pneumonia	18.9 (12.8-24.9)	13.5 (8.5-18.6)
Boys	22.1 (14.9-29.2)	11.4 (6.4-16.3)
Girls	16.3 (9.9-22.6)	15.8 (9.4-22.2
Measles	1.2 (0.0-2.4)	0.0
Boys	2.1 (0.0-4.3)	0.0
Girls	0.4 (0.0-1.0)	0.0
Fever	34.0 (26.7-41.4)	34.1 (28.5-39.6)
Boys	34.3 (25.6-42.9)	32.7 (26.4-39.0)
Girls	33.8 (25.8-41.8)	35.5 (29.1-41.9)
Vitamin A supplementation	39.3 (25.4-53.1)	5.7 (0.0-11.7)
Boys	38.0 (23.5-52.6)	6.8 (0.0-14.5)
Girls	40.3 (25.8-54.7)	4.5 (0.0-9.1
Measles Vaccination	38.7(24.7-52.6)	0.6 (0.0-1.5)
Boys	37.8(22.9-52.5)	0.3 (0.0-0.9)
Girls	39.4(25.0-53.8)	0.9 (0.0-2.2)
Polio immunization	50.5(35.1-65.9)	77.7 (65.1-90.4)
Boys	49.7(33.8-65.6)	80.4 (68.8-92.0)
Girls	51.2(35.3-67.0)	74.9 (61.0-88.9)
Overall Situation Analysis	Very Critical	Serious

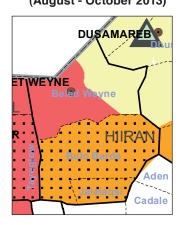
#### Outlook

The integrated analysis of assessment data indicate a *Very Critical* nutrition situation in Beletweyne and improved Nutrition situation in Mataban districts from *Critical* to *Serious* nutrition situation. The projected nutrition situation in September-December 2013, Mataban is likely to be in Sustained *serious* levels with improving food security situation, while Belet-weyne also projected to remain in *Very critical*, due to lack of access to health facilities (high morbidity rates, low immunization coverage), in addition to the impacts of chronic food insecurity (especially among the agro-pastoral population) and civil insecurity in the region.

### **Current Nutrition Situation, July 2013**



# Projected Nutrition Situation (August - October 2013)



### 4.4.5: BAY AND BAKOOL REGIONS

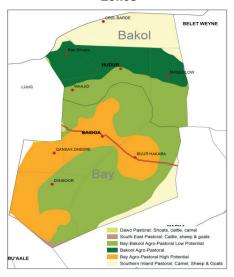
#### **BACKGROUND**

Bay and Bakool regions are located in southwest Somalia. Both regions have two predominant livelihood systems: the agro-pastoral, found in Bay region and in the southern parts of Bakool, and the Southern pastoral found mainly in Elberde district of Bakool region (referred herein as Bakool pastoralists). (Map 7).

Bay region comprises of four districts, namely Baidoa, (Baidoa town is the regional capital), Qansahdere, Dinsor and Burhakaba. According to the UNDP 2005 data, the Bay region was estimated to have a total population of 620,562 people, 126,813 of whom lived in the urban areas (20%). The main livelihoods that have been recognized, include Agro-pastoral High potential (70% of zonal population excluding Urban), Agro-pastoral low potential (20%), and Agro-pastoral low potential pastoral (10%), due to its high altitude (100-500 m-altitude), that provides high cereal production and became Somalia's sorghum basket.)¹.

Bakool region has five districts namely Huddur (Huddur Town is the regional capital), Wajid, Tieglow, Rabdure and Elberde. According to the UNDP 2005 data, its total population estimate is 310,627 people, 61,438 of whom lived in the urban areas (19.7%). The main livelihoods include the agro-pastoral,

Map 7 : Bay and Bakool Livelihood Zones



found in southern parts and the Southern pastoral. The area is comprised of a mixture of pasture and rangeland, suitable for livestock rearing and grazing and some limited farming. The climate is hot and dry throughout much of the year with the exception of some erratic rainfall during the wet seasons. Livestock such as camel, cattle, sheep and goat serves as the main economic resource for households within the LZ. Drought, deforestation and insecurity are the livelihood's main constraints. They limit access to water and pasture and trigger livestock migration. (Map 7).

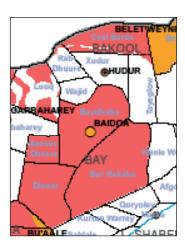
#### **Food security**

The food security situation in Bay and Bakool regions showed improvement in the *Gu* 2013 season. The FSNAU Post *Gu* 2013 analysis classifies the all livelihoods in **Stressed** (IPC-phase 2), indicating a sustained situation since Post *Deyr* '12/13. The improvement in the food security situation is mainly attributed to the positive impact of the normal to above normal *Gu*'13 rainfall performance which improved access to food and income from reduced local cereal prices and favourable livestock prices, near average crop production, increased farm labour opportunities. The increased access to humanitarian interventions in parts of the region is also boosting food availability and access.

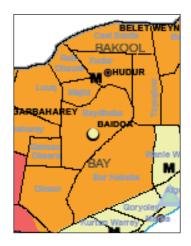
#### Post Gu 2013 Nutrition Situation

for the last twelve months (Gu 2012 to Gu 2013) the nutrition situation among the IDPs and rural livelihoods in Bay and bakool regions has ranged between **Critical to Very Critical** levels. The nutrition situation has largely been influenced by displacement associated with civil insecurity, low access to humanitarian and high morbidity. The maps below show the trends of nutrition situation from Gu 2012 to Gu 2013.

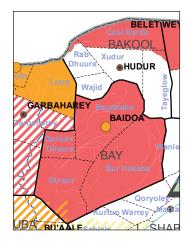
# Nutrition Situation Gu 2012



#### Nutrition Situation Deyr 2012/13



#### **Nutrition Situation Gu 2013**



#### Bay agro-pastoral Livelihood Zones

The integrated Nutrition situation for the IDPs and Rural livelihoods in Bay and Bakool is summarized in the Table 24.

#### Key Highlights

#### **Acute malnutrition**

- Critical levels of acute malnutrition (GAM > 15%) are seen in the Bay agropastoral Livelihood Zones.
- Critical levels of severe acute malnutrition (6%) was seen along with critical levels of stunting (46.9%) with severe stunting of 23.1 percent and underweight of 44.9 percent makes the under-five children extremely vulnerable to mortality and morbidity.
- The nutrition situation in Bay agro-pastoral is sustained as Very Critical, since Gu 2012, though this is and
  deteriorated from Critical levels seen in Deyr '12/13. There is a significant increase in cases of severe acute
  malnutrition to 6 percent from 2.0 percent seen in Deyr '12/13.
- In Bakool pastoral, nutrition situation in *Gu* 2013 was sustained as *Very Critical*, similar to the rates recorded in *Gu* 2012 and *Deyr* '12/13. The high malnutrion is attributable to reduced access to humanitarian intervention (health Nutrition and WASH) and high morbidity. No assessment was conducted in the agro-pastoral livelihood of Bakool region; therefore there was insufficient data to estimate the overall nutrition situation. However, data from health facilities indicated a high (>30%), and a stable trend of acutely malnourished children
- **IDPs** Population in Baidoa town shows *Critical* nutrition situation, this is similar to the levels in *Gu* 2012 but an improvement when compared with the Serious levels in *Deyr* 2012. Humanitarian interventions in the form of targeted interventions including rehabilitation and referrals of malnourished children and access to labour opportunities from both urban and agricultural areas may have assisted to mitigate the poor nutrition situation among the IDPs.

#### Mortality rates:

Gu 2013 results show that, stable **Acceptable** Crude (<0.5/10,000 person/day) and under-five (<1/10,000 children/day) death rate in the three livelihoods since Gu 2012, with the exception Bay agro-pastoral which reported alert Crude (0.5<1/10,000 person/day) and alert under-five (1-1.1.99/10,000 children/day) in Deyr '12/13 and Serious mortality levels in Gu 2012.

#### Morbidity:

**The** morbidity reported in the past two weeks prior to the assessment ranges between 23.9 precent in Bay agro-pastoral to 24.0 precent in bakool pastoral indicating that 1 out of 4 children was suffering from at least one of the common childhood illness. The Baidoa IDP results show 46.6 precent morbidity of indicating 1 out of every 2 children had been ill in the past 2 weeks.

#### Immunization:

The reported Vitamin A supplementation, measles vaccination and Polio immunization by recall in Bakool pastoral livelihoods is high (>80%) but falls below the recommend SPHERE standard of 95 precent. Coverage with Vit A supplementation status of 37.3 precent is very low. Even in Bay agro-pastoral and Baidoa IDPs low coverage (<20%) was reported for Vitamin A supplementation and measles immunization. The low coverage could be attributed to low access to health services as well as limited humanitarian access.

# Maternal Malnutrition:

Alert levels of maternal malnutrition (14.4 %) in both the Bay agro-pastoral and 11.3 precent in Bakool pastoral livelihoods were observed. This is of concern as maternal malnutrition levels show a significant correlation with stunting and wasting in children surveyed and in Bay nearly one in 2 under-five children is stunted and/or underweight.

# **Hotspot for malnutrition**

Bay agro-pastoral with acute G AM>15 precent, stunting (46.9%) with severe stunting of 23.1 precent and underweight (44.9%) is a hot spot in Bay region for both acute&chronic malnutrition. Bakool Pastoral and Baidoa IDPs with >15 is also hot spot for acute malnutrition. Therefore, the stuation need immediate interventions and close monitoring to prevent further deterioration for nutrition situation.

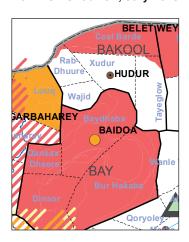
Table 24: Summary of Key Nutrition Findings in Bay Agro-pastoral, Bakool pastoral and Baidoa IDPs, September 2013  Bay agro-pastoral Bakool Pastoral Baidoa IDPs						
Indicator	(N=960: Boys=47 Results			=347; Girls=343) Comment	(N=714: Boys=370 Results	
GAM (WHZ<-2 or oedema) Boys Girls	<b>22.6</b> (18.5-27.3) 27.0 (21.4-33.4) 18.4 (14.5-22.9)	Deteriorated	<b>27.4</b> (22.8-32.5) 31.1 (24.5-38.6) 23.6 (18.3-29.9)	Sustained	15.8 (12.3 - 0.0) 17.3 (12.9 - 22.7) 14.2 (10.4 - 19.2)	Deteriorated
SAM (WHZ<-3 or oedema)  Boys  Girls	<b>6.0</b> (4.5- 8.0) 7.9 (5.4-11.4) 4.3 (2.8- 6.6)	Deteriorated	<b>5.4</b> (3.6-8.0) 6.6 (3.8-11.3) 4.1 (2.4-6.8)	Deteriorated	3.4 ( 2.0 - 5.6) 4.6 (2.6 - 8.1) 2.0 ( 1.1 - 3.9)	Sustained
Mean of Weight for Height Z Scores	-1.17±1.06	Deteriorated Deteriorated	-1.19±1.15	Sustained  Deteriorated	-0.74 ± 1.16	Sustained
Oedema GAM (NCHS) SAM (NCHS) MUAC<12.5 cm or oedema) Boys	0.9 20.3 (16.4-24.9) 4.0 (2.5-6.4) 13.3 (10.0-17.4) 13.8 (9.8-19.2)	Sustained	24.0 (19.2-29.6) 4.0 (2.5-6.4) 8.6 (5.9-12.3) 8.4 (5.4-12.8)	Improved	0.0 14.2 (10.9 -18.3) 1.4 (0.6- 3.0) 10.0 (7.3 - 13.6) 8.5 (5.9 - 12.2)	Improved Sustained  Deteriorated
Girls Proportion with MUAC<11.5 cm or oedema Boys Girls	12.8 (9.4-17.0) 2.2 (1.3-3.7) 2.3 (1.2-4.3) 2.0 (1.0-4.1)	Sustained	8.8 (5.5-13.8) 1.5 (0.7- 3.4) 2.0 (0.7- 5.1) 1.1 (0.4- 3.5)	Sustained	11.6 ( 7.9 - 16.5) 1.2 ( 0.6 - 2.6) 0.5 ( 0.1 - 2.2) 2.0 ( 0.9 - 4.4)	Sustained
Stunting (HAZ<-2) Boys Girls	46.9 (39.5-54.4) 53.3 (44.6-61.7) 40.9 (33.6-48.7)	Sustained	8.9 (6.2-12.5) 11.8 (8.2-16.8) 6.0 (3.2-10.8)	Sustained	36.0 (32.1 - 40.1) 37.6 (32.7 - 42.7) 34.3 (29.4 - 39.6)	Improved
Underweight (WAZ<-2) Boys Girls	44.9 (36.6-53.4) 52.3 (43.0-61.3) 37.8 (29.6-46.8)	Sustained	13.6 ( 9.7-18.9) 17.2 (12.0-24.0) 10.1 ( 6.1-16.1)	Sustained	24.3 (20.4 - 28.7) 24.9 (20.1 - 30.3) 23.7 (19.1 - 29.0)	Improved
Malnutrition Trends at Health facilities (January – July 2012)	High (>40% and stable trend	Sustained	N/A			
Crude deaths, per 10,000 per day (retrospective for 90 days) Under five deaths, per 10,000 per day (retrospective for 90 days)	0.29 (0.16-0.52) 0.44 (0.18-1.09)	Sustained Sustained	0.27 (0.12-0.61)	Sustained Sustained	0.11 (0.03 – 0.39) 0.81 (0.23 – 2.80)	Sustained Sustained
Proportion of acutely malnourished non pregnant/ lactating women (MUAC <18.5 cm)	N=186 0	Sustained	N=187 0	Sustained	N=133 0.0	Sustained
Proportion of acutely malnourished pregnant and lactating women (MUAC<21.0)	N=381 3.9 (1.2-6.7)	Improved	N=394 2.5 (0.5-4.3)	Improved	N=304 1.0 (0.2 – 1.8)	Improved
Proportion of acutely malnourished pregnant and lactating women (MUAC<23.0)	N=381 14.4(8.4-20.4)	Improved	N=394 11.3 (7.0-16.0)	Improved	N=304 6.0 (3.5 – 8.5)	Improved
Overall reported morbidity	23.9 (18.4	-29.5)	<u>&amp; Risk Factors</u> 24.0 (17	7.8-30.1)	46.6 (37.9 –	55.3)
Boys	25.4 (18.7-	,	,	5.5-32.2)	45.1 (35.6 -	,
Girls Diarrhoea	22.5 (16.0 9.6 (6.5-	(2.8)	•	.7-15.7)	48.1 (38.7 - 14.5 (10.5 -	·
Boys Girls	11.7 (7.1-16.3) 7.7 (4.4-11.0)			.1-15.9) .1-16.7)	14.9 (9.6 – 20.1) 14.0 (10.0 – 18.1)	
Pneumonia Boys Girls Measles	11.1 (6.1-16.1) 12.1 (6.6-17.6) 10.1 (5.0-15.3) 0.21(0.1-0.5)		4.8 (2.1-7.5) 4.7 (1.6-7.8) 4.8 (1.5-8.1)		24.9 (15.7 – 34.1) 25.2 (16.3 – 34.1) 24.6 (13.5 – 35.7) 4.0 (0.7 – 7.3)	
Boys Girls	0.2 (0.0-	0.6)	0.0 00 00		5.0 (0.6 – 9.5) 2.9 (0.6 – 5.2)	

Fever	13.1 (10.4-15.7)	11.6 (8.6-14.4)	29.9 (23.6 – 36.2)
Boys	12.5 (8.7-16.4)	11.4 (7.1-15.8)	28.4 (20.9 – 35.9)
Girls	13.5 (9.5-17.6)	11.6 (8.3-14.8)	31.5 (24.3 – 38.8)
Vitamin A supplementation			17.8 (11.3 – 24.2)
Boys	1.7 (0.5-2.8)	37.3 (26.4-48.2)	18.0 (10.7 – 25.4)
Girls	1.6 (0.3-3.1)	37.8 (26.2-49.4)	17.5 (11.4 – 23.6)
Measles Vaccination	1.6(0.0-3.3) 0.7(0.0-1.5)	36.8 (25.4-48.1) 82.0 (71.3-92.7)	20.7 (12.8 – 28.6)
	, ,	` '	` '
Boys	0.8(0.0-1.9)	82.1 (71.0-93.1)	18.6 (9.9 – 27.2)
Girls	0.6(0.0-1.5)	82.0 (71.0-93.0)	22.9 (14.2 – 31.6)
Polio immunization	21.8 (10.6-33.0)	89.0 (78.2-100)	82.2 (75.7 – 88.8)
Boys	22.9 (11.2-34.7)	88.7 (78.1-99.4)	82.0 (75.5 – 88.5)
Girls	20.6 (9.2-32.0)	89.2 (78.1-100)	82.5 (74.8 – 90.2)
Infant and Young Child Feeding (6-24 Months)			N=266
Proportion still breastfeeding			23.1 (19.4-27.2)
Boys	N/A	N/A	24.1 (18.1-30.2)
Girls			22.3 (16.9- 27.6)
Proportion meeting recommended feeding			20.9 (16.3-25.5)
frequencies	N/A	N/A	22.1 (16.1- 28.0)
Boys			19.4 (13.6-25.3)
Girls			10.1 (10.0 20.0)
Proportion who reported to have consumed >4 food groups			1.5 (0.0-3.9)
Boys	N/A	N/A	0.9 (0.0-2.9 )
Girls			2.2 (0.0-5.3 )
Proportion of Women who received at least one dose of Tetanus immunization	N/A	N/A	14.7 (11.0 – 18.4)
Public Health Indicators			N=424
Household with access to sanitation facilities	N/A	N/A	31.2 (26.4 – 36.0)
Household with access to safe water	N/A	N/A	7.9 (3.5 – 12.3)
Proportion who reported to have consumed <4 food groups	N/A	N/A	65.4 (62.0 – 68.8)
Overall Situation Analysis	Very Critical	Very Critical	Serious

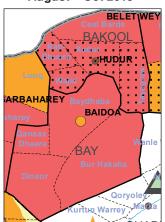
### Outlook

The current projection of the nutrition situation in Bay agro-pastoral Bakool pastoral and Bakool agro-pastoral LZs will remain very *Critical*, due to declining of humanitarian assistance, high morbidity rates, low immunization status, poor water and sanitation.

# **Nutrition Situation, July 2013**



# Projected Nutrition Situation, August – Oct 2013



# **5. APPENDICES**

5.1: Time frame for the Gu	2013 survey	
Region	Livelihood Zone	Planned
South	Mogadishu IDPs	May 2013
South	Mogadishu Town	May 2013
South	Afgoye Town	May 2013
Northwest	Hargeisa IDPs-10.9	May 2013
Northwest	Burao IDPs	May 2013
Northwest	Berbera IDPs	May 2013
Northeast	Bossaso IDPs	May 2013
Northeast	Bossaso town- Bari	May 2013
Northeast	Qardho IDPs	May 2013
Northeast	Garowe IDPs	May 2013
Northeast	Galkayo IDPs	May 2013
Central	Dusamareb IDPs	May 2013
South	Bakool Pastoral	June 2013
South	Kismayo town-	May 2013
South	Kismayo IDPs	May 2013
South	Dhobley IDPs	May 2013
South	Baidoa IDPs	June 2013
South	Dolo IDPs	June 2013
South	Bay Agro pastoral	June 2013
South	Gedo North LZs	June 2013
South	Juba Pastoral	June 2013
South	Juba Agro pastoral	June 2013
South	Juba Riverine	June 2013
Northwest	Agro pastoral LZ (Togdheer & Northwest)	July 2013
Northwest	W Golis / Guban Pastoral	July 2013
Northwest/Northeast	Sool Plateau LZ	July 2013
Northwest	Hawd Pastoral LZ	July 2013
Northwest	East Golis/Kakaar Pastoral LZ (Northwest)	July 2013
Northeast	East Golis/Kakaar Pastoral LZ (Northeast)	July 2013
Nortwest/Northeast	Nugal Valley Pastoral LZ (NWZ and NEZ)	July 2013
Northeast	Coastal Deeh LZ	July 2013
Central	Coastal Deeh (Central)	July 2013
Central	Cow pea Belt (Central)	July 2013
Northwest	Hawd Pastoral LZ (Central and Northeast)	July 2013
Northwest	Sool Region Urban LZ-	July 2013
Northwest	Sanaag Region Urban LZ	July 2013
Northeast	Bari Region Urban LZ	July 2013
Northeast	Nugal Region Urban LZ	July 2013
Central	North Mudug Urban LZ	July 2013
Northwest	Awdal Region Urban	July 2013
Northwest	Woq Galbeed Urban	July 2013
Northwest	Togdheer Region Urban	July 2013
South	Hiran –Beletwayne town	July 2013
South	Hiran-Mataban urban-	July 2013
	· · · · · · · · · · · · · · · · · · ·	53., 23.3

# **5.2 CORE OUTCOME INDICATORS** (Anthropometry & Mortality)

Annex 5: Core Indicators						
Reference Indicators	Acceptable	Alert	Serious	Critical	Very Critical	
Global Acute Malnutrition (IPC Reference) Reliability (R) =1	<5%	5 to < 9.9%;	10 to<14.9% or	15 to<20% or	20 %	
Mean Weight-for-Height Z (WHZ) scores (R=1)	>-0.40	-0.40 to -0.69; Stable/Usual	-0.70 to -0.99; >usual/increasing	<-1.00; >usual/increasing		
SAM (WHZ and oedema) (WHO to advice on thresholds) R=1)	< 3.0%	3.0 – 4.4%	4.5 – 5.4%	5.5 – 6.9	>7	
Crude death rate/ 10,000/day (R=1)	<0.5	<0.5-<1	1.0 to <2	2to < 5	>5	
Under five death rates /10,000/day (R=1)	<1	1.0-1.99	2-3.9	4 - 9.9	<u>&gt;10</u>	
MUAC Children: (% <12.5cm):	<5.0%	< 5 but increase from seasonal trend	5.0-9.9	10.0- 14.9 %, or where there is significant increase from seasonal trends	>15	
MUAC<11.5cm (R=2)	≤ 1			≥1		
Adult MUAC - Pregnant and Lactating %<23.0cm)	<9.5	9.5-14.9	15.0-21.9	22.0-27.9	>28.0	
HIS Trends of Acutely Malnourished Children, <i>(R=3)</i>	V. low (<5%) proportion in the preceding 3mths relative to ≥2yr seasonal trends	stable trend in the preceding 3mths	Moderate (10 to <15%) and stable or low (5 to <10%) but increasing proportion in the preceding 3mths relative to ≥2yr seasonal trends	stable proportion in the preceding 3mths relative to ≥2yr seasonal trends	High	
Sentinel Site Trends: levels of children dentified as acutely malnourished(WHZ),	Very low (<5%) and stable levels	Low levels (5 to <10%) and one round indicating increase, seasonally adjusted	Low (5 to < 10%) & increasing or moderate (10 to <15%) levels based on two rounds (seasonally adjusted)	High levels (≥ 15%) of malnourished children and stable (seasonally adjusted)		
OVERAL NUTRITION SITUATION	Acceptable	Alert	Serious	Critical	Very Critical	

IMMEDIATE CAUSES OF MALNUTRITION						
Reference Indicators	Acceptable	Alert	Serious	Critical	Very Critical	
Poor HH Dietary Diversity (% consuming<4fdgps)	<5%  ☐ Normal levels.	5 – 9.9%	10-24.9% Outbreak not contained	25 – 49.9%	≥50%	
Disease Outbreaks: (seasonally adjusted). Frequency of reported outbreaks of AWD, cholera, suspected measles, malaria, whooping cough & severe ARI		-AWD 1 case -Suspected cholera 1 case -Suspected measles 1 case -Suspected malaria— doubling of cases in 2 weeks in hyper endemic areas—using RDT (WHO); OR increasing weekly trend (Unicef) Suspected whooping cough-5 cases in the same community same week Severe Acute Respiratory Infection- 5 cases in same week in the same community or hospital	access to treatment:  CFR for AWD >2% rura  CFR for AWD >1% urba  AWD – duration exceed	al an	emic area – ilmited	
Health facility morbidity trends (R=3) /WHO surveillance (R=1)	Very low proportion reportedly sick	Low & stable proportion of reportedly sick based on seasonal trends	Low proportion reportedly sick, from previous months but increasing in >2 months based on seasonal trends	High levels and stable numbers in >2 months based on seasonal trends	High with significant Increase in numbers o sick children, based or seasonal trends	

DRIVING FACTORS						
Reference Indicators Acceptable Alert Serious Critical Very Critical						
Complementary feeding in addition to breastfeeding						
Introduction of complementary food at 6 months of age: %introduced     Meeting minimum recommended feeding frequency     Dietary diversity score	≥95% ≥95% ≥95%	80-94% 80-94% 80-94%	60-79% 80-94% 80-94%	0-59% 0-59% 0-59%	0-59% 0-59% 0-59%	

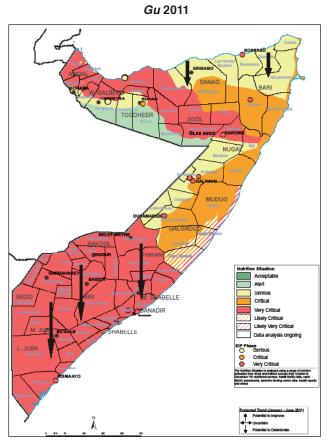
Breastfeeding (BF) Practices						
I. Exclusive BF for 6mths	≥90%	50-89%	12-49%		0-11%	
ii).Continued BF at 1 yr.	≥90%	50-89%	12-49%		0-11%	
iii)Continued BF at 2yr reference	<u>≥</u> 90%	50-89%	12-49%		0-11%	
Measles immunization/Status	>95%	80-94.9%		<80%		
Vitamin A Supplementation Coverage:1 dose in last 6 months	>95%	80-94.9%		<80%		
Population have access i). to a sufficient quantity of water for drinking, cooking, personal & domestic hygiene–min 15lts pp/ day	100%	TBC	TBC	TBC	TBC	
ii).Sanitation facilities	100%	TBC	TBC	TBC	TBC	
Affected pop with access to formal/informal services: health services	Should not be necessary	Access to humanitarian interventions for most vulnerable	Reduced access to humanitarian support for most vulnerable	to humanitarian	Negligible or no access	
Selective Feeding Programs Available: Coverage of TFP /SFP & referral systems(Sphere04); -Admissions trends (R=3)	Should not be necessary	Access for most vulnerable	None available			
Food Security Situation- current IPC status	Generally Food Secure	Borderline Food Secure	Acute Food and Livelihood Crisis	Humanitarian Emergency	Famine/Humanitarian Catastrophe	
Civil Insecurity	Prevailing structural peace	Unstable disrupted tension	Limited spread, low intensity	Widespread, high intensity	Widespread, high intensity	
3 MONTH NUTRITION SITUATION OUTLOOK	Convergence of evidence on immediate Causes/Driving factors vis-à-vis Projected trend in 3 months' time					
	No change: Stable; Uncertain: Potential to deteriorate Potential to improve:					

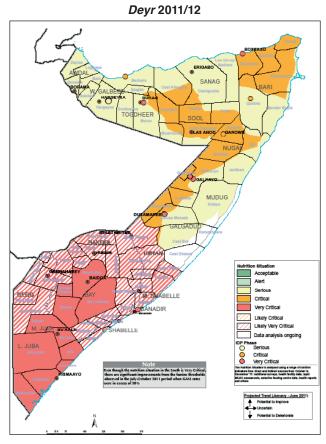
# 5.3 WHO cut-off values for public health significance<sup>1</sup>

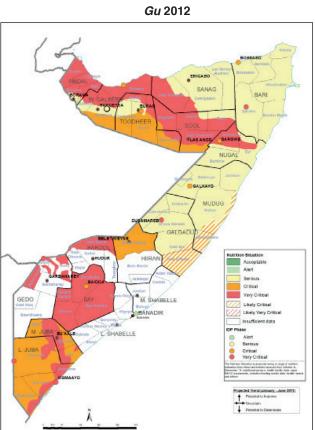
Indicator	Prevalence cut-off values for public health significance
Underweight weight for age < -2 standard deviations (SD) of the WHO Child Growth Standards median	< 10%: Low prevalence 10-19%: Medium prevalence 20-29%: High prevalence = 30%: Very high prevalence
Stunting height for age < -2 SD of the WHO Child Growth Standards median	< 20%: Low prevalence 20-29%: Medium prevalence 30-39%: High prevalence = 40%: Very high prevalence
Wasting weight for height < -2 SD of the WHO Child Growth Standards median	< 5%: Acceptable 5-9%: Poor 10-14%: Serious = 15%: Critical

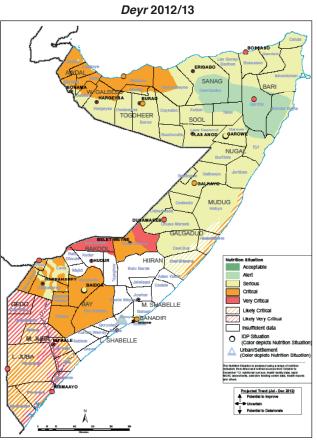
<sup>1</sup> http://www.who.int/nutgrowthdb/en/

# 5.4 Progression of Estimated Nutrition Situation *Gu* 2009 - *Deyr* 2012/13





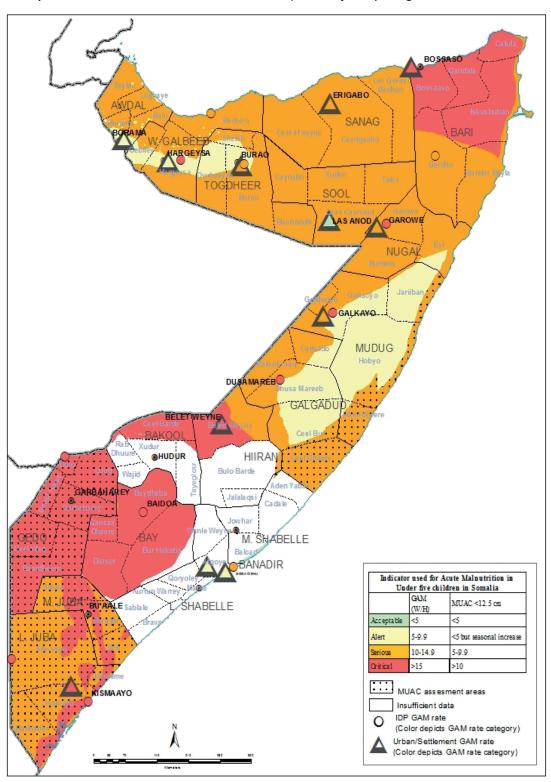




The information displayed in Maps 1 and 2 were developed using the classification of Acute Malnutrition of the IPC framework. For comparison purposes, the same information is used to develop an alterntive map using the WHO-UNICEF classification (See below table and map 6).

GAM Classification	Acceptable	Alert	Serious	Critical	Very Critical
IPC	<5	5-9.9	10-14.9	15-20	>20
WHO	<5	5-9.9	10-14.9	≥15	Not Applicable

Map 6: Acute Malnutrition in Under five Children (June/July 2013) using WHO standards



# 5.5 List of Participants for Nutrition Vetting

# NAME ORGANIZATION

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LINICEE

Hussein Mohamed Yaqub
Shalini Gudini
Daud Hussein
Jacob Korir

URDO
UNICEF
SAF
WVI

# 6. GLOSSARY OF TERMS

**Anthropometry** The technique that deals with the measurements of the size, height, weight, and proportions of the human body.

**Baseline data** Baseline data represent the situation before or at the beginning of a program or intervention. Survey data may be compared to baseline data if defined criteria for comparison are met (e.g., similar methods and coverage)

**Bias** Anything other than sampling error which causes the survey result to differ from the actual population prevalence or rate.

**Chronic Malnutrition** Chronic malnutrition is an indicator of nutritional status over time. Chronically malnourished children are shorter (stunted) than their comparable age group.

Cluster Sampling Cluster sampling requires the division of the population into smaller geographical units, e.g. villages or neighbourhoods. In a first step, survey organizers select a defined number of units among all geographical units. In a second and sometimes third step, households are selected within the units using simple random sampling, systematic random sampling, or the modified EPI method.

Confidence interval When sampling is used, any figure derived from the data is an estimate of the actual value and is subject to sampling errors, i.e., there is a risk that the result obtained is not exactly equal to the actual value. The estimated prevalence coming out of a sample is therefore accompanied by a confidence interval, a range of values within which the actual value of the entire population is likely to be included. This value is generally 95 percent in nutrition and mortality surveys. This means that we can be 95 percent confident that the true prevalence lies within the given range.

**Crude mortality rate (CMR)** Mortality rate from all causes of death for a population (Number of deaths during a specified period /number of persons at risk of dying during that period) X time period.

**Cut-off points** The point on a nutritional index used to classify or screen individuals' anthropometric status.

**Design Effect (DE)** Cluster sampling results in greater statistical variance (see definition below) than simple random sampling because health outcomes tend to be more similar within than between geographical units (see cluster sampling). To compensate for the resulting loss in precision, the sample size calculated for simple random sampling must be multiplied by a factor called "design effect"; A measure of how evenly or unevenly the outcome (for example wasting, stunting, or mortality) is distributed in the population being sampled.

**Global Acute Malnutrition (GAM)** GAM includes all children suffering from moderate and severe acute

malnutrition; percent of children under 5 who have low weight-for-height measured by -2 z-scores and with or without oedema.

**Growth Monitoring** Observation of a child growth over time by periodic assessment of his/her weight-for-height or weight-for-age.

**Household** A group of persons who live together and eat from the same pot (i.e. the HEA definition)

**Kwashiorkor** Sign of severe malnutrition characterized by bilateral oedema

**Malnutrition** State in which the physical function of an individual is impaired to the point where he or she can no longer maintain adequate bodily performance process such as growth, pregnancy, lactation, physical work, and resisting and recovering from disease.

Morbidity A condition related to a disease or illness.

**Oedema** An accumulation of excessive extra cellular fluid in the body; a distinguishing characteristic of kwashiorkor when bilateral. All children with nutritional oedema are classified as severely malnourished.

**Outcome** Wasting and mortality are examples of outcomes measured in surveys.

**Prevalence** Proportion of a population with a disease or condition of interest at a designated time.

**P-value** If you want to know whether there is a significant difference between two survey estimates, frequently a statistical test is applied and a P value calculated. The P value is the probability that the two estimates differ by chance or sampling error.

**Recall period** A defined period in the past used to calculate estimated mortality and/or morbidity rates.

Reference Population The NCHS (1977) and WHO (2006) reference values are based on two large surveys of healthy children, whose measurements represent an international reference for deriving an individual's anthropometric status.

**Sample** A subset of the total population that should be selected at random to *Guarantee* a representation of the total population.

**Sample size** The size of the sample calculated based on objectives of the survey and statistical considerations.

**Sampling error** Sampling error is the degree to which a sample might differ from the whole target population, e.g., how well it represents a target population or total population. Sampling error can be quantified (e.g., in a confidence interval).

**Sampling frame** The list of all the ultimate sampling units from which the sample is selected.

**Sampling interval** The sampling interval is the total number of sampling units in the population divided by the desired sample size.

**Sampling unit** The unit that is selected during the process of sampling; depending on the sampling process the sampling unit can be a person, household, cluster, district, etc.

**Severe Acute Malnutrition (SAM)** SAM includes all children suffering from severe malnutrition; percent of children under 5 who have low weight-for-height measured by -3 z-scores and with or without oedema.

**Simple Random Sampling** The process in which each sampling unit is selected at random one at a time from a list of all the sampling units in the population.

Stunting (chronic malnutrition) Growth failure in a child that occurs over a slow cumulative process as a result of inadequate nutrition and/or repeated infections; stunted children are short for their age and may look younger than their actual age; it is not possible to reverse stunting; measured by the height-for-age index.

**Systematic Random Sampling (SRS)** A methodology which selects a sampling unit at random, then selects every n<sup>th</sup> household thereafter, where 'n' equals the sampling interval.

**Underweight** Percentage of children under the age of five with weight-for-age below -2SD from median weight-for-age of reference population.

**Urban town/center** (based on UNDP definition/Pre-War definition): The regional capital and all the district capitals. These urban areas had most of the social amenities such as schools, mosques, district hospitals, markets, etc. Moreover, there was a greater prospect of the visible presence of some sort of local government or administrative structures in the regional and district capitals.

**Wasting (1)** Growth failure as a result of recent rapid weight loss or failure to gain weight; wasted children are extremely thin; readily reversible once condition improve; wasting is measured by the weight-for-height index.

Wasting (2) Percentage of children under the age of five suffering from moderate or severe wasting (below minus two standard deviations from median weight-for-height of reference population). Wasting differs from acute malnutrition because it does not take into consideration the presence/absence of oedema.

**Z-score** Score expressed as a deviation from the mean value in terms of standard deviation units; the term is used in analyzing continuous variables such as heights and weights of a sample.

# The Information Management Process

#### **Gathering & processing**

- FSNAU has a unique network of 32 specialists all over Somalia, who assess the nutrition and food security situation regularly and 120 enumerators throughout the country, who provide a rich source of information to ensure a good coverage of data.
- Nutrition data is processed and analyzed using the Statistical Package for Social Sciences (SPSS), EPInfo/ENA and STATA software for meta-analysis.
- FSNAU developed the Integrated Phase Classification (IPC), a set of protocols for consolidating and summarizing situational analysis. The mapping tool provides a common classification system for food security that draws from the strengths of existing classification systems and integrates them with supporting tools for analysis and communication of food insecurity.
- Food security information is gathered through rapid assessments as well as monthly monitoring of market prices, climate, crop and livestock situations.
- Baseline livelihood analysis is conducted using an expanded Household Economy Approach (HEA).
- The Integrated Database System (IDS), an online repository on FSNAU's official website www.fsnau.org, provides
  a web-based user interface for data query, data import and export facilities from and into MS Excel, graphing,
  spreadsheet management and edit functions.

#### **Validation of Analysis**

- Quality control of nutrition data is done using the automated plausibility checks function in ENA software. The
  parameters tested include; missing/flagged data, age distribution, kurtosis, digit preference, skewness and overall
  sex ratio.
- Quality control of food security data is done through exploratory and trend analysis of the different variables including checks for completeness/missing data, market price consistency, seasonal and pattern trends, ground truthing and triangulation of data with staff and other partner agencies, and secondary data such as satelitte imagery, international market prices, FSNAU baseline data, etc.
- Before the launch of the biannual seasonal assessment results (Gu and Deyr), two separate day-long vetting meetings
  are held comprising of major technical organizations and agencies in Somalia's Food Security and Nutrition clusters.
  The team critically reviews the analysis presented by FSNAU and challenges the overall analysis where necessary. This
  is an opportunity to share the detailed analysis, which is often not possible during shorter presentations or in the
  briefs.

#### **Products and Dissemination**

- A broad range of FSNAU information products include, monthly, quarterly and biannual reports on food and livelihood insecurity, markets, climate and nutrition, which are distributed both in print and digital formats including PowerPoint presentations and downloadable file available on the FSNAU site.
- Feedback meetings with key audiences enable us to evaluate the effectiveness of our information products. We constantly refine our information to make sure it is easily understandable to our different audiences.
- FSNAU has also developed a three year integrated communication strategy to ensure that its information products are made available in ways appropriate to different audiences including, donors, aid and development agencies, the media, Somalia authorities and the general public.

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